

BIDGE BEPORTER

Dear Residents,

I'm honored and humbled to accept the role as Executive Director of Sanatoga Ridge Community. Having been part of this organization for 15 years, I've seen firsthand what makes our community so special—the people. What stands out to me is the connection and mutual respect we share, and I look forward to strengthening that bond with all of you.

As Executive Director, my goal will be to ensure Sanatoga Ridge remains a place where everyone feels comfortable, valued, and heard. I'm committed to open and transparent communication and encourage you to share your thoughts and ideas as we move forward together. At the same time, I'm excited to explore new programs and activities that bring even more vibrancy to our community life. From events that foster connection to improvements in our shared spaces, my goal is to ensure your interests and needs guide our actions. Maintaining and enhancing our facilities will remain a top priority to provide a safe and welcoming environment for all.

What makes this community truly thrive is the relationships we've built with one another. These connections—between residents, staff, and families—are at the heart of everything we do. I'm passionate about strengthening those bonds and working together to make Sanatoga Ridge the best it can be. Your involvement and input are vital, and I'm looking forward to collaborating with you to shape our future.

Thank you for the warm welcome and for your trust. I'm excited about what lies ahead and grateful for the opportunity to serve as your Executive Director. Together, we can continue building a community that we are all proud to call home.

Best regards,

Jon Kline,

Executive Director Sanatoga Ridge Community



Information & Reminders

Monthly Maintenance & Service Fee Rates

As discussed at the Annual Financial Meeting on January 28, there will be a

7% increase on each line item of your invoice for the monthly maintenance and service fee beginning April 1, 2025.

If your arrangement is such that your bank sends a check on your behalf, please inform them of the new amount. If you take advantage of the auto withdrawal process to pay your monthly maintenance fee, our Office will inform your bank of the new rate and no further action is required on your part.

If you did not attend the meeting, the documents Acuity prepared and presented were distributed in your mailboxes.

Mechanical Rooms

Please remember that mechanical rooms are not storage areas. Full access is required for maintenance and emergency personnel. If you have personal items stored in your mechanical room, please remove them.

Trash & Recycle

- Trash and recycle pickup begins at 8AM.
- Bags and bins should be out by 8AM.
 If they are not out by that time, your items may not be picked up.
- Residents who put their trash out the night before pickup should put it in a container with a lid to prevent curious critters from getting into it.



- Numbered parking spaces are reserved for residents.
- Please remind your visitors and caregivers to park in unnumbered spaces only.

Plumbing

- Resident who have garbage disposals, please remember it is essential to run water before, during, and after using the disposal to ensure all debris is properly flushed through the pipes.
- Do NOT flush anything other than toilet paper down the toilets. This includes personal wipes. Although wipes are often advertised as being "flushable", they cause clogs and extensive issues with the plumbing.

Information & Reminders

Salon Update

Anne will be away until the beginning of May. Kathy P. will be filling in for Anne. Contact her directly.

Lower Pottsgrove Township Police

If you have an emergency, or if you witness any suspicious activity, it is always best to dial 911.

If you feel you may have been a victim of a scam or identity theft, please contact the Lower Pottsgrove Police Department at the non-emergency phone number listed below.

Non-Emergency Police 610-326-1508



Snow and Ice Information

- Residents who have an urgent need to get out during a snow event are reminded to call the office at least 24 hours prior to the event so that we can properly prepare.
- If you have an emergency in the midst of a snow event, call the oncall number.

Sidewalks

- If you need your salt bag refilled, please call the office.
- Salt is also available at the mailboxes in each court.
- The type of salt applied to walkways in the community is appropriate for concrete surfaces. Regarding sensitive paws, it is suggested that pet owners wash their pets' feet upon returning indoors.

Snow Parking

Please remember to move your car to the designated snow parking area when snow is predicted. This way we will be prepared if the prediction takes a turn for the worse. If we get no snow, it was good practice for a snow event.

Announcements



- 1 Diana M.Norma H.
- 3 Judy M.
- 2 James K.
- 4 Sandy M. Judith S.
- 5 Lois B.
- 7 Carol V.
- 8 Bunny D.
- 11 Nancy A. Elaine H.
- 12 Barbara D.Barbara S.
- 14 Doris A. Betty S.
- 15 Eileen B. Pat L.
- 18 Jeanette G. Becky W.
- 23 Nancy W.
- 24 James H.
- 25 Janice M.
- 27 Russ B.
- 28 Carl "Pete" M.



27 - Michael & Wanda R.29 - Jim & Kitty K.







We'd like to extend a warm welcome to our newest residents! Please stop by and introduce yourself.

Ted & Judith M.

from New City, NY Lois R.

from Royersford, PA



Our thoughts and prayers are with the family at this difficult time.

Theresa Von Berg Jean Dupell

Resident Committee Meeting Monday, February 3 at 10:00 AM in the SRC Auditorium.

Book Club Monday, February 3 at 2 PM



- February 3 <u>The</u>
 Stolen Marriage, by
 Diane Chamberlain
- March 3 <u>Midnight in the Garden</u> of Good and Evil, by John Berendt
- April 7 <u>Gray Mountain,</u> by John Grisham
- May 5 <u>Someone Else's Shoes</u>, by JoJo Moyes

Contact Jeanette G. for more information.

Ladies Bible Study

Do we need the Old Testament? Finding Christ and the Gospel in Ancient Texts 1st & 3rd Wednesdays,

February 5th & 19th at 3 PM

Bev T. will lead a ladies Bible Study in the Dining Room. Bev has a BS in Bible and an MA in Education. Please wear your name tags. All ladies are welcome. Brown Bag History:
Stealing the Bones –
The Story of George
Washington's Tomb
Thursday, February 6
at 12 Noon

Thousands of people visit the home of George and Martha Washington at Mount Vernon every year, but few are familiar with the story behind his final resting place, located in the burial tomb on the Mount Vernon grounds. In 1830, an attempt was made to steal the skull from the remains of President George Washington, which were interred in a tomb on the property. This desecration of the burial site prompted the construction of a new, more secure burial vault. Join historical lecturer, reenactor, and tour guide Michael Jesberger for a presentation on this strange and macabre tale of George Washington's final hours and his burial at Mount Vernon.

Open to the Public. RSVP by Wednesday, February 5.

Friday Night Social Friday, February 7th at 6 PM

2025 is off to a great start! All residents are invited to attend. Friday Night Socials are a great way to get to know your neighbors!

- This month is hosted by Helmi.
- Bring a snack to share and beverage of your choice.

Super Bowl PARTY! Sunday Feb 9th 6pm SRC dining room

- Please RSVP by February 7, 2025 -

"Bring your favorite food!" -Jalen Hurts





Lunch Bunch

Franconia Heritage Restaurant

508 Harleysville Pike, Unit A, Telford

Friday, February 14th at 11:45 AM

If you are paying by cash at the restaurant, please bring smaller bills/change.

The SRC Bus will be available for \$3 per person due at sign-up. The bus and carpool will leave Berean Bible Church parking lot at 11AM.

RSVP by Tuesday, February 11th

Balloon Volleyball

Saturday, February 15 at 2PM

Come one, come all!! It's still winter – come out to warm up with some exercise - just make sure you don't fall off your chair! Learn a new way to have fun while moving, get to know your neighbors better, and show off your hidden talents. See you in the auditorium!



Arthritis Foundation Exercise Program Thursday, February 20th at 10:20 AM

Thursday, February 20th at 10:30 AM

The Arthritis Foundation Exercise Program (AFEP) is a low-impact recreational exercise program that incorporates an educational component. Classes consist of multiple exercise activities including warm up, stretching, strengthening, cardiovascular endurance, balance, coordination and cool down. Breathing and relaxation techniques are also included.

The class meets for one hour once a week for 11 weeks

To improve:

- Functional ability
- Self-confidence
- Self-care
- Mobility
- Muscle strength
- Coordination

To reduce:

- Fatigue
- Pain
- Stiffness

Department of Health and Human Services

Montgomery County

RSVP by Friday, February 14th

Brown Bag History - Noon

Saturday, March. 1 at 12 Noon The Irish in the American Civil War

The American Civil War is often referred to as Ireland's forgotten conflict. By 1860, approximately 1.5 million Irish immigrants were living in the United States. During the war, an estimated 150,000 Irishmen served in the Union Army, while around 20,000 fought for the Confederacy. Although exact figures for Irish soldiers who died are unavailable, the number likely reached into the thousands. Sadly, the significant contributions and experiences of these Irish soldiers remain relatively unknown. Join historical reenactor and lecturer Michael Jesberger for a presentation on these "Sons of Erin," who played a pivotal role in the American Civil War.

Open to the Public. RSVP by Friday, February 28

Spring-Time Card Making Wednesday, March 19

From 1 – 4 PM

Join us in the Dining Room starting at 1PM for an afternoon of creativity! We will be making beautiful, custom birthday, get well, and sympathy cards.

- Kits and guidance will be provided.
- Please sign up by the RSVP date so that we can ensure enough supplies.
- Volunteers needed for cleanup.
- Space is limited sign up early!

Cost: \$5 to cover supplies RSVP Monday, March 10



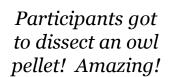
Highlights from Outstanding Owls With our Friends at Nolde Forest



Another interactive, hands-on science lesson!



We learned about the unique adaptations, mysterious habits, and important roles in the ecosystem.









2025 New Hanover Area AARP Bus Trips Schedule

- Tuesday, April 8 Sight & Sound Theater, "Noah"
- Tuesday, May 6 Hunterdon Hills Playhouse, "Swing the Musical"
- Tuesday, June 17 River Lady Lunch Cruise and Historic Smithville
 Village, Toms River, NJ
- Wednesday, July 16 A Mystery Trip
- Wednesday, August 13 Totem Pole Playhouse, "Beautiful The Carole King Musical"
- Wednesday, September 3 Dutch Apple Dinner Theatre, "The Buddy Holly Story"
- Wednesday, October 1 Ace in the Hole at the Brownstone
 "Octoberfest"
- Wednesday, November 18 American Music Theatre, "Deck the Halls"

A full listing of the trips along with complete details are posted in the library. Contact Carol G. to sign up for AARP bus trips.



February Trivia

Famous people born in February

- 1 Langston Hughes, Poet & Playwright
- 4 Rosa Parks, Civil Rights Activist
- William S. Burroughs, Writer & Visual Artist
 "Your mind will answer most questions if you learn to relax and wait for the answer."
- John Deere, Blacksmith
 "I will never put my name on a product that does not have the best that is in me."
- 12 Abraham Lincoln, 16th President of the United States "Folks are usually about as happy as they make their minds up to be."
- 20 Sidney Poitier, Actor & Film Director "History passes the final judgement."
- 23 Victor Fleming, Film Director Best known for directing *Gone with the Wind (1939)*

Did You Know?

- The #1 Hit in 1964 was I Want to Hold Your Hand, by The Beatles.
- The first public flushing toilet is opened in London in 1852.
- The Sixteenth Amendment to the United States Constitution is ratified, authorizing the Federal government to impose and collect an income tax in 1913.
- George Washington is elected as the first President of the United States on February 4th, 1789.
- Women in Switzerland are granted the right to vote on February 7, 1971.
- Galileo Galilei arrives in Rome to face charges of heresy by the Catholic Church for advocating Copernican theory, which held that the Earth revolved around the Sun on February 13, 1633.
- The 1st mass inoculation against polio is conducted in 1954.

Bus Trips

LEGEND FOR AMOUNT OF WALKING

Little Walking

Plenty of Walking

- Sign up with the Office
- RSVP by deadline
- · Limited seating
- At least 10 participants needed for SRC Bus trip
- Payment is due at time of sign up and is by <u>Check Only</u> (Payable to SRC)

Tuesday - February 18 - Shady Maple

Discover the experience of dining at Lancaster County's largest smorgasbord featuring 200 feet of deliciously authentic Pennsylvania Dutch cooking. At Shady Maple some of Lancaster County's finest cooks prepare all your favorite PA Dutch foods, as well as some exciting new dishes. <u>Lunch at your own expense</u>.

RSVP by Friday, February 14

LEAVE BEREAN PARKING LOT: 10:00 AM Cost: \$6.00

Tuesday, February 25 – Valley Forge Casinos loin your friends having fun at the slots for a coupl

Join your friends having fun at the slots for a couple hours! Following our casino visit, due to the renovation of the Food Court, we will be stopping for lunch at the Collegeville Diner. Lunch at your own expense.

RSVP By Friday, February 21

LEAVE BEREAN PARKING LOT: 10:00 AM Cost: \$4.00

Tuesday, March II-Thrift Shopping

Join us for a leisurely day of shopping! We usually visit around 5 shops. It's a great time! We will stop for lunch (at your own expense) at a location to be determined along the way.

RSVP By Friday, March 7

LEAVE BEREAN PARKING LOT: 9:30 AM Cost: \$8.00

New Hanover AARP Trips

Checks Payable to: "New Hanover AARP"

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Details posted on the Library Bulletin Board. **RSVP to Carol G.**

Tuesday - April 8 - Sight & Sound Theatre

<u>"Noah"</u>

Set sail inside the enormous ark as the extraordinary story comes to life in the special 30th anniversary show! Returning for one season only.

RSVP to Carol G. by Tuesday, February 11

LEAVE BEREAN PARKING LOT: 8:45 AM Cost: \$170.00