

April 2023

# RIDGE REPORTER



## Offices Closed for Easter

The Offices will be closed on Friday, April 7.  
Trash and recycling will be picked up on  
**THURSDAY, APRIL 6** instead of Friday.



## Shredding Event at BRC

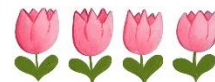
*Saturday, April 22 at 9–11 AM at Buchert Ridge*

Have you found yourself reorganizing, decluttering, and wanting to get rid of personal information? BRC will be hosting a shred event from 9 AM to 11 AM.

Only approved paper-based materials and small fasteners (e.g., paper clips and staples) are permitted. The below are NOT permitted:

- 3-ring binders
- Hardcover books
- Newspapers & magazines
- Plastic objects
- Metal objects
- Electronic media
- Toxic, dangerous or regulated materials

**PROSHRED**  
**SECURITY**  
DOCUMENT DESTRUCTION AT YOUR DOOR



*The  
Flower of  
the Month  
is the  
Daisy*



Daisies are associated with innocence. The gerbera daisy has large, colorful blooms, which has made it a favorite with flower lovers. Legend says that a nymph wanting to escape unwanted attention transformed herself into the daisy. The April birth flower has the flower meaning of implicit and modesty. An alternate birth flower for April is the sweet pea.



## ***Friendly Pet Reminder***

Please be courteous to your neighbors and do not allow your dog(s) to “relieve” themselves on buildings, shrubbery/mulch or lawn ornaments. Thank you for your cooperation.

## ***Items To/From Attic or Basement***

Just a reminder that we take items to/from your attic or basement every Tuesday. Please make sure you contact the office by 12 noon on Monday to be put on the schedule. If an emergency arises, we will try to accommodate a special request.

## ***Bulletin Boards with Information***

Please remember to take a look at the bulletin board that is in the Library or in the garden apartments (next to the elevators). These bulletin boards contain gentle reminders, upcoming events and important information.

## ***Garden Hoses***

If you are purchasing a new garden hose for the season, please make sure it has brass fittings. Brass fittings will not corrode as easily and will not cause a corrosion problem.

## ***Salt Bags***

Please place your salt bag out with your trash for collection.

## ***Handyman Services***

Scott is doing “handyman” small jobs (e.g., hanging blinds, mirrors, shelves) that are not considered a maintenance item. Contact the Office for more information.

## ***Books – Games – Puzzles – Oh My!!!!***

Have you noticed that the puzzles and games are sorted and organized in the club room and the game room? The puzzles in both rooms have been sorted by the number of pieces (300, 500, 1000) and the shelves have been labeled appropriately.

Any donation of books, puzzles, or games should be given to the office and we will make sure they are distributed accordingly.

Thank you in advance for your donation(s).

## ***Resident Information Updates***

If you have not submitted a 2023 Resident Information Update form to the office, please take the time to fill one out and drop it off. Extra forms are available at the office.

**It is very important that we have up-to-date information for all residents.** If we do not have current information, we have no way of contacting someone in the event of an emergency.

Additionally, if you have not provided us with a current copy of your Power of Attorney, please bring a copy to the office. If you do not have an extra copy, we will make a copy for you.

## ***Uninvited Visitors***

As the temperatures rise and rain falls, you may receive some unwelcome visitors inside your doors. When it rains profusely, worms leave the dirt to avoid drowning, and often try to find a temporary home under a doormat or something similar. This, plus a gap in the weather seal or the frequent passing through the door, allows them in your home.



To make your doormat less welcoming to our slimy companions, place some salt under your doormat! Not only will it dry it out some, but the increased salinity of the mat will keep the worms at bay. Just remember – due to their aeration and fertilization of the ground, we have worms to thank for all of the beautiful spring flowers!

## ***Realty Landscaping***

*Realty Landscaping will be performing a significant amount of the required landscaping work this year.*



**REALTY  
LANDSCAPING**

The work will include spring cleaning, weeding and edging of mulch beds, placement of new mulch, application of spring and fall lawn fertilizer and weed control, shrub pruning according to the season, tree trimming and fall leaf cleanup. Realty will also be cutting the grass. Our landscaping staff will focus on matters related to aesthetics such as flower planting, shrub replacement, decorating and other projects to enhance and maintain the beauty of our community.

Realty will begin their work on winter damage and leaf cleanup early Spring (weather permitting). Our staff will do its best to communicate the upcoming work activities to be completed by Realty in the information boxes mounted to the US Mailboxes.

Work orders relating to grounds must be made by contacting the office.

*SRC Administration and Realty Landscaping agree that any concerns or issues with work activities being performed by Realty should be reported directly to the office.*

## *Power Washing and Window Cleaning*

***At the discretion of the SRC staff, we will be handwashing front porch siding and/or railings.***

- SRC is aware of areas where mold, mildew, and heavy dirt build-up occurs on the siding, etc. We will continue to monitor these areas and will take care of them accordingly.
- If you are a 2nd floor Garden Apartment resident, or in specific homes in the L, M, N sections where the windows are difficult to reach, SRC will contact those residents to schedule a time for the window cleaning.
  - Window cleaning in these areas will begin in June.

- Power washing (porches, patios, and siding) and patio enclosure window cleaning are cleaning items and not maintenance items.
- Power washing will not clean everything off your siding and concrete. Stains and artillery spores (little black dots) will most likely not clean off.
- Power washing will not stop mildew from coming back later in the summer.
- If you live in a house that has a basement, we strongly suggest that you do not have your porch power washed. The high pressure water may find its way into the basement, causing damage.
- It doesn't happen often, but as a precaution, place a towel at your front door when you see that the contractor has arrived. Because of low profile entrance doors, the high power spray sometimes will leak in.
- *Call the Office by Friday, April 28* to be placed on the list for power washing and/or window cleaning.
- *Beginning in May*, power washing and window cleaning services will be performed for a fee by our subcontractor (Dan).
- Please be ready when they come by having all items removed from the porch area.
  - If you are physically unable to move your items, the contractor will move them for you. You may be charged a minimal fee if the number of items to be removed is above the norm.
- You will be invoiced directly from the Contractor.
  - Payment for services rendered should be paid directly to the Contractor at the address listed on the invoice.  
Do not bring payment to the SRC office.
- The fees for power washing will be as follows. Carpeted porches will get wet.
  - \$85 front porch including concrete
  - \$95 back patio
  - \$90 gable end of houses
  - \$75 garage side of houses
- The fees for patio enclosure window cleaning (inside and outside) will be as follows:
  - \$95 vinyl windows within the enclosure
  - \$100 glass windows within the enclosure





## ***ATTENTION, WALKERS!***

With the arrival of warmer weather, many residents are getting out and walking while enjoying the company of fellow neighbors. Please keep the following safety tips in mind as you enjoy a stroll through the community:

- ***Look before taking a step:*** Look both ways before crossing a road, driveway, or intersection.
- ***Walk on sidewalks and avoid walking on the road.*** The community is seeing a considerable increase in traffic with the addition of many new move ins, family members and friends visiting loved ones, sales appointments, and visitors attending events and classes.
- ***Visiting with neighbors:*** We love to see our residents stopping to visit with one another! Please be considerate of other drivers if you stop to speak to someone who is driving by. If you are the driver, please pull over to the side of the road and put your four-way flashers on. Better yet, pull into an un-numbered parking space to continue your conversation. Please do not block the flow of traffic.
- ***If you are walking early in the morning or late in the evening:***
  - Please keep in mind that many of our residents are early to bed while others are late to rise in the morning. Please be courteous and keep conversations low.
  - Consider wearing a safety vest so that you are visible to drivers. Others may have difficulty seeing you at these times of day.



## ***Let's Get Out and Walk!***

*There is more to walking than just taking steps.*

Walking has numerous physical and mental health advantages. You would be surprised how easy and far you can walk when you have someone to chat with along the way!

*Pick up a map from the office showing a variety of different length trails.*



## *County Refrigerator Card*

The Refrigerator Card provides emergency identification for senior citizens. It can be a life saver in the home.

The Refrigerator Card is a bright orange 5x8 card containing vital information about each person residing in the home. It resulted from a New Jersey Sheriff's Department discovery that many senior residents requiring emergency services did not have vital information readily available to rescue personnel. The solution became the Refrigerator Card.

One Refrigerator Card should be completed by each resident in the home. Personal information is included on the front of the card, including doctor information. The back of the card is a list of all current medications including dosage and frequency. The completed card should be kept on the refrigerator.

Every Police Department and Emergency Response Service in Montgomery County has been given a brief description of what the card provides, and they will ask for the card when they go into a residence on a call.

Any resident who does not have a Refrigerator Card or needs a new one may pick one up at the office or in the Salon area of the Community Center.



## *Sanatoga Swim Club*

Sanatoga Swim Club (managed by Coventry Christian School) will be open again this year. SRC and BRC residents are entitled to free membership at Sanatoga Swim Club. There is no need to complete an application for membership. Simply go to the pool and sign in with your name and address any time you want to swim!



*Some renovations are happening at Sanatoga Swim Club. There has been some work in the ladies' changing room, replacing some worn out sinks and other minor upgrades. The old dilapidated tennis courts have been removed and the field should be smoothed out and seed laid within the next week or so. We also took down several dead trees on the property.*

# Scam Warning:

## Deceptive “Final Demand for Payment” Letters

**Harrisburg, PA** — With the tax filing season underway, the Department of Revenue is encouraging Pennsylvanians to be on the lookout for scams that are designed to trick people into turning over sensitive data and personal information.

One recurring scam that has been reported to the department involves phony letters that are sent to taxpayers through the mail. The "Final Demand for Payment" letters threaten wage garnishment and the seizure of property or assets unless the recipient calls a phone number to satisfy a lien.

"We want Pennsylvanians to remember four simple words — don't take the bait. Take a moment to think over the situation and make sure that you're taking the proper steps to ensure that any notice you receive in the mail is legitimate," said Acting Revenue Secretary Pat Browne. "We have received many reports on this scam that involves fraudulent notices. This is a common time of the year for scam artists to impersonate a government agency to victimize hard-working Pennsylvanians."

### Understanding the Scam

The scam notices are sent through the mail from phony entities that closely resemble the name of a collection agency or a state taxing agency. Keep an eye out for dubious claims or suspicious details, such as:

- The phony letters come from "Tax Assessment Procedures Domestic Judgment Registry." No such entity exists.
- The letters do not include a return address. A notice from the Department of Revenue will always include an official Department of Revenue address as the return address.
- The recipient owes the "State of Pennsylvania" unpaid taxes, rather than the Commonwealth of Pennsylvania or Department of Revenue.
- The phony letters are very generic and do not include any specific information about the taxpayer's account. Legitimate letters from the Department of Revenue will include specifics, such as an account number and any liability owed, to give the taxpayer as much information as possible. Letters from the Department of Revenue also include more detailed contact information and multiple options to make contact with the department.
- The phony letters focus on public records, such as tax liens, that anyone can access. Enforcement letters from the Department of Revenue include more detailed information about the taxpayer's account and any liabilities that are owed.

### Tips to Avoid This Scam

The Department of Revenue is encouraging Pennsylvanians to keep the following tips in mind to safeguard against these types of scams:

- **Look Closely for Imposters:** Scam artists will pose as a government entity or an official business. If you are contacted through the mail, phone or email, do not provide personal information or money until you are absolutely sure you are speaking to a legitimate representative.
- **Examine the Notice:** Scam notices often use vague language to cast a wide net to lure in as many victims as possible. Examine the notice for identifying information that can be verified. Look for blatant factual errors and other inconsistencies. If the notice is unexpected and demands immediate action, take a moment, and verify its legitimacy.
- **Conduct Research Online:** Use the information in a potentially fraudulent notice, such as a name, address or telephone number, to conduct a search online. You may find information that will confirm the notice is a scam.

### Steps to Follow if You are Concerned About a Notice

If you are concerned about a potentially fraudulent notice, visit the department's [Verifying contact by the Department of Revenue](#) webpage for verified contact information. This will help you ensure that you are speaking with a legitimate representative of the department.

### Steps to Follow if You are a Victim of a Scam

The Department of Revenue's Bureau of Fraud Detection & Analysis is dedicated to protecting and defending Pennsylvania taxpayers and their tax dollars against fraud. The bureau is a one-stop resource for all identity theft and tax fraud issues in the commonwealth. If you believe you are a victim of tax fraud or tax-related identity theft, contact the Bureau of Fraud Detection & Analysis by emailing [Ra-rvpadorfraud@pa.gov](mailto:Ra-rvpadorfraud@pa.gov) or calling 717-772-9297. The bureau's phone line is open from 9 a.m. to 4:45 p.m., Monday through Friday.

For more information on ways to protect yourself, visit Revenue's Identity Theft Victim Assistance webpage. You can also find further information about protecting yourself online at [PA.gov/Cybersecurity](http://PA.gov/Cybersecurity).

## *Happy Birthday!*

- 6 - Carol  
Carol
- 7 - Frieda
- 8 - Ronald  
Cheryl
- 9 - Sharon
- 10 - Gwenn  
Katie
- 11 - John  
Rich
- 12 - Kay
- 15 - Vicki  
Elsie
- 16 - Ronald  
Anna
- 20 - Thomas 22  
Linda
- 24 - Judy
- 25 - Mary
- 30 - Jean



## *Happy Anniversary!*

- 5 - John & Lucy
- 22 - Allen & Sarah

*The Flower  
of the  
Month is the  
Daisy*



*Our thoughts and prayers are with  
the family at this difficult time.*

Lois  
Resident since October 2002



## **GRATITUDE CORNER ... Quotes from Residents**

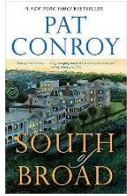
*Do you have something you are especially grateful for?  
Gratitude is contagious - Let us know!*

- I am so thankful for a mild winter without a lot of snow or cold.
- My neighbors keep an eye out for me – I am very blessed.



## ***Resident Committee Meeting***

**Monday, April 3 at 9:30 AM in the SRC Auditorium.**



April 3

## ***Book Club***

***1<sup>st</sup> Monday at 2 PM***

- April 3 “South of Broad” by Pat Conroy
- May 1 “The Woman They Could Not Silence” by Kate Moore

*Contact Jeanette for more information.*

## ***“What’s It Worth?” Antiques Roadshow***

***Thursday, April 6 at 6 PM***

Much like the popular TV show, Antiques Roadshow, Mike Ivankovich, host of WBCB 1490s “What’s It Worth? Ask Mike the Appraiser” will evaluate and educate us about unusual treasures. Attend the presentation and enjoy his evaluations and appraisals, or bring an item to be appraised. Feel free to attend this interesting evening even if you don’t have an item to be appraised.

A total of 30 appraisal slots are reserved for SRC and BRC residents; if you plan to have an item appraised, be sure to RSVP. Residents bringing an item to be appraised will be directed to stop at the Office to fill out an information sheet about the item. This event is open the public and expected to be well-attended. **RSVP by Wednesday, April 5.** (Attend to hear about interesting items! Lots of audience spots left! You do not need to bring an item! Several Appraisal spots left!)

## ***SRC Mixer***

***Friday, April 7 at 6 PM***

Enjoy country music. Bring yours to share if you wish. Meet your neighbors and get to know them. Discuss opportunities to get out and about locally. Plan outings together now that it is Spring! Contact Diane for more information.

## ***Caring For the Caregiver***

***Wednesday, April 12 at 6 PM***

Do you or someone you know care for an aging spouse or family member? Learn ways to keep yourself less stressed, more calm, and to practice self-care, so that you can continue to care for others. Learn about new resources which are available to help you. Presented by Beth Biehl of Aging Resources Alliance. Open to the public. **RSVP by Tuesday, April 11.**



## ***Lunch Bunch***

**Main Street Pub in Bally, PA**

***Friday, April 14 at 11:30 AM***

*If you are paying by cash at the restaurant, please bring smaller bills/change.*

The SRC Bus will be available for \$3 per person (for the driver) due at sign-up.

The bus and carpool will leave Berean Bible Church Parking lot at 11 AM.

**Seating is Limited to 25 - RSVP by Tuesday, April 11.**

## ***American Red Cross Blood Drive***

***Monday, April 17 at 2 PM – 7 PM***

Join us for a good cause! Donors of all blood types are needed! Register online at [www.RedCrossBlood.org](http://www.RedCrossBlood.org), or call the office and leave a voicemail for Lara Graham and she will register you online. Confirmation of your blood donor appointment time will be put in your mail slot. Thank you to all who have given in the past. Open to the public.



**American  
Red Cross**

Blood  
Services



***Field Trip to TRAAC***  
***Tuesday, April 18 at 10:30 AM***

Are you aware Pottstown has an amazing senior center only a few miles away? Join us on a field trip to visit TRAAC! We will tour the facility, observe some exercise classes, and visit the dining room where delicious lunches are available daily for \$2. Find out about all that TRAAC has to offer.

Activities include, (among many others): crafts, live music, bible study, lunch bunch, history club, singing, technology training, and drum class.

Games available include: pinochle, bingo, dominos, darts, billiards, shuffleboard, mahjong, Texas Hold'em, canasta, and shuffleboard.

Fitness classes include: Zumba, Sit & Get Fit, Yoga, Track Walking, Silver Sneakers, Weight Watchers, Strength & Balance, Chair Dancing, Strength & Tone, Line Dancing, Core & Balance, PiYo (Pilates & Yoga), and chair volleyball!

Education classes and assistance is available for seniors, such as: diabetes support, Alzheimer's education, money management, dementia education, lifestyle coaching, diet and nutrition, AARP Smart Driving class, Veterans' benefits, and free tax preparation. (Tax appointments are full for 2023).

Also available are lots of exciting trips which you may attend...as close by as Collegeville and as far away as Iceland!

Bring a little cash, as the Muffin Lady will have fresh muffins for \$1 and the Soup Lady will have quarts of soup to purchase for \$5. **RSVP by Monday, April 17.**

## ***Downsizing Your Home***

***Thursday, April 20 at 6 PM***

Do you have friends looking to move soon? Let them know about this presentation by Jules Bechthold of Weichert Realtors (new office across the street from SRC). Learn what to keep, what to sell, what to donate, and what to discard. Open to the public. **RSVP by Wednesday, April 19.**

## ***Stretch Into Spring*** ***Friday, April 21 at 11 AM***

Join us for a free stretching clinic hosted by Jenna Senholzi of the new Pottstown location of Phoenix Physical Therapy! Research shows stretching has many benefits, such as improving your ability to do daily activities, enabling your muscles to work most effectively, increasing blood muscle flow, improving posture, decreasing your risk of injuries and falls, and alleviating tension throughout the body. Wear comfortable clothes and get ready to stretch! Open to the public. **RSVP by Thursday, April 20.**



## ***Drive-Through No-Contact Free Shredding Event*** ***Saturday, April 22 at 9–11 AM at Buchert Ridge*** *See first page for permitted items for shredding*

Back by popular demand, the Pro-Shred shredding truck will be onsite at BRC so you can dispose of your paper clutter and old tax documents safely. **Please note this year's event is only 2 hours (from 9 AM - 11 AM)**, so grab your coffee and head down the street to Buchert Ridge and empty your life of paper clutter! Address for GPS: 2011 Buchert Road, Pottstown, PA 19464. Open to the public.

## ***Elder Law Presentation:*** ***Your Will, Power of Attorney, & Health Care Proxy*** ***Tuesday, April 25 at 6 PM***

Do you know the difference between these three documents, when they are needed, and who should have them? Rebecca Hobbs, Esquire, of O'Donnell, Weiss & Mattei, P.C., answers these important questions, as well as any of your own. Rebecca has presented for us before many times and explains these documents in clear and easy to understand terms. Open to the public. **RSVP by Monday, April 24.**

## ***Spring-Ford Music*** ***Friday, April 28 at 11 AM***

Miss Ashley Balsch is the 7<sup>th</sup> and 8<sup>th</sup> grade orchestra director for Spring-Ford Music. She will be bringing her students from the Honors Choir and the Chamber Strings to entertain us that morning in the Auditorium.

## ***BINGO!*** ***Friday, April 28 at 1 PM***

Join us for everyone's favorite game! Grab a few friends and come play! Hosted by Susan Knoble & Keith Hildebrand of Home Instead, which provides a variety of in-home personal care services. Services include personal care (help with bathing, dressing, mobility), companionship, meal prep, light housekeeping, transportation to appointments, and hospice support. Help is also available for those with a chronic condition, such as Alzheimer's, Parkinson's, diabetes, cancer, depression, and heart disease. Seating is limited to 40 participants. **RSVP by Thursday, April 27.**



## ***WISE (Wellness Initiative for Senior Education)***

***Monday, May 1 at 1 to 3 PM (6 Mondays)***

Brought to you by our favorite instructors of Montgomery County Office of Senior Services, the WISE Program is a wellness and prevention program targeting older adults, designed to help them celebrate healthy aging, make healthy lifestyle choices and avoid substance abuse. It provides valuable educational services on topics including medication misuse and management, stress management, depression, and substance abuse. Created by NJPN and implemented locally by prevention agencies across the country, WISE promotes health through education concerning high-risk behaviors in older adults. Participants are educated through interactive exercises that include small group discussion and projects, and given tools and resources to take home. Class meets Mondays, May 1 - June 12 from 1-3 PM. No class on Memorial Day (Monday, May 29). **RSVP by Friday, April 28.** Class limited to 18.

## ***The Brain Series Part 2: Understanding the Different Stages of Alzheimer's & Dementia***

***NEW DATE - Friday, May 5 at 1 PM***

Even if you missed Part 1: An Overview of Dementia, join us for this fascinating presentation by Jessica Speroff of Senior Helpers. Using the Senior Gems Quick Reference Guide developed by Teepa Snow and Senior Helpers, Jessica discusses the 6 different stages of Alzheimer's and dementia and the defining characteristics of each stage. Understanding these characteristics will set the stage for Jessica's next presentation on Friday, June 2, Supporting Someone with Dementia: Techniques and Strategies. Open to the public. **RSVP by Thursday, May 4.**

## ***Exercise Class: Tai Chi for Arthritis***

***Tuesday, May 9 at 1 PM***

Back by popular demand from the Montgomery County Office of Senior Services, this class was a big favorite in 2022! Class runs 8 Tuesdays for 1 hour (May 9 - June 27). We have 7 people who did not fit into last summer's class on the waiting list, which leaves 11 open spots for this class! **RSVP by Monday, April 24.** *Tai Chi will also be offered again in the fall.*

## ***UPCOMING PUBLIC EVENTS***

***Watch Ridge Reporters for More Information***

May 4, 18	Circle of Support @ BRC McMenamin Rec Center
May 9	Pottstown Farmers Market Information Session
May 16	Outsmart the Scammers
May 20	Women, Widows, and Widowers Financial Workshop
June 1 & 15	Circle of Support at BRC McMenamin Rec Center
June 2	Supporting Someone with Dementia
June 8	Brown Bag History: The Revolutionary War/The Conflict Ignites: Lexington & Concord
June 15	Girls' Night Out
June 19 & 20	AARP Smart Driver Class
June 23	BINGO



## ***Walk With Us!***

***Tuesdays & Wednesdays at 1 PM at the Flagpole***

Meet us on Tuesdays and Wednesdays to walk for an hour. Knowing that your friends and neighbors are waiting for you will help hold you accountable walking each week. Busy schedule? You do not have to commit to both days! Join us when you can! On rainy days, we will gather in the Auditorium and split into smaller groups to walk the halls of Community Center. Mark your calendar for Tuesdays and Wednesdays at 1 PM!

### **TRAILBLAZERS**

**Walking  
is  
More  
Than Steps!**

## ***Pickleball Season: Ready! Set! Go!***

***Wednesdays & Fridays***

Pickleball will be starting its 2<sup>nd</sup> exciting season in April (Wednesdays at 5:30 PM and Fridays at 9 AM). The courts are located behind the swimming pool at Sanatoga Swim Club. If you don't play, just come and watch. Any questions or concerns, contact Ernie.



## ***Water Aerobics at Sanatoga Swim Club***

Watch the May Ridge Reporter for more information.

## ***SRC Resident Picnic***

More details in upcoming Ridge Reporters. Contact Kitty or Adrienne if you would like to be on the committee or be a volunteer.



## ***Canasta***

Interested in playing Canasta? Call Adrienne. If you are interested, but do not know how to play, we can teach you! We could enjoy and afternoon playing cards once a week.



# Keeping Busy

Page 14

## ***Words on Wheels***

### ***Book Mobile***

2<sup>nd</sup> Monday at 10 AM

## ***Book Club***

1<sup>st</sup> Monday at 2 PM

Dining Room

## ***SRC Mixers***

1<sup>st</sup> Friday at 6 PM

Club Room

## ***Dominoes***

Mondays at 6 PM

Club Room

## ***Bible Study***

2<sup>nd</sup> Monday at 2 PM

Dining Room

## ***Circle of Support***

1<sup>st</sup> & 3<sup>rd</sup> Thursdays at 11 AM

BRC McMenamin Rec Center

## ***Pickleball***

Wednesdays at 5:30 PM

Fridays at 9 AM

Sanatoga Swim Club

## ***Walk with Us***

Tuesdays & Wednesdays at 1 PM

Community Center Flagpole

## ***Yoga***

Chair – Tuesdays at 3:30 PM

Floor – Wednesdays at 9:30 AM

Auditorium



## ***SRC Singers***

Thursdays at 3:30 PM

Auditorium

## ***Hooks and Needles***

1<sup>st</sup> Tuesday at 2 PM

Game Room



## ***Vietnam Veterans***

1<sup>st</sup> Tuesday at 7 PM - Dining Room

## ***Wii Bowling***

3<sup>rd</sup> Wednesday at 2 PM - Club Room



## ***American Legion***

4<sup>th</sup> Thursday at 7 PM - Dining Room

## ***Coffee Hour (and Tea too!)***

Thursdays at 9:30 AM – Dining Room



## ***Pinochle***

Thursdays at 2 PM – Dining Room

Submitted by Janice

## *Nancy and Ernie*

Nancy was born in Topton, which she says was a great little town to live in. She attended Topton Elementary School and then Brandywine Heights High School. Her favorite subject was art and least favorite was English.

Ernie was born in Allentown and later moved to Oreville. For 6 years he attended a one room school and then went on to Brandywine Heights High School. His favorite subject was Phys-ed, least favorite was English.

Nancy and Ernie went to the same high school. Later they met each other at a dance in Kutztown, where they started dating and got married. Then moved to East Coventry where they lived 51 years, and raised 2 sons, and they also have 3 grandsons.

Nancy worked in sewing factories, Re/Max real estate, Intelligent Electronics, and Springford School District during her years of employment.

Ernie worked at Caloric Corp., Firestone, Norco Foundry, and Spring City Electrical and also part time for the Eastern League, at the Reading Phillies as the official scorer.

Nancy enjoys volunteering, cooking, and baking. She took her baked goods to local fairs and won several prizes including The Hershey Classic Chocolate Cake which earned her an entry at the Pennsylvania Farm Show.

Ernie enjoys pickleball, Southern Gospel and country music. Ernie wasn't thrilled about moving to SRC until Jon Kline agreed to have pickleball here; Ernie was pleased with the first season of pickleball. He would like to thank everyone who participated, both players and fans. It was great to see how the players improved. He thinks Link Davis was the only one that had played before. He would like to thank him for all his help in making pickleball players out of our SRC friends.

If they could go back in time to change anything, Nancy says "Nothing"; Ernie says he would have studied harder.

## LEGEND FOR AMOUNT OF WALKING

Little  
Walking

Plenty of  
Walking

- Sign up with the Office
- RSVP by deadline
- Limited seating
- At least 10 participants needed for SRC Bus trip
- **Payment is due at time of sign up and is by Check Only (Payable to SRC)**

### **Monday – April 17 – September Farm, Smucker's Gourd Farm**

Learn to make cheese at September Farm. Shop for a gourd at Smucker's Gourd Farm.  
Lunch at your own expense at Wimpy & Dee's Classic Diner.

**RSVP to the Office by Thursday, April 13.**

LEAVE BEREAN PARKING LOT: 10 AM

Cost: \$8.00



## New Hanover AARP Trips

Checks Payable to:  
**"New Hanover AARP"**

Details posted on the Library Bulletin Board.  
**RSVP to Carol Griffith (484-624-8314)**

### **Thursday, April 20 – Sight & Sound Theatre** "Moses"

Set adrift as a baby and now wandering the wilderness, Moses is ...

**RSVP to Carol Griffith**

### **Tuesday – May 30 – Totem Pole Playhouse** "Honky Tonk Angels"

Start the day off nicely with an included family style lunch at ...

**RSVP to Carol Griffith by Friday, March 31**

LEAVE BEREAN BIBLE CHURCH: 8:30 AM

Cost: \$129.00

### **Thursday – June 22 – Bube's Brewery** "Murder Mystery Show"

This is the type of Victorian home that you would expect a murder mystery to take place ...

**RSVP to Carol Griffith by Monday, May 1**

LEAVE BEREAN BIBLE CHURCH: 11:15 AM

Cost: \$127.00

**Save the date:**

Thursday, July 20 – River Queen - "Sightseeing Cruise"