

February 2024



SANATOGA RIDGE
COMMUNITY

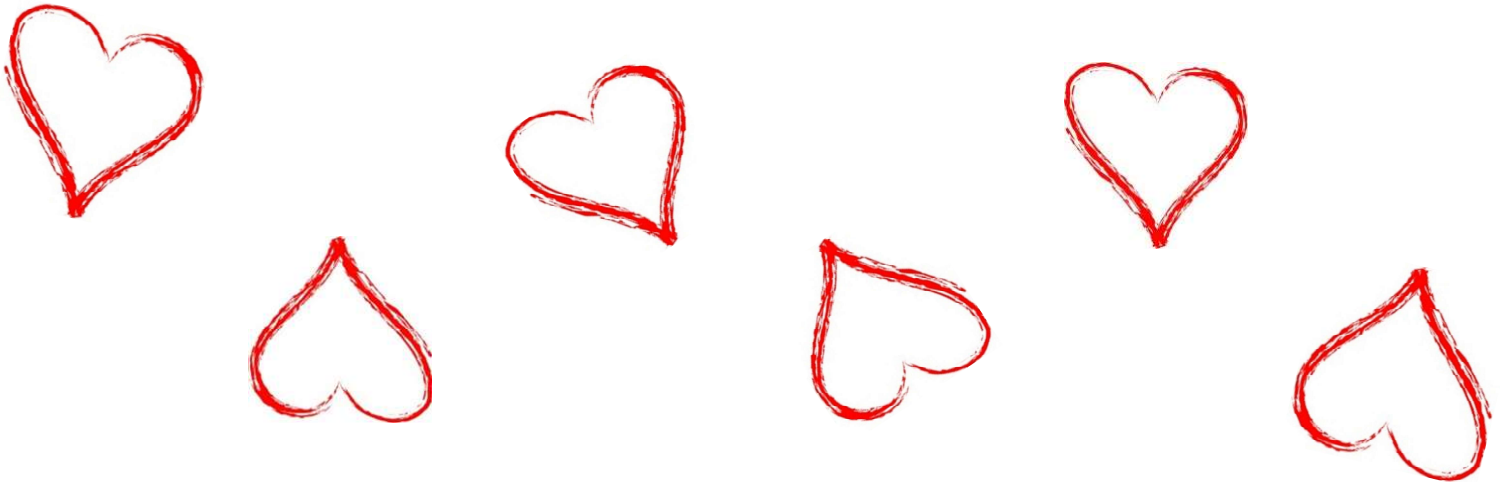
RIDGE REPORTER

Monthly Maintenance & Service Fee Rates

As discussed at the Annual Financial Meeting on January 24, there will be a **7% increase on each line item** of your invoice for the monthly maintenance and service fee beginning April 1, 2024.

If your arrangement is such that your bank sends a check on your behalf, please inform them of the new amount. If you take advantage of the auto withdrawal process to pay your monthly maintenance fee, our Office will inform your bank of the new rate and no further action is required on your part.

If you did not attend the meeting, the documents Acuity prepared and presented were distributed in your mailboxes.



Staff Updates

It is with much sadness that we must say goodbye to **Matt**. Matt was The Director of Facilities. He is moving on to an opportunity closer to home. You may see him around as he will assist in the transition of responsibilities. *We will miss him and wish him well!*

Welcome – Martin

Please welcome **Martin** as The Director of Facilities. He has over 20 years experience working in senior living communities! *Welcome Martin!*



Work Orders

Our goal is to provide excellent service to all our residents. Residents are reminded to **call the office** with any maintenance and/or grounds concerns and requests.

While we understand it may sometimes be easier to send an email or stop a team member to tell them about “just one, small thing”, the process for delivering work order requests to the appropriate staff begins with a **call to the office**. Each request is carefully documented in our work order database. If a request does not flow through the proper channels, it may not be assigned to the appropriate staff member.

Rest assured that calls to the office are never a bother! Our Resident Life team is here to assist you, the Resident. We love talking with you!

Sidewalks



During the winter months, the office receives occasional requests from residents to be exempt from having salt dispensed on their sidewalks. Some have expressed concern regarding potential damage to the concrete and for pets who may be sensitive to the salt. The safety of our residents is our highest priority.

The type of salt applied to walkways in the community is appropriate for concrete surfaces. Regarding sensitive paws, it is suggested that pet owners wash their pets' feet upon returning indoors.

Keep in mind the community employs best practices in order to ensure the highest level of care for our residents as well as the property. While some of these practices may seem inconvenient, in the long run, they benefit the entire community.

Snow Parking Areas

Fingers crossed . . . we are almost out of the SNOW season. When snow is predicted, please move your car to the designated snow parking area. This way we will be prepared if the prediction takes a turn for the worse. If no snow, it was good practice for a snow event.

Mechanical Room

Mechanical rooms are not to be used for storage. Immediate access is required to all mechanical equipment by staff or other emergency personnel.

In addition, mechanical rooms are also to be free of combustible materials. If you have combustibles in your mechanical room and need assistance in their removal, please call the office.

Double-Parking

Double-parking is permitted in the Community when taking groceries into your home or picking up/dropping off a person close to their home. Please be considerate and do not double-park for extended periods of time.

Soliciting Policy for the Community and Township

It has always been our policy that there is no soliciting in our Communities.

“NO SOLICITING” signs are posted at the entrances.

Anyone entering our Communities with the intent below is trespassing.

Individuals are not allowed to come into our Communities taking an election survey, putting menus on door knobs, or stating that they are interested in saving you money on your electric or gas bill.

Should you ever be approached by someone soliciting within our communities, for your protection and safety, do not engage in any conversation and do not let a stranger into your home.

Call the police **immediately**. After you call the police, follow-up with a phone call to the office to make us aware of the trespassers. The office will then monitor the situation. On occasion, the police have been called multiple times to escort the trespassers off the property.

PECO Scam Information

There has been an increase in reports of payment scams in our area. Scammers are aggressively targeting utility company customers using sophisticated tactics to pocket quick cash.



Lower Pottsgrove Township Police

If you have an emergency, or if you witness any suspicious activity, it is always best to dial 911.

Non-Emergency Police 610-326-1508

If you feel you may have been a victim of a scam or identity theft, please contact the Lower Pottsgrove Police Department at the above non-emergency phone number.

Home Safety

For your safety, please do not use the stovetop, oven, toaster oven, or microwave for additional storage in your home. By doing so, you run the risk of a potential fire hazard.

Read All About It!

Remember to pick up your newsletter in the Community Center. The Ridge Reporter is the biggest source of official news in the community. It lists news, activities, birthdays and anniversaries, as well as interesting facts! It also provides important announcements and updates.

Residents are reminded to read their newsletters at the beginning of each month so they don't miss important information. Residents are also encouraged to check their mail slots regularly throughout the month for any updates.



Library News

When signing out books and DVDs from the library and game room, please legibly complete the cards with your name and date (either inside or on the back cover).

To donate hard-cover books, DVDs or puzzles, please bring them to the Office first for processing. We no longer accept VHS tapes or small paperback books.

The "freebie" shelf in the Library is for books or calendars to share. Please do not place any medications, lotions, clothing, etc. on these shelves. They are for books, magazines or calendars only.

Please note that some items are being moved around in the library and game rooms to make more space for library books.

Some puzzles have been moved to the club room upstairs and some to the library area.

The Christmas books and DVDs are being moved to the game room so that we will have more shelves.

We continue to receive book donations and appreciate them all.

Cabin Fever?

If you are tired of looking at the same four walls and are experiencing cabin fever, here are a few things that might help:

- Get some fresh air and take a walk
- Come to the fitness room and ride the bike or walk on the treadmill
- Research vitamins, minerals and other supplements
- Read a book (or download an audio book)
- Stimulate your mind by building a puzzle, playing cards, or trying a new game
- Force yourself to have a big, loud, belly laugh



Neighbor Check

Want to do something nice that does not cost anything or take a lot of energy, but has a great reward? Check on your neighbor. Sometimes just a “hello” by a phone call or knock on the door makes someone’s day!

Community Center Reminder

We have many classes, events, activities, and presentations being held in the Community Center, many of which are open to the public!

With so much going on each day of the week, please keep the below in mind:

- If you use a room and move things around, please remember to return the room to its original setup so that it is ready to go for the next event/activity.
- Take any personal items home with you (snacks, dishes, etc.).
- If you are the coordinator for a club or activity and need help with tables or chairs, please call the office in advance and we will make arrangements to have someone help you.
- Turn off the lights when leaving the Community Center after office hours and on weekends.
- Please do not unplug lights, displays or turn off lobby TV.

New Year – New Ideas!

Do you have an idea for a new club or activity? Do you have experience or a special talent or skill you could share with your neighbors? Many people are looking for things to do and to stay active. Call or stop by the office and share your ideas! Your idea just might be the next GREAT thing!

Don’t have a new idea but still looking for ways to get involved? Come out to an already-scheduled activity! Have fun, make new friends, get together with old friends!
Make 2024 the best year yet!!

2024 Resident Dues – via Check Only (Payable to SRC)

The 2024 Resident Dues (\$10.00 per resident payable by check only) should be put in an envelope with your name and house number. You can place the envelope in the mail slot to the left of the Office window.

All 2024 dues must be received by Friday, February 2.
For accounting purposes, cash is no longer accepted.



Happy Birthday!



- | | |
|----------------------|--------------------|
| 1 - Diana
Norma | 15 - Eileen
Pat |
| 2 - James | 16 - Gloria |
| 4 - Sandy
Judith | 18 - Jeanette |
| 5 - Lois | 23 - Nancy |
| 7 - Carol | 24 - James |
| 8 - Bunny | 25 - Janice |
| 11 - Nancy
Elaine | 27 - Russ |
| 12 - Barbara | 28 - Carl "Pete" |
| 14 - Doris
Betty | |



Happy Anniversary!

- 27 - Michael & Wanda
- 29 - Jim & Kitty



Welcome To The Neighborhood!

*We'd like to extend a warm welcome to our newest residents!
Please stop by and introduce yourself.*

Joanne

from Ocean City, MD

Vivian

from Pottstown, PA

Joyce

from Arizona

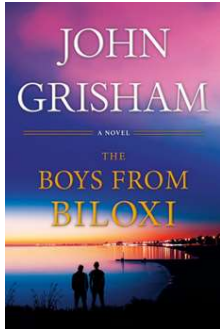


Hairdresser Update

- Mary Beto Tuesdays
- Kathy (for Ann) Saturdays
 Saturdays From January 8 – May 2
- Beverly Fridays

Resident Committee Meeting

Monday, February 5 at 9:30 AM in the SRC Auditorium.



February 5

Book Club

Monday, February 5 at 2 PM

- March 4 "American Dirt" by Jeanne Cummins
- April 1 "The Language of Flowers" by Vanessa Diffenbaugh
- May 6 "Dear Edward" by Ann Napolitano
- June 3 "The Noel Letters" by Richard Paul Evans

Contact Jeanette for more information.

Smile! Resident Photo Directory

Monday, February 5 after Resident Meeting OR

Tuesday, February 6 from 1 to 3 PM

Have you had your picture taken yet for the new directory? Volunteers have been taking pictures of our residents to organize a new directory. We will have two more opportunities to get your pictures on Monday, February 5 after the Resident Meeting or Tuesday, February 6 between 1 PM and 3 PM in the dining room.

If for any reason you have not been able to arrange to get a picture and still want to get one, please call Shirley or Nancy to schedule a picture. A home visit can be arranged if needed.



Say CHEESE!

Brown Bag ART History:

"Show & Tell"

Wednesday, February 7 at 12 Noon

Led by Pottstown Art Historian Martin Bradfield. This 6th lecture compares the religious views and philosophies of two great artistic rivals, Peter Paul Rubens, and Rembrandt, and a dive into the Baroque, Reformation and Counter Reformation philosophy. The paintings are their very different views of some of the most Sacred moments of Western Civilization-The Raising and the Descent from the Cross. Their biographies and cultural differences are fascinating, and manifest 2 totally different attitudes and world views that still exist today, and probably beyond.

Bring your lunch and beverage. Open to the Public. RSVP by Tuesday, February 6. Meets in the Dining Room.



Lunch Bunch

Limerick Diner

(411 W Ridge Pike, Limerick)

Friday, February 9 at 11:30 AM

*If you are paying by cash at the restaurant,
please bring smaller bills/change.*

THIS LUNCH BUNCH IS **CARPOOL** ONLY.
RSVP by Monday, February 5

The Bingo Addicts

Saturday, February 10 and February 24 at 10 AM

On the 2nd and 4th Saturdays at 10 AM, the Bingo Addicts will be getting together to play some BINGO! Bring a small item to use as a donation for a prize (e.g., grocery, décor, anything small that is new or nearly new and in good condition). The Bingo Addicts will play 10 games. Bring a friend! Meets in the Dining Room.



Supermarket BINGO! with Amity Place

Wednesday, February 14 at 10:30 AM

Donna Uncapher from Amity Place will bring Supermarket BINGO to you every 2nd Wednesday of the month! We have extra bingo cards, so we can play several cards at once! Play a few games and try your luck while meeting new friends! **SEATING IS LIMITED – RSVP by Tuesday, February 13.** Meets in the Dining Room.



Valentines Potluck

***Friday, February 16
12 Noon***

Valentines Potluck

Friday, February 16 at 12 Noon

You are invited to a Valentines Potluck on
Friday, February 16 at 12 Noon.

Please call the Office by Friday, February 9
to let us know that you are coming and what
you will bring: Entre, Side Dish or Dessert.

Hope to see you there!

Adopt a Grandparent Program – Information Session

Wednesday, February 14 at 1 PM

Seeking residents who would like to participate in an onsite 10-week program with 5th grade students from nearby West Mont Christian Academy. The program is part of the service-learning program, which teaches children to serve others and to participate in learning activities outside the classroom.

Attend the Information Meeting on Wednesday, February 14 at 1 PM in the SRC Dining Room to find out if you'd like to be "adopted".

If you decide you can commit to 10 weeks, you will be able to read bios of the children, and then choose your "grandchild". "Grandchildren" will meet you in the dining room to interview you, working on improving their communication skills, and strengthening their public speaking skills in addition to trying new things and meeting new people. They will improve their writing skills by writing your biography, which will be bound and "published."

The program will culminate with students performing service projects on campus, followed by a presentation of the written biographies for all to enjoy.

RSVP to attend the Information Meeting by Monday, February 12.

If you can commit to the 10-week Adopt A Grandparent Program and would like to be an "adopted" grandparent: RSVP by Friday, February 23.

Program Start Date: Thursday, March 7 from 1 – 2 PM in the Dining Room, and then March 14, 21, April 4, 11, 18, 25, May 1 (*WEDNESDAY), May 9, 16.*

"Hunters of the Sky"

Indian Run Environmental Education Center

Tuesday, February 20 at 1:30 PM

Meet live hawks and owls, and examine feathers, wings and more to learn about these birds, their natural history and conservation efforts to protect them and their habitats. **SEATING IS LIMITED. RSVP by Friday, February 16. Open to the Public.**

Country Singer – Ralph Noll

Friday, February 23 at 4 PM

Introducing Ralph Noll, a musician who has played traditional country music in the area for over 57 years. Ralph played years ago with the Dusty Road Ramblers. Over the course of his career, he has met and played with many of the country legends of all time. Come join us on Friday, February 23 at 4 PM in the SRC Auditorium for an hour of country music with a lot of humor mixed in. Promises to be a good time for all!





Talking with Your Doctor ***Monday, February 26 at 10 AM***

Brought to you by Montgomery County Department of Health and Human Services. During the presentation, you'll learn how to: Get ready for a doctor's visit, have a successful conversation about your health concerns, make decisions together with your doctor, and much more! **Open to the public. RSVP by Thursday, February 22.**

Friday Night Social ***Friday, March 1 at 6 PM***

NOTE: NO SOCIAL IN FEBRUARY

The first social for 2024 is on Friday, March 1 at 6 PM. It's time to start thinking about Spring! Come out and join us for a fun-filled event!

- This month is at **Cottage** Bring a snack to share and Beverage of Your Choice

Brown Bag History: ***"The Lincoln Assassination" Part II*** ***Saturday, March 2 at 12 Noon***

On Good Friday, April 14th, 1865, our 16th President, Abraham Lincoln, was mortally wounded while attending the play - *Our American Cousin* - at Fords Theatre as the Civil War was drawing to a close. The assassination of Lincoln was the first of an American president and was carried out by the well-known stage actor John Wilkes Booth. The pursuit, capture, trial, and execution of the conspirators brings this fateful event of 1865 to a close. Join historical reenactor, lecturer, and tour guide Michael Jesberger as we revisit this fateful event in American history.

Open to the public. RSVP by Thursday, February 29. Meets in the Dining Room.

AARP® Smart Driver Classes

Tuesday, March 19 and Wednesday, March 20 at 1-5 PM both days

See flyer for complete details! Sign up today!

Keeping Busy

Words on Wheels Book Mobile

2nd & 4th Monday at 10 AM

Book Club

1st Monday at 2 PM
Dining Room

Friday Night Social

**CANCELLED FOR
FEBRUARY**

Dominoes

Mondays at 6 PM
Club Room

Bible Study

2nd Monday at 2 PM
Dining Room

Circle of Support

1st & 3rd Thursdays at 11 AM
BRC McMenamin Rec Center



Yoga

Chair – Tuesdays at 3:30 PM
Floor – Wednesdays at 9:30 AM
Auditorium



Vietnam Veterans

1st Tuesday at 7 PM - Dining Room



American Legion

4th Thursday at 7 PM - Dining Room

Wii Bowling

3rd Wednesday at 2 PM
Club Room



BINGO!

The Bingo Addicts – 2nd & 4th Saturdays – 10 AM
Supermarket Bingo w/Amity Place – 2nd Wednesday – 10:30 AM
Dining Room



Coffee Hour (and Tea too!)

Thursdays at 9:30 AM – Dining Room



Pinochle

Thursdays at 2 PM – Dining Room

LEGEND FOR AMOUNT OF WALKING

1 Little Walking



Plenty of Walking

- Sign up with the Office
- RSVP by deadline
- Limited seating
- At least 10 participants needed for SRC Bus trip
- **Payment is due at time of sign up and is by Check Only (Payable to SRC)**

Wednesday – February 21 – Shady Maple



Discover the experience of dining at Lancaster County's largest smorgasbord featuring 200 feet of deliciously authentic Pennsylvania Dutch cooking. At Shady Maple some of Lancaster County's finest cooks prepare all your favorite PA Dutch foods, as well as some exciting new dishes. Lunch at your own expense.

RSVP to the Office by Friday, February 16.

LEAVE BEREAN PARKING LOT: 10:30 AM

Cost: \$6.00

Tuesday – March 19 – The National Iron & Steel Heritage Museum



Come along to the National Iron & Steel Heritage Museum in Coatesville. Their mission is to collect, preserve, exhibit, interpret and educate the public on our nation's iron and steel heritage. They do this by sharing the story of Coatesville steel making, and connecting that story to American history, heritage, and industrial progress. Our tour will provide insight into the people, process, and product of the Coatesville steel making plant. Lunch at your own expense at Harry's the Neighborhood Place.

RSVP to the Office by Tuesday, March 12

LEAVE BEREAN PARKING LOT: 9:00 AM

Cost: \$22.00

New Hanover AARP Trips

Checks Payable to:
"New Hanover AARP"

Details posted on the Library Bulletin Board.
RSVP to Carol



Wednesday – April 24 – Sight & Sound Theatre

"Daniel"

Witness one of the Bible's most hope-filled stories as it comes to life ...

RSVP to Carol by Friday, February 23

LEAVE BEREAN BIBLE CHURCH: 8:45 AM

Cost: \$160.00

Details posted on the Library Bulletin Board

Wednesday, May 15 – Magic & Wonder Theatre "Juke Box Jive"

Thursday, June 13 – Doolans Shore Club in Spring Lake, NJ "Country Hall of Famers"

Tuesday, July 16 – The River Queen

Wednesday, August 14 – Bucks County Playhouse "Grease"