

SRC – AUGUST 2023

LOCATIONS:

Club Room: Dominoes, Wii Bowling, Friday Night Social

Flag Pole: Walk with Us

Game Room: Hooks & Needles

Carol's Café: Always open!

Dining Room: Book Club, Coffee Hour, Pinochle, Vietnam Veterans, American Legion

Sewing Room: Stitches & Seams

Auditorium: Yoga, Resident Committee, Singers

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Calendar is for convenience only. Dates/times/locations subject to change. Refer to Ridge Reporter or Flyer for complete details</i></p>		<p>1 Walk With Us 1 PM Hooks & Needles 2 PM Water Aerobics 6:30 PM Vietnam Veterans 7 PM</p>	<p>2 Floor Yoga 9:30 AM Walk With Us 1 PM Pickleball 5:30 PM</p>	<p>3 Coffee Hour 9:30 AM Circle of Support (BRC) 11 AM Pinochle 2 PM Outdoor Games 6 PM Water Aerobics 6:30 PM Brown Bag History 12 Noon</p>	<p>4 Pickleball 9 AM Friday Night Social 6 PM The Brain 1 PM</p>	5
6	<p>7 Book Club 2 PM Dominoes 6 PM</p>	<p>8 Walk With Us 1 PM Water Aerobics 6:30 PM</p>	<p>9 Floor Yoga 9:30 AM Walk With Us 1 PM Pickleball 5:30 PM</p>	<p>10 Coffee Hour 9:30 AM Pinochle 2 PM Outdoor Games 6 PM Water Aerobics 6:30 PM</p>	<p>11 Pickleball 9 AM Lunch Bunch – Exeter Family Restaurant - 11:30 AM</p>	12
13	<p>14 WOW Bookmobile 10 AM Bible Study 2 PM Dominoes 6 PM</p>	<p>15 Walk With Us 1 PM Water Aerobics 6:30 PM</p>	<p>16 Floor Yoga 9:30 AM Walk With Us 1 PM Wii Bowling 2 PM Pickleball 5:30 PM Mister Softee 2 PM</p>	<p>17 Coffee Hour 9:30 AM Circle of Support (BRC) 11 AM Pinochle 2 PM Outdoor Games 6 PM Water Aerobics 6:30 PM Find Your Fitness 2 PM</p>	<p>18 Pickleball 9 AM</p>	19
20	<p>21 Dominoes 6 PM</p>	<p>22 Walk With Us 1 PM Water Aerobics 6:30 PM</p>	<p>23 Floor Yoga 9:30 AM Walk With Us 1 PM Pickleball 5:30 PM</p>	<p>24 Coffee Hour 9:30 AM Pinochle 2 PM Outdoor Games 6 PM Water Aerobics 6:30 PM American Legion 7 PM</p>	<p>25 Pickleball 9 AM Bingo 1 PM Illusionist & Mentalist 4 PM Pre-Ordered Pizza to Follow</p>	26
27	<p>28 WOW Bookmobile 10 AM Dominoes 6 PM</p>	<p>29 Walk With Us 1 PM Water Aerobics 6:30 PM</p>	<p>30 Floor Yoga 9:30 AM Walk With Us 1 PM Pickleball 5:30 PM</p>	<p>31 Coffee Hour 9:30 AM Pinochle 2 PM Outdoor Games 6 PM Water Aerobics 6:30 PM</p>	<p>BUS TRIPS: Thursday – August 17 – Valley Forge National Park Trolley Tour</p>	