

May 2021

RIDGE REPORTER



BRC & SRC Offices Closed Monday, May 31

Memorial Day is a time to remember and honor the military personnel who died in service for our country. As we spend time with friends and family on the holiday, let us remember those who have fallen so that we can live as free Americans.



From the Desk of Heather . . .

Thank you for the warm welcome!

April 5th was the day I began the next chapter in my career and was warmly welcomed into the SRC/BRC Communities. I received such a warm welcome as I opened my office door for the first time. A homemade banner that read "Welcome Heather" was hung on the wall. The office was filled with blue bells, daffodils, and planters- what a great sight! The flowers and cards were beautiful but even more beautiful was the kindness and thoughtfulness within each person who welcomed me. On April 14th, I held meet-n-greet chats in the neighborhood sections and was warmly welcomed by all of you who came out to introduce yourself. Thank you!

For those of you who I haven't met yet, I hope to meet you at the resident meeting that has been scheduled Monday, June 7th at 9:30 AM in the Berean Bible Church. Our structure for the Management Report of the Resident Meeting will be changing. Along with an update from myself, each Department Manager/Team Lead will be giving a short update on their department. We are asking if you have questions for us to send them into the office by Friday, May 21st. This will allow us time to research the questions and come prepared to the meeting with answers. We look forward to safely holding this meeting by adhering to socially distanced guidelines.

Again, thank you for the warm welcome and I look forward to working with the great team members here to continue to make Sanatoga Ridge a wonderful community.

Heather

Contacting the Office

Our office phones have been ringing off the hooks these last several weeks with people interested in our community. We are asking for your patience and cooperation. If no one answers your call, rather than hanging up and dialing back immediately, we ask that you leave a detailed message instead. We will then return your call.

In addition, effective May 1, the office will be closed from 12 Noon to 1 PM. This will allow the staff time to return phone calls and schedule work orders.

Safety Issue – Approaching Staff

As we start to return to a more “normal” life, please avoid approaching a staff member or contractor while they are working. There have been numerous cases when a worker was not aware of a resident approaching them and “near misses” occurred. While we pride ourselves on having a friendly and approachable staff, safety is our priority.

Items for Maintenance and Landscaping

Many times our staff is approached with maintenance or landscaping items that need to be addressed while they are completing other tasks. While we would like to handle the issue right away, our policy is for you to call the office to report these items. Your item is logged into our database which allows for proper staff assignment and tracking the status.

Trash & Recycle Policy

SRC has twice a week garbage collection. All garbage must be placed in bags to avoid leaks and spills. Place garbage bags at the end of your front sidewalks (or outside your hallway door in the 2nd floor Garden Apartments) on Tuesday and Friday mornings by **8:00 AM**. Please keep in mind that placing trash out too early could result in broken bags and scattered trash from our wildlife friends.

We recycle on Friday mornings ONLY. Please DO NOT recycle any plant clippings or leaves, styrofoam, plastic bags, pizza boxes or any other product contaminated with grease. Remember to remove lids and rinse out containers before putting them in your recycle bin.

Should you need to dispose of something between the scheduled pickup days, please use the dumpster and recycle bins located behind the SRC Community Center and by the Garden Apartments.

Salt Bags

Please place your salt bag out with your trash for collection.

Keep Office Files Updated

It is important to keep your information on file in the office up-to-date, especially for your power of attorney, executor/executrix for your Will and emergency contact(s). We want to make sure we are speaking with the authorized person you've designated. Other information to update is your car's make/model, license plate number and pets. We understand that when this information changes, residents often overlook notifying the Office. Please call the office should you require a new form to complete.

Away From Home

Did you ever get that bottom of the pit sick feeling in your stomach? That's what happens when we get a phone call from someone who is trying to reach you and can't. The Staff is asking that if you (or your family) are aware you will not be home for several days, to please let us know. We have the "away" days on a calendar and it is easy for us to check to see if your name appears. This way, we know you are not home and are OK.

Vents

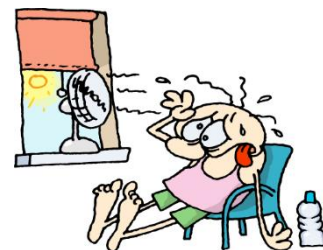
For warmer weather and to maximize your A/C efficiency, you should have the top vents open to draw the hot air out and bottom vents closed. Remember – these vents are for air circulation – they are NOT the actual heating or cooling vents. Should you require assistance in changing your vents, please contact the Office

Air Conditioners

As days get warmer, you may need to turn on your air conditioner. We suggest you turn it on prior to the arrival of hot weather to ensure the system will work properly when you really need it.

The air units run more efficiently or work less harder if you turn the unit on the day prior to a hot day. This will eliminate the need for the air conditioner to work harder trying to catch up to a cooler temperature when it is very warm inside your home. It is recommended that you keep it on until the next cool day or run the thermostat at a comfortable setting all summer.

If you believe your air conditioner is not operating properly, please call the office to have it serviced.



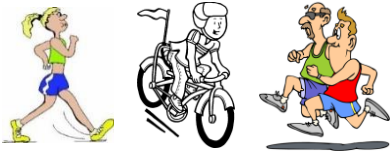
Pesky Pests

If you have noticed ants in your home, we suggest you keep a can of insect spray of your own to address any “normal” insect issues. As a courtesy, we do occasionally spray around and/or in the homes. However, we are not exterminators.

By law, there is only a certain strength insecticide that can be used by anyone who is not a licensed exterminator.

If you have tried your own spray and SRC has sprayed your home and you still have a pest problem, we recommend you call Moyer Indoor/Outdoor Services (215-799-2010) at that point in time.

SRC is responsible to ensure your home is not infested with **termites, carpenter ants and carpenter bees**. If this is the case, SRC will finance the measures necessary to rid your home of these specific insects.



Walking, Riding, Driving Safety Reminder

We would like to remind you this is an active retirement community with walkers, joggers, & bike riders.

- Bicycles are allowed on the roadways – NOT on the sidewalks.
- Be aware that the resident exiting their garage may not see you until it is too late.
- Be aware of oncoming traffic should you be approaching a turn or intersection.
- There are to be no skateboards or roller blades on our grounds.
- Guests (or guest children with adult supervision) are permitted to ride bicycles.
- Children must be accompanied by an adult when visiting the community center.

Please remind your grandchildren & visitors of the above information.

We have found that there are children (and walkers) on our grounds from neighboring communities. It is nice to know they feel safe in our community. However, we need to keep our residents safe too. Should you observe these visitors causing damage, threatening the safety of our residents, or other activities, do not approach the person. Instead, please call the office (or on-call after hours) to report the incident.

These guidelines help make our community safer for our residents and visitors.

Landscaping Reminders

Mowing will be performed Thursdays
(*weather permitting*).

If you are a resident that does not want chemical spray in your mulch beds, you are required to leave the flags up and also weed your own beds. If you need flags, please call the office.

Lawn chemicals will be applied end of May or early June (weather permitting). Watch the US mailbox info holders for updates.



Friendly Pet Reminder

Please be courteous to your neighbors and do not allow your dog(s) to "relieve" themselves on buildings, shrubbery/mulch or lawn ornaments. Thank you for your cooperation.



What Did I Miss?

A beautiful day and great
entertainment by
Bow Tree Brass

New Flag at the Community Center

SRC Residents, Lee and Linda have graciously secured an American Flag for our community from the headquarters of the Patriotic Order Sons of America, of which Lee is a member.

The organization encourages the preservation of historic landmarks for the benefit of present and future patriots, so that they may never forget the sacrifices of our founding fathers, and the patriots who continue to serve and defend this great nation. POSA also supports the education of all citizens, and teaches respect and proper care of the American Flag.

Thank you for providing this beautiful new flag for all at SRC to enjoy!



Happy Birthday!

- 3 - Roberta
- 6 - Jane
Linda
- 11 - Ruth
- 17 - Shirley
- 18 - Otto
- 22 - Robert
- 23 - Dave
- 29 - Pat
Gay
- 30 - Pat



Happy Anniversary!

- 1 - Michael & Kathryn
- 9 - Joe & Kathy
- 11 - Carl & Mae
- 14 - Larry & Eileen
- 19 - Ken & Debbie
- 20 - Dennis & Barbara
- 26 - John & Barbara



Welcome To The Neighborhood!

We'd like to extend a warm welcome to our newest residents!
Please stop by and introduce yourself.

Pat & Bill from Easton, PA.

Dottie from Bethlehem, PA



HAPPY MOTHER'S DAY!

Sunday, May 9 is Mother's Day. We'd like to wish all of our mothers a Happy Mother's Day! Wishing you all the love and happiness you so richly deserve.





Fitness Room is OPEN!

Please follow the posted guidelines.

This room is open 24/7. If you have not already done so, you may obtain the access code from the Office.

Yoga is Back!

Both chair yoga and floor yoga classes will be offered weekly in the SRC Auditorium.

TUESDAY EVENING CHAIR YOGA

6:30 PM

WEDNESDAY MORNING FLOOR YOGA

9:30 AM

Come join in the fun for some stretching, balancing, deep breathing and some laughs.



Sewing Club beginning May 7!

Starting Friday, May 7, the Sewing Club will resume the 1st & 3rd Fridays of the month at **9:30 AM** (NOTE TIME CHANGE) in the sewing room on the 2nd floor of the Community Center.

Are you already a pro? New to the Community?

Or maybe just interested in trying out sewing?

No experience needed! Come out and join us!

We will even teach anyone interested in learning a new skill!

We have a great time, talking, sewing, making lap robes for nursing homes & hospitals. Start gathering your materials and get ready to start stitching!

Can't wait to see you!

Book Club – Starting Soon!

Watch for more information on the time, location and next book.



Wednesday May 19 – 3 PM ***Maria***

Vocalist Maria will entertain us with her Mother's Day Concert on Wednesday, May 19 at 3:00 PM.

Maria is a professional vocalist noted for her strong, clear vocals, and versatility in covering musical styles such as pop, jazz, soft rock, 50s-60s-70s music, standards, Broadway show music, classical, and Greek folk music. Many of you may remember that Maria performed for us in October.

Her concert will be take place at the Gazebo in the F Section. For residents in the F Section and Apartments, you may be able to see / hear from your porch. Others may drive and park in the unnumbered spots and listen from your cars. While others may want to drive or walk and bring a lawn chair.

(Rain Date Thursday, May 20 at 3 PM)

Resident Committee Meeting

Mark your calendar for the 1st Resident Committee Meeting in over a year!
It will be held in Berean Bible Church on Monday, June 7 at 9:30 AM.



Sanatoga Swim Club

Opening day is scheduled for Monday, May 31. The pool will again be operated by Coventry Christian School. SRC and BRC residents will still have access to the pool.

However, due to COVID restrictions, there is a limit on the amount of memberships available.

You must register for your membership at SanatogaSwimClub.com/membership. As a resident, there is no charge for your membership. You can skip the payment form on the registration.



Water Aerobics at Sanatoga Swim Club

Nancy will be conducting Water Aerobics at Sanatoga Swim Club on Mondays and Wednesdays starting Wednesday, June 2 at 7 PM. Please contact Nancy for additional questions and to reserve your spot. *You must be a member of the pool to participate.*

Words on Wheels Bookmobile

The Bookmobile is here the 2nd & 4th Monday at 10 AM in the Community Center parking lot.



Save the Date & Your Personal Papers!

Shred event on Saturday, September 18 at SRC.
Watch the Ridge Reporter for more information.

TRAILBLAZERS

Walking
is
More
Than Steps!

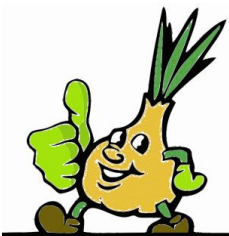


Let's Get Out and Walk!

There is more to walking than just taking steps.

Walking has numerous physical and mental health advantages. You would be surprised how easy and far you can walk when you have someone to chat with along the way!

Check out the 1/4, 1/2 and 1 mile paths marked on the sidewalks in the Community.



The Green Thumbs – Ready, Set, GARDEN!

Your garden plots are ready for you! Start gardening today. We have 2 small plots available. If you are interested in obtaining a plot, please call the office. The first 2 callers will be the lucky owners.

Bus Trips are Back!

Page 10

Trips are through Perkiomen Tours

A few changes on the bus trips:

- Mask must be worn
- RSVP by deadline a must
- Limited seating
- Sign up at SRC Office
- Payment is by Check Only (Payable to SRC)



LEGEND FOR AMOUNT OF WALKING

1 = Very Little Walking

1111 = Plenty of Walking



11

Thursday – May 20 – Susquehanna Sweet Trips

Our first stop will be Le Jeune Chef which is a teaching restaurant from The PA School of Technology in Williamsport. We will learn about the school's culinary program and enjoy a delicious lunch.

Next stop will be a narrated Susquehanna River Cruise. The last stop before heading home will be the Puffy Candy Company where we will see the candy being made and have time to shop.

Payment and RSVP to the Office.

LEAVE BEREAN PARKING LOT: 8 AM

Cost: \$109.00

11

Friday – June 25 – Annapolis Tour

Enjoy a scenic cruise around Annapolis. Choice of box lunch included. There will be free time after the cruise to enjoy the area.

Lunch choice:

- Craisin chicken salad on wheat
- Roast beef and cheddar on knot roll
- Turkey and provolone with lettuce on croissant
- Fire roasted veggie vegan

(grilled zucchini, yellow squash, portobella mushroom, red pepper and hummus on focaccia bread)

Payment, lunch choice and RSVP to the Office by Tuesday, June 1.

LEAVE BEREAN PARKING LOT: 9 AM

Cost: \$102.00

***Seats Still
Available!***

Meet Your Neighbors

by Linda

John & Barbara Jo A friendly couple who recently moved here from Maryland, they are looking forward to seeing more of their grandchildren who live in the area.

John was born in San Diego, CA. His father was in the Merchant Marines, so they lived in various places including New Jersey and Delaware. As a child he wanted to be a pilot and he did get to fly in the National Guard. His hobby is woodworking and he built his home in Maryland from scratch. Air conditioning and refrigerator maintenance was his occupation.

Barbara Jo was born in Washington, DC and grew up in Maryland. She had one sister. As a child she longed to be a wife, mother, and grandmother and her wishes came true. She and John will soon be married 60 years and like to do a lot of things together. Their son lives near Pottstown, which is why they moved to Sanatoga Ridge. Her son has 3 children.

Barbara is very crafty. She does knitting, crocheting, sewing, embroidery and painting. Both are very religious and were very active in a Brethren church in Maryland.



by Janice

Bob & Rugene

Bob was born in West Chester Hospital. He lived in Phoenixville until he was 9 or 10, then moved to Route 23 near Brownback Church. He attended East Coventry Elementary School, then Spring City High School, where he was in the last class to graduate from there in 1955. His favorite subjects were drafting and woodworking. As a child he and his 3 sisters enjoyed traditional Christmas at their home.

Bob met Rugene at Spring City High School which they both attended, but they didn't date until a year or so later. Bob was impressed with the way she dressed, especially when she wore "black" and admitted that he thought she was a "good dresser". They married in the Parkerford Baptist Church and are the parents of 2 children, David and Craig. The one and only house they ever lived in was a farmhouse on 5 acres in East Coventry Township. Eventually this property became too much work and they moved to SRC.

Bob enjoys old cars and is the owner of a 1940 Ford convertible.

He was employed a Piersol Pine Manufacturing Co., Metal Fabricators for 25 years and was instrumental in starting Amity Industries.

When asked what he would change in his life, his reply was "nothing".

Rugene, sometimes called "Rue", was born at home in East Coventry Township. Her dad drove to Pottstown to get the doctor. By the time they returned, a friend had unwrapped the cord from around her neck and all the doctor had to do was cut the cord.

When she was a child, they moved to a little house on High's Farm in Chester County and later moved to East Vincent Township. Rugene has 3 brothers (Robert – deceased; Ralph and Ronald). When Rue and her brother Ron were in elementary school, they walked several miles to the Hickory Grove one room school off Route 23. Her favorite subject was home economics and least favorite was Spanish.

As a child, she loved climbing trees and playing paper dolls. Now enjoys reading!

She met her husband, Bob, at Spring City High School, where she claims she totally ignored him. However, she eventually married him and they have been together 63 years.

Rugene attended the Dorothy Thomas School of Merchandising and worked as an assistant buyer at the lingerie department at Gimbel's in Philadelphia.

If she could change anything in her life, she would have gone to college.



In the war-torn battlefields of Europe, the common red field poppy (*Papaver rhoeas*) was one of the first plants to reappear. Its seeds scattered in the wind and sat dormant in the ground, only germinating when the ground was disturbed—as it was by the very brutal fighting of World War 1.

John, a Canadian soldier and physician, witnessed the war first hand and was inspired to write the now-famous poem “In Flanders Fields” in 1915. He saw the poppies scattered throughout the battlefield surrounding his artillery position in Belgium.

The Symbol Spreads Abroad

The wearing of the poppy was traditionally done on Memorial Day in the United States, but the symbolism has evolved to encompass all veterans living and deceased, so poppies may be worn on Veterans Day as well. Not long after the custom began, it was adopted by other Allied nations, including Canada, Australia, New Zealand, and the United Kingdom, where it is still popular today. In these countries, the poppy is worn on Remembrance Day (November 11).

Today, poppies are not only a symbol of loss of life, but also of recovery and new life, especially in support of the servicemen who survived the war but suffered from physical and psychological injuries long after it ended.

<https://www.almanac.com/>

