

Valentine's Day

The first Valentine's Day card dates to 1415 when the Duke of Orléans sent a card to his wife while he was a prisoner in the Tower of London. In the United States, Valentine's Day cards didn't gain popularity until the Revolutionary War, when people took up the habit of writing handwritten notes to their sweethearts. It was only in the early 1900s that cards were mass produced for the holiday.

Here are a few more fun facts:

- About 70% of Americans will give someone chocolate or candy on Valentine's Day.
- "Be Mine" The first candy sweetheart was made in the mid-1800s.
- About 144 million cards are exchanged on Valentine's Day, second only to Christmas.

national geographic.com



Information & Reminders



Introducing Joe

We would like to welcome Joe to our staff. He brings considerable experience in cabinetry and construction. Joe will be part of our maintenance team.

Section Representatives Needed

One section representative is needed in each of the following sections: H, I, K, and L. You do not have to be a resident of any of the above sections. The duties of the Section Representative are mainly communicative and include 1) disseminating information that cannot be delayed until a future meeting, 2) acting as a liaison between Members and the Officers and/or Management and 3) being regular attendees at Resident Meetings. Please contact Dave or any other Officer.

Home Safety

For your safety, please do not use the stovetop, oven, toaster oven, or microwave for additional storage in your home. By doing so, you run the risk of a potential fire hazard.

In addition, maintenance/mechanical rooms are also to be free of combustible materials. If you have combustibles in your mechanical room and need assistance in the removal, please call the office.

Information & Reminders

American Legion

Attention Veterans: You are invited to attend the American Legion meetings held here at Sanatoga Ridge. You do not need to be a member of the American Legion to attend the meetings. The American Legion meets the 4th Thursday of each month at 7 PM.

Library News

Any resident that would like to sign out books and DVDs from the library, please legibly complete the cards with your name and date that are either inside or on the back cover.

There are many books in the Library but don't forget to look in Game Room where you will find Biographies, History, Self-Help, Westerns, Reader's Digest Condensed, and miscellaneous.

To donate books, DVDs or puzzles, please bring them to the Office first to be processed and added to our collections. We are no longer accepting VHS tapes or small paperback books.

The "freebie" shelf in the Library is for books or calendars to share. Please do not place any medications, lotions, clothing, etc. on these shelves. They are for books, magazines or calendars only.

Get Your Taxes Prepared Right Here at SRC

Ed, an accountant who has been used by many SRC residents, will be available to book appointments in the Sewing Room (2nd Floor-Room 223) of the Community Center for tax preparation on Thursday, March 12 between 9 AM and 7 PM. Appointment slots are 30 minutes each.



<u>Please call Ed directly</u> to establish your appointment. There is a fee for Ed's services. Payments shall be made directly to Ed.

Soliciting Policies for the Community and Township

Individuals may come into our Communities at various hours throughout the day taking an election survey, putting menus on door knobs, or have stated that they are interested in saving you money on your electric or gas bill.

For your protection and safety, do not let a stranger into your home. Should you ever be approached by someone soliciting within our communities, do not engage in any conversation, especially inviting them into your home, and call the office or police.

It has always been our policy that there is no soliciting in our Communities. "NO SOLICITING" signs are posted at the entrances. Anyone entering our Communities with the above intent are trespassing.

Information & Reminders



Presents . . .

Thank you to Casey and her staff from Pottstown Hospital for the wonderful lunch and presentation regarding the Seniority Club.

Watch For Upcoming Pottstown Hospital Presents:
Fall Prevention and Balance Workshop (March)
Dinner with Doc



WANTED BY THE YWCA: Foster Grandparents

Who are Foster Grandparents? They are adults 55 years and older who provide person-to-person services to children with exceptional and special need in schools, child care centers, and juvenile detention centers.

As a foster grandparent, you will help children in the community develop the academic and life skills (e.g., reading, school readiness, tough subjects, decision making) that are critical to their development and future success.

Additional information is posted in the Library. Based on interest, we will bring in the coordinator of this program to discuss the details. If you are interested in learning more about this program, please sign up in the Office by Friday, February 14.

Computer & Social Media
Discussion Group
February Meeting is Cancelled.



Words on Wheels Bookmobile

The Bookmobile is here the 2nd & 4th Monday at 10 AM in the Community Center parking lot.



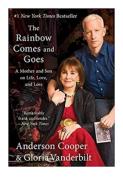
State Representative Joe Ciresi – Satellite Office

Representative Ciresi will be in the Game Room the 3rd Tuesday of every month from 10 AM to 12 Noon.



Resident Committee Meeting

The Resident Committee Meeting is Monday, February 3 at 9:30 AM in the SRC Auditorium. Prior to the meeting, join fellow residents at 9 AM in the Club Room for donuts, fruit, coffee, and tea.



Book Club

The Book Club meets the 1st Monday of each month at 2 PM in the SRC Dining Room. <u>The Rainbow Comes</u> <u>and Goes</u> by Anderson Cooper will be discussed at the February 3 meeting. March's book will be <u>Winter Garden</u> by Kristen Hannah.



Lunch Bunch

This month's lunch bunch trip will be going to the Spring Ford Diner on Friday, February 14. The bus and carpool will be leaving SRC at 11 AM. Please RSVP to the Office by Wednesday, February 12.





Maria Damore – Wednesday, February 12 at 4 PM

Vocalist Maria Damore will entertain us with a Valentine show. Maria is a professional vocalist noted for her strong, clear vocals, and versatility in covering musical styles such as pop, jazz, soft rock, 50s-60s-70s music, standards, Broadway show music, classical, and Greek folk music.

Pre-ordered Pizza will follow at 5 PM. Order at the office by Tuesday, February 11. The cost is \$2.00 per slice plain or pepperoni.



Wii Bowling

Competition continues Wednesday, February 19 at 2 PM in the Club Room.



Movie Matinee . . . "Dreamer"

Due to copyright rules, Movie Night is for residents only.

"Dreamer" will be shown in the SRC Auditorium on Friday, February 21 at 1 PM. Doors open at 12:30 PM.

Please note that there will be no intermission or snacks.

If you would like to help set up the projector for Movie Night once a month, please contact June.

A down-and-out horse trainer is given an equally broken-down, but once great racehorse, as severance pay. It will take the unwavering faith and determination of his daughter to bring these two damaged souls together in a quest to win the Breeder's Cup Classic.

Game Night - Permanent Date Change

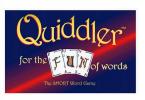
GAME NIGHT HAS MOVED TO THE 4TH FRIDAY OF THE MONTH.

Join your neighbors for Game Night on **Friday**, **February 28**. Game night will start at 6 PM with a variety of table games to be played in the Club Room including Dominoes, Phase 10, Quiddler, Skip-Bo in addition to Wii Bowling. Not sure how to play? Don't worry. We will show you how!

Wawa hoagies will resume in April (after the winter months).









Pot Luck Brunch!

Our first Pot Luck Brunch will be on Saturday, February 29 at 1 PM. In order to attend please RSVP to the **Office** by Monday, February 24.

The Office needs to know:

- Number attending.
- Item(s) you are willing to bring any type of breakfast food (e.g. quiche, pastry, egg dishes, fruit, juices) and the details (e.g. entrée, pastry, etc.).
- You are willing to prepare an item above but are unable to safely transport it. (*Arrangements will be made to assist you with transporting.*)

You are welcome to bring more than one item, but each should be prepared for at least 5 servings. Due to various food allergies, please include a list of ingredients on an index card to bring with you to the Pot Luck.

Members of the Pot Luck Committee will meet Tuesday, February 25 at 2 PM in the Dining Room to finalize the plans. All residents are welcome to attend.

Grocery Shopping - Landis Supermarket or Redner's

Mondays at 10:30 AM. Call the SRC office to be placed on the list for pick-up.

Card Club

<u>Mah Jongg</u> Mondays at 1 PM – Club Room Pinochle Thursdays at 2 PM – Dining Room

Mexican Train Dominoes

Tuesdays at 6 PM – Club Room

Hooks & Needles

1st and 3rd Thursdays at 1 PM – Club Room

Sewing Club

1st and 3rd Fridays at 9:30 AM – Sewing Room

Book Club

1st Monday at 2 PM – Dining Room

Lunch Bunch

2nd Friday at various restaurants in the area

SRC Singers

Practice Thursdays at 4 PM – Auditorium

Wii Bowling

3rd Wednesday at 2 PM – Club Room

Movie Night or Matinee

Various movies shown the 3rd Friday - Auditorium. Check the article for the movie and time.

Representative Ciresi

3rd Tuesday at 10 AM – Game Room

Senator Muth

4th Friday at 10 AM – Game Room

Roundtable Meeting
Wednesday, February 12
2 PM in the Auditorium.

Game Night – NEW DATE

4th Friday – Club Room (Meal at 5 PM if applicable; Games at 6 PM)

Computer & Social Media Discussion Group

2nd Wednesday at 7 PM – Club Room.

Yoga

Fridays at 9:30 AM – Auditorium

Liberty Bell Glass

On Winter Hiatus. Meetings will resume in April.

Vietnam Veterans

2nd Tuesday at 7 PM – Dining Room

American Legion

4th Thursday at 7 PM - Club Room

WOW Bookmobile

Community Center Parking Lot 2nd & 4th Monday at 10 AM

Bus Trips

Various days throughout the month. Pay attention to RSVP dates – some fill up quickly. Watch who to make checks payable to for a trip. Feet mean amount of walking.

No assigned seating on bus. First come – first choice basis.

Social Committee

Monday, February 24 at 2:30 PM in the Dining Room.

What Did I Miss?



Pinochle Club

Instead of exchanging Christmas gifts this year, we decided to donate that money to the Lower Pottsgrove Police Dept. fund to purchase body cams. On January 9th, we all went to the police station and presented Chief Foltz with our donation and had a lovely visit with him. After that we all went to Copperfield's for a Christmas luncheon, and a wonderful time was had by all. Then we came back to SRC for our usual game of Pinochle. It was a very good day.



Delicious food, great entertainment in a beautiful mansion at Mt. Hope Winery







Bus Trips Payment is due at time of sign-up

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Bus Trip Waiting List

Even though the trip may be full, it's a good idea to get on the waiting list. You never know when a cancellation happens and a seat could open up.

Friday - February 7 - American Helicopter Museum and Lunch at Uno Pizzeria 22

The American Helicopter Museum & Educational Center is a hands-on museum where visitors can climb into a real helicopter and check out the controls, as well as fly a realistic flight simulator. They are a research center with over 20,000 items from rotorcraft aviation history. They feature dozens of copte exh s, d vided resentations depicting the elphia, the U.S., and around the world. development and evolut fli in Phi experience in the helicopter Their experienced doce bring' industry to provide memorable tours and first-hand information. They present programs that teach and inspire students of all ages about the basic principles and wonders of vertical flight. It was opened to the public in October 1996 to serve as a "lasting tribute to those men and women who pioneered the development of rotary wing aircraft" and to encourage future generations of aviation pioneers. The Museum enjoys an excellent relationship with the U.S. military and with many of the manufacturers of today's civilian and military helicopters.

Enjoy lunch at Uno Pizzeria at your own expense.

RSVP to the Office by Wednesday, January 15.

LEAVE SRC: 9:00 AM Cost: \$11.00

Tuesday - February 25 - Shady Maple Lunch & Good's 11

Enjoy lunch at Shady Maple and then a shopping trip to Good's. Lunch at your own expense.

RSVP to the Office by Thursday, February 20.

LEAVE SRC: 10:30 AM Cost: \$5.00

Wednesday - April 22 - Sight & Sound Theatre "Queen Esther" (This is a trip with AARP)

Experience one of the most riveting Bible stories of the Old Testament as it comes to life with magnificent sets, special effects and live animals in this brand-new, original stage production!

Set in the opulent yet perilous Persian Empire, QUEEN ESTHER is a captivating tale of beauty and bravery. Esther's ordinary life changed forever when she was taken through the palace doors, entering a new world of royalty and risk.

Enjoy an included buffet meal after the show at The Eden Resort.

RSVP to Carol Griffith (484-624-8314) by Tuesday, March 2 LEAVE BEREAN BIBLE CHURCH: 9:00 AM

Cost: \$110.00 - Checks Payable to New Hanover Area AARP

Upcoming Trips: Taylor Backes, Chesapeake City