

**April 2024**



SANATOGA RIDGE  
COMMUNITY

# RIDGE REPORTER

## ***Borough of Pottstown – Water Authority***

Within the next 2 weeks, the Pottstown Water Authority will be changing out the water meter for the community. You may have a disruption in water service. If your water appears brown or rust colored, run the cold water for a few minutes until it is clear.

*We will communicate the date as soon as we get it from the Borough of Pottstown.*

### ***Shredding Event at BRC***

***Saturday, April 6 at 9–11 AM at Buchert Ridge***

Have you found yourself reorganizing, decluttering, and wanting to get rid of personal information? BRC will be hosting a shred event from 9 AM to 11 AM.

Only approved paper-based materials and small fasteners (e.g., paper clips and staples) are permitted. The below are NOT permitted:

- 3-ring binders
- Hardcover books
- Newspapers & magazines
- Plastic objects
- Metal objects
- Electronic media
- Toxic, dangerous or regulated materials

**PROSHRED**  
**SECURITY**  
DOCUMENT DESTRUCTION AT YOUR DOOR



***The  
Flower of  
the Month  
is the  
Daisy***



Daisies are associated with innocence. The gerbera daisy has large, colorful blooms, which has made it a favorite with flower lovers. Legend says that a nymph wanting to escape unwanted attention transformed herself into the daisy. The April birth flower has the flower meaning of simplicity and modesty. An alternate birth flower for April is the sweet pea.

## ***Guests***

It has been reported to our office some residents in our community may have an “unregistered guest” living in the home. See the policy information listed below. **For the safety of our residents, any resident having an extended guest staying with them must contact the office.**

*Our policy states: Guests are permitted to visit and must abide by SRC management rules. Overnight guests are limited to 14 consecutive days, unless approved by the SRC Management as an "Extended Stay Guest". The monthly fee for a 2nd person will apply and an "Extended Stay Guest Agreement" must be signed with SRC administration, if approved.*

*Recurring overnight guests will be treated as “Extended Stay Guests” and will subject the resident to additional occupant fees as applicable. Failure to register “Extended Stay Guests” or abuse of this policy may result in the resident losing Guest privileges.*



## ***Friendly Pet Reminder***

Please be courteous to your neighbors and do not allow your dog(s) to “relieve” themselves on buildings, shrubbery/mulch or lawn ornaments. Thank you for your cooperation.

## ***Items To/From Attic or Basement***

Just a reminder that we take items to/from your attic or basement every Tuesday. Please make sure you contact the office by 12 noon on Monday to be put on the schedule. If an emergency arises, we will try to accommodate a special request.

## ***Books – Games – Puzzles – Oh My!!!!***

We have puzzles and games in the club room, salon/library and the game room. The puzzles in vary by the number of pieces (300, 500, 1000).

Any donation of books, puzzles, or games should be given to the office and we will make sure they are distributed accordingly.

Thank you in advance for your donation(s).



## ***Stranger . . . Danger!***

Remember what you told your kids . . . Stranger . . . Danger! Never approach or speak to someone you do not know. The office has received several calls from residents stating they approached a stranger in the community.

For your safety, ***PLEASE CALL THE POLICE IMMEDIATELY!*** We are “no trespassing” communities. Let the police figure out if the person is permitted in the communities (e.g., visiting a resident, legitimate food/package delivery, transport service). If the person should not be in the community, the police have the capability to escort them from the property. Unfortunately, in today’s world, you have to be careful and cannot trust everyone you meet.

## ***Bulletin Boards with Information***

Please remember to take a look at the bulletin board that is in the Library or in the garden apartments (next to the elevators). These bulletin boards contain gentle reminders, upcoming events and important information.

### ***Salt Bags***

Please place your salt bag out with your trash for collection.

## ***Feeding Wildlife***



Who doesn’t love Mickey Mouse or Alvin and the Chipmunks! Great animated animals; however, real life animals are a different story. To avoid attracting various rodents, please do not leave bread or any other food items outside.

## ***Garden Hoses***

If you are purchasing a new garden hose for the season, please make sure it has **brass fittings**. Brass fittings will not corrode as easily and will not cause a corrosion problem.

## ***Uninvited Visitors***

As the temperatures rise and rain falls, you may receive some unwelcome visitors inside your doors. When it rains profusely, worms leave the dirt to avoid drowning, and often try to find a temporary home under a doormat or something similar. This, plus a gap in the weather seal or the frequent passing through the door, allows them in your home.



To make your doormat less welcoming to our slimy companions, place some salt under your doormat! Not only will it dry it out some, but the increased salinity of the mat will keep the worms at bay. Just remember – due to their aeration and fertilization of the ground, we have worms to thank for all of the beautiful spring flowers!

## ***Landscape Upkeep***

As a community matures, so does the landscaping. This year we will be removing/trimming/thinning overgrown shrubs, bushes, and trees. Many of the items need to be addressed due to utility companies and Township requirements. We have found fire hydrants, sewer cleanouts, and utility pipes buried under mulch or in the middle of a bush/shrub.

## ***Realty Landscaping***

*Realty Landscaping will be performing a significant amount of the required landscaping work this year.*



**REALTY  
LANDSCAPING**

The work will include spring cleaning, weeding and edging of mulch beds, placement of new mulch, application of spring and fall lawn fertilizer and weed control, shrub pruning according to the season, tree trimming and fall leaf cleanup. Realty will also be cutting the grass. Our landscaping staff will focus on matters related to aesthetics such as flower planting, shrub replacement, decorating and other projects to enhance and maintain the beauty of our community.

Realty will begin their work on winter damage and leaf cleanup in early Spring (weather permitting). Our staff will do its best to communicate the upcoming work activities to be completed by Realty in the information boxes mounted to the US Mailboxes.

Work orders relating to grounds must be made by contacting the office.

***SRC Administration and Realty Landscaping agree that any concerns or issues with work activities being performed by Realty should be reported directly to the office.***

## *Power Washing and Window Cleaning*

***At the discretion of the SRC staff, we will be handwashing front porch siding and/or railings.***

- SRC is aware of areas where mold, mildew, and heavy dirt build-up occurs on the siding, etc. We will continue to monitor these areas and will take care of them accordingly.
- If you are a 2nd floor Garden Apartment resident, or in specific homes in the L, M, N sections where the windows are difficult to reach, SRC will contact those residents to schedule a time for the window cleaning.
  - Window cleaning in these areas will begin in June.

- Power washing (porches, patios, and siding) and patio enclosure window cleaning are cleaning items and not maintenance items.
- Power washing will not clean everything off your siding and concrete. Stains and artillery spores (little black dots) will most likely not clean off.
- Power washing will not stop mildew from coming back later in the summer.
- If you live in a house that has a basement, we strongly suggest that you do not have your porch power washed. The high pressure water may find its way into the basement, causing damage.
- It doesn't happen often, but as a precaution, place a towel at your front door when you see that the contractor has arrived. Because of low profile entrance doors, the high power spray sometimes will cause the water to leak under the door and into your home.
- ***Call Dan Kriebel directly by Friday, April 26*** to be placed on the list for power washing and/or window cleaning.
- ***Beginning in May***, Dan will perform power washing and window cleaning services for a fee (*see below*).
- Please prepare for cleaning by having all items removed from the porch area.
  - If you are physically unable to move your items, the contractor will move them for you. You may be charged a minimal fee if the number of items to be removed is above the norm.
- You will be invoiced directly from the Contractor.
  - Payment for services rendered should be paid directly to the Contractor at the address listed on the invoice.  
Do not bring payment to the SRC office.
- The fees for power washing will be as follows. Carpeted porches will get wet.
  - \$90 front porch including concrete
  - \$100 back patio
  - \$95 gable end of houses
  - \$80 garage side of houses
- The fees for patio enclosure window cleaning (inside and outside) will be as follows:
  - \$100 vinyl windows within the enclosure
  - \$105 glass windows within the enclosure



## ***ATTENTION, WALKERS!***

With the arrival of warmer weather, many residents are getting out and walking while enjoying the company of fellow neighbors. Please keep the following safety tips in mind as you enjoy a stroll through the community:

- ***Look before taking a step:*** Look both ways before crossing a road, driveway, or intersection.
- ***Walk on sidewalks and avoid walking on the road.*** The community is seeing a considerable increase in traffic with the addition of many new move ins, family members and friends visiting loved ones, sales appointments, and visitors attending events and classes.
- ***Visiting with neighbors:*** We love to see our residents stopping to visit with one another! Please be considerate of other drivers if you stop to speak to someone who is driving by. If you are the driver, please pull over to the side of the road and put your four-way flashers on. Better yet, pull into an un-numbered parking space to continue your conversation. Please do not block the flow of traffic.
- ***If you are walking early in the morning or late in the evening:***
  - Please keep in mind that many of our residents are early to bed while others are late to rise in the morning. Please be courteous and keep conversations low.
  - Consider wearing a safety vest so that you are visible to drivers. Others may have difficulty seeing you at these times of day.



### **TRAILBLAZERS**

***Walking***

***is***

***More***

***Than Steps!***



### ***Let's Get Out and Walk!***

*There is more to walking than just taking steps.*

Walking has numerous physical and mental health advantages. You would be surprised how easy and far you can walk when you have someone to chat with along the way!

*Pick up a map from the office showing a variety of different length trails.*



## ***County Refrigerator Card***

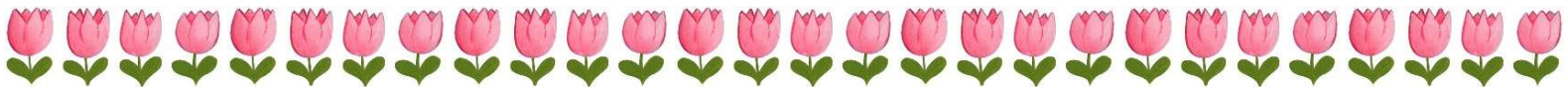
The Refrigerator Card provides emergency identification for senior citizens. It can be a life saver in the home.

The Refrigerator Card is a bright orange 5x8 card containing vital information about each person residing in the home. It resulted from a New Jersey Sheriff's Department discovery that many senior residents requiring emergency services did not have vital information readily available to rescue personnel. The solution became the Refrigerator Card.

One Refrigerator Card should be completed by each resident in the home. Personal information is included on the front of the card, including doctor information. The back of the card is a list of all current medications including dosage and frequency. The completed card should be kept on the refrigerator.

Every Police Department and Emergency Response Service in Montgomery County has been given a brief description of what the card provides, and they will ask for the card when they go into a residence on a call.

Any resident who does not have a Refrigerator Card or needs a new one may pick one up at the office or in the Salon area of the Community Center.



## ***Sanatoga Swim Club***

Sanatoga Swim Club (managed by Coventry Christian School) will be open again this year. SRC and BRC residents are entitled to free membership at Sanatoga Swim Club. There is no need to complete an application for membership. Simply go to the pool and sign in with your name and address any time you want to swim!



## *Happy Birthday!*

- 6 - Carol
- 7 - Frieda
- 8 - Ronald  
Cheryl
- 9 - Sharon
- 10 - Gwen  
Katie
- 11 - John  
Rich
- 12 - Kay
- 15 - Vicki  
Elsie
- 16 - Ronald  
Anna
- 22 - Linda
- 24 - Judy
- 25 - Mary
- 30 - Jean



## *Happy Anniversary!*

- 5 - John & Lucy
- 22 - Allen & Sarah

*The Flower  
of the  
Month is the  
Daisy*

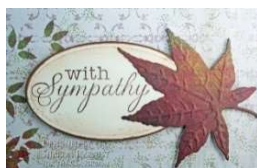


## *Welcome To The Neighborhood!*

We'd like to extend a warm welcome to our newest residents!  
Please stop by and introduce yourself.

**Carol Ann D.**  
from Pottstown, PA

**John & Emma R.**  
from Limerick, PA



*Our thoughts and prayers are with  
the families at this difficult time.*

**Barbara B.**  
Resident since May 2012

**Carol F.**  
Resident since March 2012



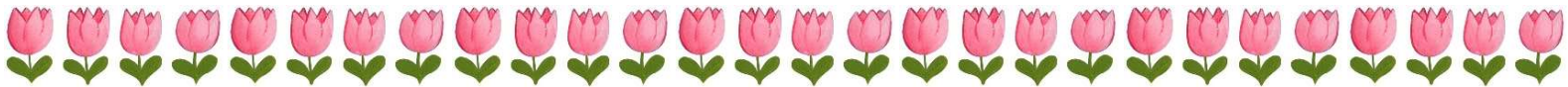


In 2015, after 40 years of serving older adults, the decision was made to change the name of the Pottstown Area Senior's Center. No longer serving just "seniors" and seeking to more accurately describe the area served by the center, the name was changed to the TriCounty Active Adult Center.

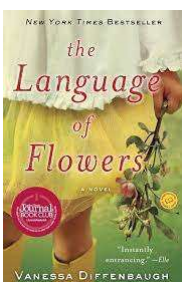
Today, the TriCounty Active Adult Center is a modern facility offering a daily hot lunch and nearly 100 social, recreational, educational, and exercise programs each week. A professional staff is always available to answer questions, assist with forms, and provide guidance.

The SRC marketing department is often approached by outside organizations asking to do a presentation. We are finding many of the topics are also discussed at TRAAC. In an attempt to avoid duplicate presentations/seminars between TRAAC and SRC/BRC, SRC's marketing efforts will be placed in more fun, light-hearted educational sessions.

Please visit TRAAC's website at <https://tricountyaac.org/> for more information on their services, events, and activities.



***Resident Committee Meeting***  
***Monday, April 1 at 9:30 AM in the SRC Auditorium.***



April 1

- Book Club***  
***Monday, April 1 at 2 PM***
- April 1 "The Language of Flowers" by Vanessa Diffenbaugh
  - May 6 "Dear Edward" by Ann Napolitano
  - June 3 "The Noel Letters" by Richard Paul Evans

*Contact Jeanette for more information.*



## *PA Natural Symbols presented by Jared Brandt with French Creek State Park*

*Tuesday, April 2 at 10:30 AM*

Do you know the symbols of Pennsylvania? State bird? State Fish? Whether you do or do not, come join us on a mini scavenger hunt to see if you can identify the symbols that make up the keystone state. **Open to the Public. RSVP by Friday, March 29.** Meets in the Dining Room.

## *Brown Bag ART History: “Know Thyself” and “Born Again”*

*Wednesday, April 3 at 12 Noon*

Led by Pottstown Art Historian Martin Bradfield. The 8th lecture is a two-part offering. The first features the great Dutch artist, Rembrandt. Although he left no written auto- biography, we feel that we know Rembrandt intimately because of the self portraits he left us. Self-portraits that are profound insights into the human character and existence. It is not surprising that Rembrandt is often considered the “Shakespeare” of painters. This first part examines some of his most famous self portraits and tells the biography and unflinching honesty that runs throughout his work.

The second part of the lecture deals with the eccentric Spanish “Mannerist” painter, El Greco....(he was from Greece, yet lived in Spain, and called himself, “the Greek”). His “Burial of Count Orgaz” is a technically amazing and robust work with astonishing imagery and symbolism and comes with a “killer” punchline.

**Bring your lunch and beverage. Open to the Public. RSVP by Tuesday, April 2.** Meets in the Dining Room.

## *Pickleball Season: Ready! Set! Go!*

*Wednesdays (at 5:30 PM) & Fridays (at 9 AM) Beginning  
April 3 at 5:30 PM*

Pickleball will be starting its 2024 exciting season in April (Wednesdays at 5:30 PM and Fridays at 9 AM). The courts are located behind the swimming pool at Sanatoga Swim Club. Everyone is welcome. If you never played, we would teach you. If you don't want to play, you can bring a lawn chair (we do have limited seating) and watch the games. It's not just a game, it's a pathway to better health and quality of life. Any questions or concerns, contact Ernie. I know I speak for the whole SRC Pickleball Group when I say, “*We will miss our friend and fellow pickleball player, Barb B.*” ~Ernie



## ***Shredding Event at BRC*** ***Saturday, April 6 at 9–11 AM at Buchert Ridge***

Have you found yourself reorganizing, decluttering, and wanting to get rid of personal information? BRC will be hosting a shred event from 9 AM to 11 AM. Only approved paper-based materials and small fasteners (e.g., paper clips and staples) are permitted. The below are NOT permitted:

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## ***Total Solar Eclipse*** ***Monday, April 8 beginning at 2 PM***

The surreal midday darkness of a total solar eclipse will pass over the United States on April 8, 2024.

In general, the eclipse will begin around 2 PM as the moon's orbit begins to travel in between the sun and Earth, appearing as a dark shadow biting into the bright sphere of the sun. Within the path of totality, the total eclipse phase will last from approximately 3 PM to 3:45 PM in Pennsylvania. There will not be another one for about two decades.

***Be sure to wear protective eye gear when viewing the eclipse.***

## ***Supermarket BINGO! with Amity Place*** ***Wednesday, April 10 at 10:30 AM***

Donna Uncapher from Amity Place will bring Supermarket BINGO to you every 2<sup>nd</sup> Wednesday of the month! We have extra bingo cards, so you can play several cards at once! Play a few games and try your luck while meeting new friends!  
**SEATING IS LIMITED – RSVP by Tuesday, April 9.**  
Meets in the Dining Room.





## ***Needlecrafters!***

***Wednesday, April 10 at 3 PM***

If you knit, crochet, cross-stitch, embroider or quilt, why not come to our first meeting of the ***Needlecrafters*** on Wednesday, April 10 at 3 PM in the Game Room. Learn a new craft or just socialize with fellow crafters – everyone is welcome!

*Any questions call Nancy D. or Marie G.*

## ***Brown Bag History:***

***“Tragic Month of April 1865”***

***Thursday, April 11 at 12 Noon***

Four days after Robert E. Lee’s surrender, the nation was rocked by the assassination of President Lincoln. In the following weeks, the pursuit and capture of John Wilkes Booth and his co-conspirators dominated the headlines. Lost in the glare of those epochal events were the tragic sinking of two rivercraft – Sultana and Black Diamond – with a death toll never before seen in U.S. maritime history.

Join Local historical reenactor, lecturer and tour guide, Michael Jesberger for this lecture which will expose these mostly forgotten disasters. **Bring your lunch and beverage. Open to the Public. RSVP by Wednesday, April 10.** Meets in the Dining Room.



## ***Lunch Bunch***

***Copperfield Inn at Lakeside***

*(594 W. Ridge Pike, Limerick)*

***Friday, April 12 at 12:45 PM***

*If you are paying by cash at the restaurant, please bring smaller bills/change.*

The SRC Bus will be available for \$3 per person (for the driver) due at sign-up. The bus and carpool will leave Berean Bible Church Parking lot at 12:30 PM.

**RSVP by Wednesday, April 10.**

## ***The Bingo Addicts***

***Saturday, April 13 and April 27 at 10 AM***

On the 2<sup>nd</sup> and 4<sup>th</sup> Saturdays at 10 AM, the Bingo Addicts will be getting together to play some BINGO! Bring a small item to use as a donation for a prize (e.g., grocery, décor, anything small that is new or nearly new and in good condition). The Bingo Addicts will play 10 games. Bring a friend! Meets in the Dining Room.





***Open House at SRC  
Apartment Building "J"  
Saturday, April 13 at 9 AM to 12 Noon***

## ***Bluebird Program Monday, April 15 at 1 PM***



Join us for a free bluebird talk with Katie de Haan of the PA Bluebird Society of Pennsylvania! Are you interested in learning more about the beautiful bluebird and how to attract them to your backyard? This informative session will include the following topics:

- The fascinating life history of the bluebird
- Tips on how to create a bluebird-friendly habitat in your yard.
- Nest box construction and placement
- How to attract bluebirds and deter their competitors

**Open to the public. RSVP by Friday, April 12.** Meets in the Dining Room.



## ***Talking with Your Doctor Monday, April 22 at 10 AM***

Brought to you by Montgomery County Department of Health and Human Services. During the presentation, you'll learn how to: Get ready for a doctor's visit, have a successful conversation about your health concerns, make decisions together with your doctor, and much more! **Open to the public. RSVP by Thursday, April 18.**

## ***Entertainer – Al Grout April at 4 PM***

Al Grout is performing in the SRC Auditorium in April at 4 PM. Al is a sensational entertainer performing in over 200 shows a year in Northampton, Lehigh, Berks Counties (PA), Warren County (NJ) and many more. When you are not laughing, you will be "ooh-ing" and "aah-ing" at Al's amazing magic tricks, juggling, and balance feats. Among the most exciting shows you'll see anywhere.



## *Brown Bag History:*

### *“Disaster and Scandal: The Johnstown Flood Part I”*

*Thursday, May 2 at 12 Noon*

In the mountains above the industrial city of Johnstown, PA an earthen dam was hastily rebuilt to create a lake at a private summer resort for Pittsburgh’s elite. Despite repeated warnings that the dam could break, nothing was done. On Friday, May 31, 1889, the dam burst – sending a wall of water thundering down the mountain and into Johnstown, killing more than 2,000 people. It was a national tragedy and a national scandal. Join LOCAL historical reenactor, lecturer, and tour guide, Michael Jesberger for this lecture which will shed light on one of our state’s most heard about, but least understood disaster. **Bring your lunch and beverage. Open to the Public. RSVP by Wednesday, May 1.** Meets in the Dining Room.



**American  
Red Cross**

## *American Red Cross Blood Drive*

*Tuesday, May 14 – 2 to 7 PM*

Register online at [www.RedCross.org](http://www.RedCross.org)

# What Did I Miss?

DCNR teaching us to safely view the upcoming solar eclipse



Friends enjoyed a Historic tour at Pennypacker in Schwenksville followed by a luncheon at the Colledgeville Diner. A day enjoyed by all. Thank you to Link for being our driver.

**Words on Wheels**  
**Book Mobile**  
2<sup>nd</sup> & 4<sup>th</sup> Monday at 10 AM

**Book Club**  
1<sup>st</sup> Monday at 2 PM  
Dining Room

**Friday Night Social**  
1<sup>st</sup> Friday  
Various locations

**Dominoes**  
Mondays at 6 PM  
Club Room

**Bible Study**  
2<sup>nd</sup> Monday at 2 PM  
Dining Room

**Circle of Support**  
1<sup>st</sup> & 3<sup>rd</sup> Thursdays at 11 AM  
BRC McMenamin Rec Center



## Yoga

Chair – Tuesdays at 3:30 PM  
Floor – Wednesdays at 9:30 AM  
Auditorium



## Vietnam Veterans

1<sup>st</sup> Tuesday at 7 PM - Dining Room



## American Legion

4<sup>th</sup> Thursday at 7 PM - Dining Room

## Wii Bowling

3<sup>rd</sup> Wednesday at 2 PM  
Club Room



## BINGO!

The Bingo Addicts – 2<sup>nd</sup> & 4<sup>th</sup> Saturdays – 10 AM  
Supermarket Bingo w/Amity Place – 2<sup>nd</sup> Wednesday – 10:30 AM  
Dining Room



## Coffee Hour (and Tea too!)

Thursdays at 9:30 AM – Dining Room

## Pickleball

Wednesdays at 5:30 PM  
Fridays at 9 AM  
Sanatoga Swim Club



## Pinochle

Thursdays at 2 PM – Dining Room

# Bus Trips

## LEGEND FOR AMOUNT OF WALKING

Little Walking



Plenty of Walking

- Sign up with the Office
- RSVP by deadline
- Limited seating
- At least 10 participants needed for SRC Bus trip
- **Payment is due at time of sign up and is by Check Only (Payable to SRC)**



### **Thursday – April 18 – Reading Area Firefighters’ Museum**

Reading Area Firefighter’s Museum preserves, educates and exhibits firefighting equipment and history of the city of Reading and Berks County. View apparatus, artifacts, and artwork dating back to the 1770s.

Lunch at your own expense at GNA Restaurant.

**RSVP to the Office by Monday, April 15**

LEAVE BEREAN PARKING LOT: 9:30 AM

Cost: \$17.00



## New Hanover AARP Trips

Checks Payable to:  
**“New Hanover AARP”**

Details posted on the Library Bulletin Board.  
**RSVP to Carol**



### **Thursday – June 13 – Doolans Shore Club in Spring Lake, NJ**

“Country Hall of Famers”

Imagine Johny Cash, Dolly Parton, and Jon Denver together. Enjoy this real country tribute plus a comedian and dancing ...

**RSVP to Carol by Friday, April 12**

LEAVE BEREAN BIBLE CHURCH: 9:00 AM

Cost: \$135.00

### Details posted on the Library Bulletin Board

Tuesday, July 16 – The River Queen

Wednesday, August 14 – Bucks County Playhouse “Grease”

Tuesday, September 17 – Dutch Apple Dinner Theatre “The Jersey Boys”