

FEBRUARY
2026

Love Where You Live



The
RIDGE REPORTER



*Enriching lives through quality independent
living and a strong sense of community*



Community Notes

February is often a quieter month, and that can be a welcome change of pace. It allows us time to appreciate the small, everyday moments that make a community feel like home.

As we move through 2026, our focus is on caring for the community we share and continuing to strengthen Sanatoga Ridge as a well-run, welcoming place to live. Community life works best when everyone contributes in thoughtful, respectful ways, and we appreciate the many residents who help create that atmosphere every day.

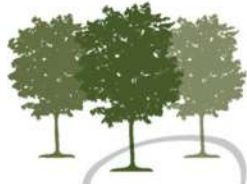
February Fun Facts

- February is the only month with fewer than 30 days
- The name comes from the Latin februum, meaning "to cleanse"
- February is often associated with reflection and renewal

Valentine's Day Trivia

- Valentine's Day began as a celebration of friendship
- The holiday became widely popular in the 1800s
- Cards and notes remain the most common Valentine tradition





SANATOGA RIDGE COMMUNITY

Baby, it's *COLD* outside!! But our hearts are warm! January saw lots of smiles, heard loads of laughter, and brought people near and dear together to celebrate one another and enjoy the beginning of a new year.

We are so grateful for our wonderful residents, the beauty they share and the joy they bring. YOU are the reason Sanatoga Ridge is known for enriching lives and for its strong sense of community. ❤️





Communications

Staying Connected

We will begin using **new community email addresses** during the second week of February. Please give the office a call to receive the updated information.



Most routine community updates are shared by email. All residents are asked to complete and return the information form from their mail slot so we have current communication preferences on file. Residents who do not use email should note that on the form.

Thank you for helping us keep our records up to date.

Monthly Maintenance & Service Fee Rates

- The 2026 rates announced at the October financial meeting will go into effect on **March 1st**.
- If you have an arrangement with your bank to send a check on your behalf, **please inform them of the new amount.**
- If you pay your monthly fee through **automatic withdrawal**, our Office will inform your bank of the new rate and no further action is required on your part.
- Residents who **pay by check** should write the check to “SRC” and place the payment in the office in-box next to the office window.



Groundhog Day has been observed in the U.S. since the 1800's

Office Hours Update

Office hours have been temporarily updated to support current staffing.

The office will be open Monday - Friday during these times:

9:30 AM–12 PM & 1–3:30 PM.



If you call outside of these hours or reach voicemail, please leave a message. Calls will be returned in a timely manner.

As always, emergency maintenance issues should be reported to the on-call line at 610-326-4043. *Please do not use this number for non-emergencies.*

Garbage disposals:

- Reminder to run cold water before, during and after use.
- Notify office immediately if “unintended” items have gone down the sink drain to disposal- so maintenance can retrieve those items prior to operating the disposal.

Important Snow Reminders

Resident cooperation during snow events is essential for efficient and safe snow removal. Please follow these procedures during snow events:

- All vehicles must be moved to the designated snow-map parking areas for each court by the afternoon before a snow event.
- If you are unable to move your vehicle due to illness or being away, call the office at least 24 hours in advance so staff can assist.
- Place your pink placard on the driver-side dashboard so that our staff can identify your vehicle.
- Do Not Touch: Residents must remove the snow from their cars and return them to their numbered parking spaces within a day following the snow event to ensure parking areas can be properly cleared.

Thank you for your continued cooperation and support.



What do you call two birds in love? *

Thank You!

A Soldier's Hands and the Mahanatawny Chapter of the DAR offers a big **THANK YOU to the residents of Sanatoga Ridge Community** who helped with the recent event to assemble care packages for our troops.

Residents wrote cards to enclose in the packages and about 10 residents showed up to help assemble the packages. We packed 300 bags in a little over an hour! The care packages included hand cream, sun screen, lip balm, candy, cards and a puzzle. These will be sent to the USS Abraham Lincoln air craft carrier and the destroyer accompanying it in the Pacific.

Volunteers Needed!

The **Bus Trip Committee** is looking for volunteers to help plan day trips. No experience needed! Guidance provided. This is a great opportunity to get involved and build relationships.



If you are interested in serving on the committee, please call the office.

We can't wait to hear from you!

Resident Directory Photos

Photos will be taken for residents who have not yet had their picture taken, as well as for new residents, immediately following the monthly Residents' Meeting. **Please see Lee and Linda after the meeting.**

Your participation is important and helps make the resident directory a success.

Thank you!



HAPPY BIRTHDAY!

- 1 - Diana M.
Norma H.
- 3- Judy M.
- 2- James K.
- 4 - Sandy M.
- 5- Lois B.
- 7- Carol V.
- 8 - Bunny D.
- 11 - Dan C.
Nancy A.
Elaine H.
- 12 - Barbara D.
Barbara S.
- 14 - Aileen M.
Doris A.
Betty S.
- 15 - Eileen B.
Pat L.
- 18 - Jeanette G.
Becky W.
- 23 - Nancy W.
- 24 - James H.
- 25 - Janice M.
- 27 - Russ B.

HAPPY ANNIVERSARY!

- 27 - Michael & Wanda
- 29 - Jim & Kitty

Let's Celebrate!

♥ Valentine's Day Trivia

- Valentine's Day began as a celebration of friendship, not just romance
- The heart symbol has been used for centuries to represent care and connection
- Over 145 million Valentine's cards are exchanged each year in the U.S.
- Valentine's Day is one of the most popular days to send handwritten notes



Resident Committee Meeting Monday, February 2 @ 10AM

Weekly Activities Schedule

Mondays:

- **Dominoes**, 6 PM
- **Book Club** (1st Monday), 2 PM
- **WOW Book Mobile** (2nd & 4th Monday), 10 AM

Tuesdays:

- **Mahjong**, 1 PM
- **Chair Yoga**, 3:30 PM
- **Vietnam Veterans** (1st Tuesday), 7 PM

Wednesdays:

- **Floor Yoga**, 9:30 AM
- **Needlecrafters** (2nd & 4th Wednesday), 3 PM

Book Club

Monday, February 2 @ 2PM

- February 2, 2026 - The Kite Runner, by Khaled Hosseini
- March 2, 2026 - The Wager, by David Grann



OPEN TO THE PUBLIC

NOLDE FOREST PRESENTS

Tracks & Traces

TUESDAY, FEBRUARY 3

TWO OPTIONS:
10AM OR 2PM

Become a Nature Detective!

Together we will investigate animal skulls, tracks, pelts, and scat to learn more about different Pennsylvania animals and help solve a Nolde Forest mystery along the way.

RSVP to (610)326-6282
by January 30th

 SANATOGA RIDGE COMMUNITY
2461 E. HIGH STREET, POTTSTOWN, PA 19464



Q: What is a frog's favorite month?

Resident Prayer Meeting Wednesdays @ 9AM

The Resident Prayer group meets weekly on Wednesday mornings in the dining room. All residents are invited to participate.



Movie Matinee Groundhog Day

Friday, February 6
@ 1:30PM in the
Dining Room



Groundhog Day – A classic 1993 fantasy romantic comedy starring Bill Murray as Phil Connors, a narcissistic, self-centered weatherman who finds himself in a time loop on Groundhog Day.

Stars Bill Murray, Andie MacDowell, and Chris Elliott.

*What would you do if you were stuck
in the same day... over and over?*

Weekly Activities Schedule

Thursdays:

- **Coffee Hour**, 9:30 AM
- **Pinochle**, 2 PM
- **Rummikub**, 6 PM
- **American Legion** (4th Thursday), 7 PM

Fridays:

- **Pickleball**, 9 AM *on hold until Spring*
- **Canasta**, 6 PM

Saturdays:

- **BingoAddicts** (2nd & 4th Saturday), 10 AM



A: February. It has a Leap Year.



Lunch Bunch Craft Ale House



**Friday, February 13
@ 12 Noon**

The SRC Bus will be available
for \$3 per person (for the
driver) due at sign-up.

**The bus and carpool will
leave Berean Bible Church
Parking lot at 11:45 AM.**

**RSVP by Tuesday,
February 10**

Did You Know?

- Red roses became associated with Valentine's Day in the 1800s
- February is American Heart Month
- Chocolate has been a Valentine's tradition for over 150 years



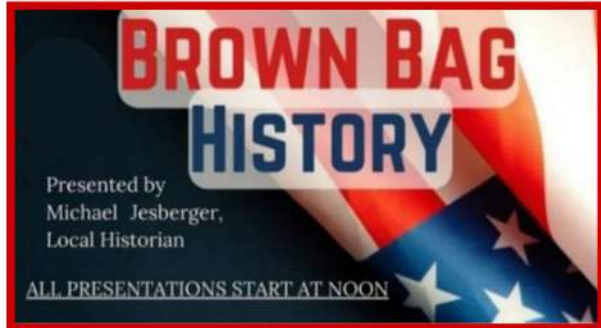
Notable Days in February

- Groundhog Day – Feb 2
- Valentine's Day – Feb 14
- Presidents' Day – Feb 16

Doctor, help! I'm shrinking! "Take this and you'll be back to normal in a few weeks. Until then, you'll just have to be a little patient." ~ Dave D.



Q. What did the lightbulb say to the other lightbulb? *



Senior Adult Ministry (SAM)

Luncheon & Entertainment

Monday, February 23

11AM - 1PM

@ Berean Bible Church
with Kristy Caruso

Brown Bag History

*Stealing the Body
of Abraham Lincoln*

Saturday, February 21 @ 12 Noon

Before Abraham Lincoln finally came to rest in Springfield, IL, the president repeatedly exhumed and moved, his coffin frequently opened. In 1876, eleven years after Lincoln's assassination, a band of Chicago counterfeiters plotted to steal his body and hold it for ransom.

This program focuses on the attempted theft for ransom, the debate over where the president was to be buried and how his final resting place became a monument that is visited by thousands every year.

Open to the public.



Movie Matinee

Friday,
February 29, 2026,
@ 1:30 p.m.

The Princess Bride

*And love, true love, will
follow you forever.*

This is the enchanting story of a swashbuckling farmhand named Westley, accompanied by companions befriended along the way, who must rescue his true love, Princess Buttercup, from the odious Prince Humperdinck.

This movie has it all: romance, laughter, mystery, and adventure.

Bring a friend!



A. I like you a watt! *

Love Where You Live

One of the phrases we hear most often from residents is, “I love living here — this is my forever home.” With a strong sense of community, neighbors helping neighbors, new friendships forming, and familiar faces throughout the day, it’s easy to see why so many people quickly feel at home at Sanatoga Ridge.

A new year is a natural time to pause and reflect on the many reasons our residents are thriving. Living independently without the ongoing demands of home maintenance, grounds care, snow removal, or tracking down reliable help allows residents to focus their time and energy on what matters most to them. That freedom, combined with a supportive and engaged community, is a big part of daily life here.

As the year continues, our focus remains on caring for the community we share — strengthening operations, planning responsibly for the future, and supporting an environment where residents continue to thrive and staff are proud to work.

To all of our residents who take pride in this community and share their appreciation with others, thank you.