

July 2023

# RIDGE REPORTER

SUMMER  
HELP



Tyler



Isaac



Louie



Noah



Declan



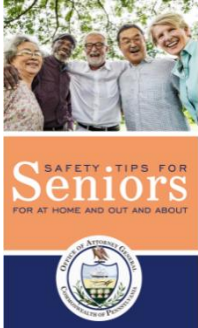
*Let every nation know, whether it wishes us well or ill,  
we shall pay any price, bear any burden, meet any  
hardship, support any friend, oppose any foe, to assure  
the survival and success of liberty. **John F. Kennedy***

## ***Office Closed***

In honor of Independence Day, the SRC & BRC offices will be closed on Tuesday, July 4.

***Trash will be picked up on  
Wednesday, July 5***

## ***Scam Phone Calls***



Several people have called the office to report they have recently been the recipients of scam phone calls. We urge all residents to be cautious when answering the telephone.

The Office of the Attorney General of Pennsylvania has published a helpful pamphlet – *Safety Tips for Seniors* – which is available at the office window and in the library.

Some Quick Tips from the pamphlet:

- If you don't know the number, **DO NOT ANSWER**. Let your machine pick up.
- **EXAMINE YOUR MAIL** – if the postmark is from outside the US, it is most likely mail fraud.
- Beware of anyone **DEMANDING PAYMENTS** in gift cards or prepaid credit cards.

Stop by the Community Center to pick up a pamphlet.

*Be alert; be secure; be smart.*

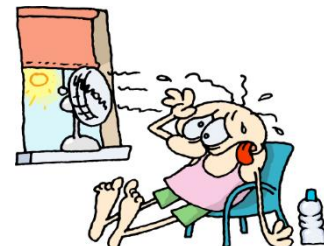
## ***Front Porch and Power Washing***

Front porch and power washing is proceeding nicely. Please watch the information displays at the US Mailboxes for when power washing/porch cleaning will be done in your court.

## ***Air Conditioners***

Please do not delay in reporting air conditioner problems to the office. This will save you unwanted discomfort when the weather turns warm and your air conditioner does not function properly.

For better efficiency, do not keep turning the unit on and off. It's better to set it and forget it. Turning the air on late during a hot day may cause the air not to be able to catch up and cool your home.



## *Parking Spaces*

Any space that has a number is assigned to that home for resident use. As a friendly reminder to our residents, even though a resident is not driving and may not have a car, that space is still assigned to that home for their use. Also, please remind your guests and visitors to park in un-numbered parking spaces.

## *TransNet Bus Service for Seniors*

TransNet, a free Montgomery County bus service for seniors, will bring you to doctor's appointments, dentist, physical therapy, Tri-County Active Adult Center, and just about anywhere in Montgomery County, and then back home again! To sign up for a TransNet bus pass, call TRAAC at 610-323-5009.



## *How to Register for TransNet Bus Rider Pass (Adults 65+)*

Applications for a TransNet Rider Pass are at the main office. Fill out the application, include a copy of your ID, and send it in to the address on the application. Your TransNet Rider Pass should arrive in the USPS mail within two weeks. Once you have the Rider Pass, you can ride to Tri-County Active Adult Center for free. To arrange a ride to TRAAC, call 610-323-5009 a week in advance.

To arrange a ride to other places in Montgomery County (ie: doctor, dentist, hairdresser, pharmacy, grocery) and find out the cost involved, **call TransNet directly at 215-542-7433**. For rides to places other than TRAAC, a small fee is charged. Funds from the PA State Lottery pay for 85% of your TransNet bus fare through a grant from the PA Department of Transportation.

## *GRATITUDE CORNER ... Quotes from Residents*

*Do you have something you are especially grateful for?  
Gratitude is contagious - Let us know!*

I am grateful for my carefree living and friendly staff here at SRC.  
Knowing what my basic monthly expenses are is very assuring to me.  
-KH





# Announcements

- 3 Nancy  
Yvonne
- 4 Marie  
Alan  
Diane
- 7 Michael  
Sarah  
Anne
- 8 Cecelia  
Audrey
- 9 Barbara
- 12 Lucy  
Helmi



*Happy Birthday!*

- 13 Dollie  
Gail
- 14 Gus
- 17 Joyce
- 18 Bob
- 22 Susanne
- 23 Eleanor
- 25 Fred  
Cordelia
- 26 Michael
- 27 Theresa
- 29 Betsy  
Hedy  
Sandra



*Happy Anniversary!*

- 06 Russ & Lois
- 13 Fred & Lynn



*Our thoughts and prayers are with the family at this difficult time.*

**Helen**

resident since December 2019



***Welcome To The Neighborhood!***

*We'd like to extend a warm welcome to our newest residents!  
Please stop by and introduce yourself!*

**Kathi**  
from Homosassa, FL

**Dollie**  
from Limerick, PA

**Carol**  
from Denver, PA

**Sandy & Richard**  
from Limerick, PA

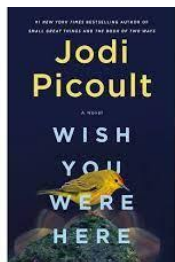
## ***Resident Committee Meeting***

**No meetings in July or August. Meetings resume in September.**

*Please plan on attending the September meeting.  
Discussion/Vote to change the time for the Resident Meetings.*

## ***Donna & Richard Landis Farm Stand***

Donna Landis has fresh fruits and vegetables for sale throughout the summer on Monday mornings at 8:30 AM in the Court “N” Pavilion. Please call Nancy if you have any questions.



July 3

## ***Book Club***

***Monday, July 3 at 2 PM***

- July 3 “Wish You Were Here” by Jodi Picoult
- August 7 “The Girl on the Train” by Paula Hawkins
- September 4 “Saints for All Occasions” by J. Courtney Sullivan
- October 2 “A Man Called Ove” by Fredrik Backman

*Contact for more information.*

## ***Entertainment – Matthew Dodd***

***Wednesday, July 5 at 2 PM***

Join us as Matthew Dodd presents Songs & Stories of The Red, White and Blue in the Auditorium on Wednesday, July 5 at 2 PM.



## ***Monthly Friday Night Social***

***Friday, July 7 at 6 PM***

Come join us on Friday, July 7 at 6 PM in the 2nd floor Club Room. Get to know your neighbors. Perfect for newcomers and seasoned residents alike!! Bring a snack to share if you like!!

## ***Words On Wheels Book Mobile***

***2<sup>nd</sup> & 4<sup>th</sup> Monday at 10 AM***

The W.O.W. Book Mobile will now be coming to SRC twice each month! They have a vast selection of materials available for you to borrow. You can let them know which books you would like and they will bring it out on their next visit!



**Where:** SRC Community Center Parking Lot

**When:** 2nd & 4th Monday of each month (10–10:30 AM)

## ***Healthy Steps in Motion Exercise Class***

***Monday, July 10 at 11 AM***

Brought to you by our favorite instructors Tracey, Dawn and Claire of Montgomery County Office of Senior Services, this favorite exercise class meets every Monday for 8 weeks in the auditorium. Runs July 10 – August 28. Class size limited to 18 participants. *We still have a few spots open!* **RSVP by Thursday, July 6.**

## ***Brown Bag History: Part 2 of 6***

***“The Revolutionary War: An American Soldier's Life”***

***Thursday, July 13 at 12 Noon***

Historian Michael Jesberger, who brought us the presentation on the Legend of Sleepy Hollow, presents a new Lunch & Learn series June through November. Bring your lunch along and enjoy his historical presentations and slide shows while eating. Join other history buffs and meet a few new friends! Mark your calendar for the next dates in the series: August 3, September 14, October 12, and November 9. **RSVP by July 12.** Meets in the Dining Room.



## ***Lunch Bunch***

**Brookside Family Restaurant**

*(N. Charlotte St., Pottstown)*

***Friday, July 14 at 11:30 AM***

*If you are paying by cash at the restaurant,  
please bring smaller bills/change.*

**Lunch Choices Include (to be made at restaurant):**

- Soup & Salad Bar
- Hamburger or Cheeseburger w/Fries or Soup
- Ham w/Pineapple Sauce w/Soup & Salad Bar
- Crabcakes Platter w/Soup & Salad Bar

The SRC Bus will be available for \$3 per person (for the driver) due at sign-up. The bus and carpool will leave Berean Bible Church Parking lot at 11:10 AM.

**RSVP by Tuesday, July 11.**



**American  
Red Cross**

## ***American Red Cross Blood Drive***

***Monday, July 17 from 2 PM to 7 PM***

Register online at [www.RedCrossBlood.org](http://www.RedCrossBlood.org) or contact Lara Graham at 610-326-6282 and she can register you. Meets in the Auditorium.



*You can't buy happiness. But you can buy ice cream and that is pretty much the same thing.*

*~ Unknown*

Come out and join the fun with your neighbors! Invite your family and friends. Enjoy Mister Softee ice cream and treats in the Community Center parking lot!

## ***Ice Cream and Treats!***

***Wednesday, July 19 at 2 PM***

Mister Softee will bring the ice cream truck to SRC Community Center parking lot!

*(Accepting Cash and Credit Cards)*

## ***Find Your Fitness Factor with Fox Rehab:***

### ***Free Fitness Screenings***

***Thursday, July 20 at 2 PM***

Keystone Villa and Fox Rehab are hosting a free fitness screening for seniors using a series of tests for strength, balance, and mobility. All are welcome! Please **RSVP by July 19**. Meets in the Auditorium.

## ***Outdoor Games!***

***Thursdays at 6 PM***

- Croquet, Bocce Ball, Horseshoes, Ladder Ball, Cornhole and More!
- Looking for something to do this summer? Looking to meet some new people? Come out to the Community Garden for some outdoor fun!
- There are picnic tables and shade.
- Thursday evenings at 6 PM
- No RSVP needed – just come out and enjoy!







## ***Water Aerobics at Sanatoga Swim Club Tuesdays and Thursdays at 6:30 pm***

Water Aerobics will be on Tuesdays and Thursdays at 6:30 PM.  
Contact Jean for more information.

## ***Wii Bowling Summer 2023***

Wii Bowling will continue on the 3rd Wednesday of the month  
at 2 PM in the Club Room. Come on up and join the fun!

It is a fun filled hour with all levels of ability.  
Contact Nancy for more information.



## ***Wall of Honor***

The Wall of Honor is a special display highlighting the veterans from our  
community. If you have not yet filled out a Veteran Information Form, please  
stop by the office to pick one up. We don't want to miss you!

## ***UPCOMING PUBLIC EVENTS***

### ***Watch Ridge Reporters for More Information***

August 3 & 17	Circle of Support at BRC McMenamin Rec Center
August 3	Brown Bag History: <i>The Revolutionary War in Montgomery County, PA (Part 3 of 6)**</i> This is the only date in the series on the FIRST Thursday of the month)
August 4	The BRAIN: <i>Keeping it Healthy: Part 1 of 3</i>
August 17	Find Your Fitness Factor with Fox Rehab: <i>Workout Session &amp; Smoothie Tasting</i>
August 25	BINGO!
September 6	Brown Bag ART History: <i>A new Lunch &amp; Learn series on Art History! (Part 1 of 8)</i>
September 12	After a Hospital Stay... What are My Options for Rehab?
September 13	Vital Link Personal Medical Emergency Alarm
September 14	Brown Bag History: <i>The Civil War: Comrades in Arms/West Point Classmates</i>
September 15	Fire Safety Refresher
September 16	Drive-Through Shredding Event at Sanatoga Ridge
September 18	Girls' Night Out
September 21	Find Your Fitness Factor with Fox Rehab: <i>Push Away Arthritis: Live Stronger Longer</i>
September 25-26	AARP Smart Drivers Class



## **Words on Wheels**

### **Book Mobile**

2<sup>nd</sup> & 4<sup>th</sup> Monday at 10 AM

## **Book Club**

1<sup>st</sup> Monday at 2 PM  
Dining Room

## **Friday Night Social**

1<sup>st</sup> Friday at 6 PM  
Club Room

## **Dominoes**

Mondays at 6 PM  
Club Room

## **Bible Study**

2<sup>nd</sup> Monday at 2 PM  
Dining Room

## **Circle of Support**

1<sup>st</sup> & 3<sup>rd</sup> Thursdays at 11 AM  
BRC McMenamin Rec Center

## **Pickleball**

Wednesdays at 5:30 PM  
Fridays at 9 AM  
Sanatoga Swim Club

## **Walk with Us**

Tuesdays & Wednesdays at 1 PM  
Community Center Flagpole

## **Outdoor Games**

Thursdays at 6 PM  
Community Garden

## **Yoga**

Chair – Tuesdays at 3:30 PM  
Floor – Wednesdays at 9:30 AM  
Auditorium



## **SRC Singers**

## **Hooks and Needles**

1<sup>st</sup> Tuesday at 2 PM  
Game Room



## **Vietnam Veterans**

1<sup>st</sup> Tuesday at 7 PM - Dining Room

## **Wii Bowling**

3<sup>rd</sup> Wednesday at 2 PM  
Club Room



## **American Legion**

4<sup>th</sup> Thursday at 7 PM - Dining Room

## **Coffee Hour (and Tea too!)**

Thursdays at 9:30 AM – Dining Room



## **Pinochle**

Thursdays at 2 PM – Dining Room

## LEGEND FOR AMOUNT OF WALKING

1 Little  
Walking

1111 Plenty of  
Walking

- Sign up with the Office
- RSVP by deadline
- Limited seating
- At least 10 participants needed for SRC Bus trip
- **Payment is due at time of sign up and is by Check Only (Payable to SRC)**

## 11 Wednesday – July 26 – Boyertown Museum of Historic Vehicles

Discover Pennsylvania's Transportation History at the Boyertown Museum of Historic Vehicles. See vehicles of all types: gasoline, electric, and horse-drawn, including carriages, wagons, and sleighs. You will see "high wheelers" and "safety bicycles", vehicle builder's tools and local historic roadside architecture.

The museum is housed in the former home of the Boyertown Auto Body Works, which had continuous operations on this site from 1872-1990, and retains the factory setting, making it a unique and interesting setting for vehicles.

**Lunch will be at your own expense (Spunktown Tavern)**

**RSVP to the Office by Tuesday, July 18.**

LEAVE BEREAN PARKING LOT: 9:30 AM

Cost: \$13.00

**Watch for more info on this SRC Bus Trip in August:**

Show & Smorgasbord – Bird In Hand Theatre

## New Hanover AARP Trips

Checks Payable to:  
**"New Hanover AARP"**

Details posted on the Library Bulletin Board.  
**RSVP to Carol Griffith (484-624-8314)**

### 11 Thursday – July 20 – River Queen Sightseeing Cruise

Step aboard the famed River Queen and set sail along the open waters. ...

**RSVP to Carol Griffith by Thursday, June 1**

LEAVE BEREAN BIBLE CHURCH: 9:30 AM

Cost: \$125.00

### 11 Thursday – August 24 – Magic & Wonder Theatre

The day will begin at Kitchen Kettle Village where you will have free time ...

**RSVP to Carol Griffith by Friday, June 30**

LEAVE BEREAN BIBLE CHURCH: 11:00 AM

Cost: \$107.00

### 11 Wednesday – September 27 – Dutch Apple Dinner Theatre

*"Jimmy Buffett's Margaritaville"*

Margaritaville – where people go to eat away from it all ...

**RSVP to Carol Griffith by Tuesday, August 1**

LEAVE BEREAN BIBLE CHURCH: 9:45 AM

Cost: \$123.00

**Save the date: Thursday – October 19 – Silver Birches Germanfest**

2<sup>nd</sup> & 4<sup>th</sup> Saturday  
9 AM to 1 PM  
Smith Family Plaza  
(Boro Hall)  
138 E. High St.  
Pottstown  
[PottstownFarm.org](http://PottstownFarm.org)



Farm & Artisan Regional Market focusing on fresh, locally grown, sourced, and creative products.

July 8

July 22

Christmas in July

## CAR SHOW SCHEDULE 2023



**May 6**

Season Opener

**June 3**

**July 1**

**August 5**

Hot Wheels on High Street

**September 2**

New Parking Areas added for VW, Audi, Porsche

**September 3**

L'oe Show w/ Jamie Orr and Volkswagen Group from Germany

**October 7**

(Open Street Cruising Only)

Take a stroll down memory lane on High Street. Visit local business and enjoy live entertainment!

## Lower Pottsgrove Township Summer Concert Series Sanatoga Bandshell Sundays 6 PM (Weather Permitting)

July 9<sup>th</sup> Bill Koss Combo

July 16<sup>th</sup> Flamin' Dick & The Hot Rods

July 23<sup>rd</sup> Stephanie Grace

July 30<sup>th</sup> Carnaby Street



[PhoenixvilleFirst.org](http://PhoenixvilleFirst.org)

## Phoenixville First Fridays 2023

**Join us downtown every First Friday from 5:30pm - 8:30pm, May through November.**

Starting in June through October, First Fridays will operate within the PXV Inside Out open-air closure to create an ambiance of a night market all along Bridge Street and in the Main and Bridge Street parking lot. November's First Friday will be held throughout downtown and in the Main and Bridge Street Parking lot. There will be small live musicians placed throughout the downtown on Bridge and Main Streets, and handmade craft/artist vendors in the Main and Bridge Street parking lot.

**LIVE MUSIC. EVERY FRIDAY.**

The Summer Music Series happens every Friday (other than First Fridays) from 6-8 pm. It is an event that features a variety of live musical acts, spread throughout downtown.

## How Observant Are You?

- What color is the top light on a traffic signal?
- How do the button holes run on a man's dress shirt?
- What color is the top stripe on our flag?
- On which side of the sink is the hot water handle located?
- Whose picture is on a \$5 bill?
- Does Lincoln wear a tie on the penny?
- What 7-letter word, other than America, appears on all U.S. Coins less than a dollar?
- A policeman wears his badge on which side?
- Which KING in a standard pack of cards usually has no mustache?
- An inch on an ordinary ruler is divided into how many equal parts?
- The Statue of Liberty holds what in her left hand?
- What 4 words besides "In God We Trust" appear on most U.S. Coins?



## Things that come in threes?

- Tall, dark and \_\_\_\_\_.
- Baubles, Bangles and \_\_\_\_\_.
- Wynken, Blynken and \_\_\_\_\_.
- Animal, vegetable and \_\_\_\_\_.
- Lock, stock and \_\_\_\_\_.
- Bell, book and \_\_\_\_\_.
- The butcher, the baker and the \_\_\_\_\_.
- The way a gullible person falls: Hook, \_\_\_\_\_ and \_\_\_\_\_.
- The three basic atomic particles: Protons, \_\_\_\_\_ and \_\_\_\_\_.
- What Ben Franklin said going to bed early and getting up early would make you: \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_.
- What you should do at every street corner: \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_.
- The 3 Bs of classical music: \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_.
- The Declaration of Independence says these are among our inalienable rights: \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_.
- What little girls are made of: \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_.
- Christopher Columbus's 3 ships: \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_.
- What the Wise Men brought as gifts: \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_.
- Bacon, lettuce and \_\_\_\_\_.
- Slogan associated with James K. Polk and the claim for Oregon" "Fifty-four \_\_\_\_\_ or \_\_\_\_\_."
- Donald Duck's nephews: \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_.