

August 2025



RIDGE REPORTER

We LOVE seeing your smiling faces around the communities! Your positive energy is contagious, and even our vendors have noticed. Lately, we've been hearing comments like, "Something has changed... whatever you're doing, keep it up!"

Mark your calendars for Saturday, August 16th! We're hosting an **exclusive Friends and Family Open House at both Sanatoga Ridge and Buchert Ridge.**

This is your special chance to invite friends and family to experience the beauty and vibrance of our communities! **Both locations will hold open houses from 11:00 a.m. to 2:00 p.m.,** complete with easy to follow signs and balloons to guide your guests.

Many of you have shared, "I wish I had moved here sooner." Let's celebrate what makes this such a special place and spread the word about the best-kept secret in the tri-county area.

Open House

The Ridge Communities
Vibrant, Independent, 55+

Live your best life now!

**SATURDAY
AUGUST 16, 2025
11AM TO 2PM**

Open House | Saturday, August 16, 2025 | SRC/BRC

Maybe it's time for someone you care about to join us!

Postcards are available at the SRC and BRC community centers for you to use as invitations.

If you need extras, just call the office, and we'll make sure you have plenty. It's going to be a fantastic day, and we can't wait to see you there!

Living Well Together:

Celebrating the Value of Life at Sanatoga Ridge Community

At Sanatoga Ridge, we believe that independent living should feel like exactly that – independent, vibrant, and full of life. And over the past several years, something remarkable has been happening across our campuses: **residents are thriving.**



Whether it's the friendships formed on front porches, the laughter echoing from community events, or the peace of mind that comes from beautiful, well-kept grounds and caring staff, it's clear - something special is happening here. Visitors often remark on how warm and welcoming the atmosphere is, how kind the staff are, and how genuinely inviting the community feels.

We've heard your voices, and we see your joy. Time and again, residents share the same sentiment: "Moving here was one of the best decisions I've made."

And we understand why.



There's something uniquely life-giving about the quiet pride in a flourishing tomato plant in the community garden... or the good-natured chatter rising from the pickleball courts as neighbors enjoy a bit of healthy competition. These are the moments that define what it means to live well and to live together.



In a world where the cost of nearly everything keeps rising, our communities remain a rare gem. Compared to other options in the region, the level of service, quality of life, and sense of belonging offered at Sanatoga Ridge Community is truly unmatched – and it comes at a value that is simply unheard of.



That's not just our opinion – it's a fact backed by the numbers. Over the past five years, from Covid through today, our residents have enjoyed an exceptional experience and community at a cost significantly lower than even the most affordable local alternatives.

Community Connections

And we've done this with a **smaller team than at any point in the past 30 years**—without cutting corners, and without compromising our mission.

We've worked extraordinarily hard to protect this value, but we also want to be honest about today's realities. Inflation continues to impact nearly every aspect of daily life – from maintenance supplies and insurance to utilities and contracted services.

Like many organizations with aging infrastructure, we're also facing important repairs that need to be addressed now while responsibly setting aside reserves to plan for future reinvestment.

None of this changes our commitment to you. In fact, it only deepens our resolve to serve you with excellence and care.



We're not just maintaining - we're building a future together.

Thanks to the energy and commitment of our new leadership team, the renewed clarity of our mission and vision, and your continued support, the future feels more hopeful than ever.

This is your home. This is your community. And together, we are setting a new standard for what it means to live with independence, dignity, and joy.

Here's to the incredible value we've created and the thoughtful stewardship that will guide us forward.



Our mission is heartfelt and clear:

Enriching lives through quality independent living and a strong sense of community.

Every decision we make, every action we take, centers on this promise.

And our vision is bold:

Setting the standard for vibrant independent living.



Thank You

A great big Thank You to all my friends at SRC & BRC for helping me to celebrate my 90th birthday and my retirement of 30 years from this wonderful and beautiful place. Your generosity of gift cards, monetary gifts, and beautiful cards with your do's and don'ts after retirement. I know they will be very helpful. Your love shown to me and appreciation for my service to you will always be remembered.

Your Old Maintenance Man – Bill



First Quarterly Resident Birthday Party!

What a fun time we had celebrating our residents with birthdays in July, August, and September. We can't wait for the next one in October!



😊 I got my shot for Shingles today. Just to be safe, I also got one for Vinyl Siding too!



FOR SALE: 3-Wheel Mobility Scooter

- Almost new 3-wheel scooter
- Purchased for \$650.00 - Asking \$400.00 Contact me to see or try.
- Per Amazon, " Designed to safely support up to 265 pounds, its motor and tires were engineered for durability & safety. Its easy-grip tires are flat-free, non-marking, and 8". Its top speed is 3.7 mph, with a driving distance up to 12.4 miles per charge."
- For a full description - https://www.amazon.com/dp/B07LCR82L7?ref=ppx_yo2ov_dt_b_fed_asin_title&th=1
- Contact: Eileen

When Extra Help Is Needed

We all value our independence—but sometimes, a little extra help can make all the difference in continuing to live comfortably and safely at home. Whether you need occasional assistance or more regular support, home care services may be just what you need.

One of the wonderful benefits of life at Sanatoga Ridge is that our homes are adaptable to meet a variety of needs as they arise.

If you're beginning to explore home care options, it's important to find the right fit for your situation. The Office maintains a list of trusted local home care agencies as a resource for residents and their families. If you're not sure where to begin, give us a call—we're happy to help guide you in the right direction.

Power Washing Update

As mentioned in the May newsletter, we're continuing to make our way through the community. We truly appreciate your patience as we work to keep everything looking its best.

We're also still in the process of hiring a full-time Grounds Team member. Finding the right fit takes time, and we want to ensure we bring someone on board who will be a great match for our community. In the meantime, thank you for your continued understanding as we focus on the most pressing areas.

If you have any questions, we'd be happy to help—please feel free to contact the office.

Amazing August: Fun Facts & Moments in History

Did You Know?

- August was named after **Emperor Augustus Caesar**, who wanted his month to be just as long as Julius Caesar's (July)—so he added a day!
- It's one of only **two months that begin on the same day of the week as November** every year.

Fun August Observances:

- **National Watermelon Day** – August 3
- **National Relaxation Day** – August 15
- **National Senior Citizens Day** – August 21
- **National Dog Day** – August 26 (give your pup an extra treat!)

This Month in History:

- **August 8, 1963** – The Great Train Robbery took place in England.
- **August 15, 1969** – Woodstock music festival began in New York.
- **August 28, 1963** – Dr. Martin Luther King Jr. delivered his historic “I Have a Dream” speech in Washington, D.C.

August Birth Flower

The **gladiolus** symbolizes strength of character, sincerity, and generosity.



Disposing of Home Health-Care Waste

If you use needles, syringes, or other medical supplies at home, please dispose of them safely:

- **Sharps** (like needles and lancets) should go in a sturdy, puncture-proof container with a tight lid. Label it “**Do Not Recycle**”, and seal it before placing in household trash—*never flush or place loosely in the bin.*
- **Used bandages, gloves, or dressings** should be double-bagged in plastic and securely tied before disposal.

Proper disposal protects your household, neighbors, and community staff. Thank you for doing your part!



Open House – Share on Facebook!

Help us get the word out!

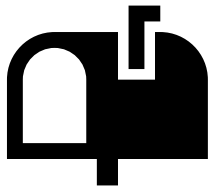
Scan the QR code and share our Facebook post about the upcoming Open House!



SRC Facebook QR Code

Online Orders? Don't Forget Your Full Address!

We've noticed a rise in packages being delivered to the wrong locations around the community. In most cases, it's due to missing or incomplete addresses on the order. **Please remember to include your FULL address when placing online orders, including your house number.** This ensures your packages arrive safely and on time—right to your door!



A Friendly Reminder About Mail

We kindly ask that you do not handle or deliver other residents' mail unless they have specifically asked you to do so. While the intention may be thoughtful, we've received several recent calls from concerned residents who didn't receive their mail—only to later discover a neighbor had picked it up for them.

To help avoid confusion or misplaced items, please allow each resident to collect their own mail unless you've been personally asked to assist.

Thank you for your understanding and cooperation!

Courtesy Reminders from Our Facilities Team

Our Facilities Staff work hard to help keep the community clean, comfortable, and running smoothly. Here are a couple of friendly reminders to help them (and all of us!) out:

- **Shoe Covers on Request** - Out of respect for your home, our Facilities Team carries protective shoe coverings in their vehicles. If you'd prefer they wear them when entering your home, just let them know—they're happy to accommodate your request.
- **Trash** - Please tie your trash bags before placing garbage in the dumpsters or trash bins, please make sure your bags are securely tied. Loose or open bags often spill during disposal, creating a mess our team then needs to clean up. A quick tie goes a long way in keeping the area tidy for everyone.
- **Avoid Suction Cup Bath Mats** - For the care and longevity of your tub, **please do not use suction cup bath mats**—they can damage or strip the tub's finish over time. If you need a non-slip option, alternative mats that don't rely on suction cups are recommended and available from various retailers.



HAPPY BIRTHDAY!

- 2 David
Patricia
- 12 Nancy
- 13 Mary
- 18 Gail
- 20 Richard
Kitty
- 23 Link
- 25 Nancy
Doris
- 27 Nancy



Welcome
to the neighborhood



*We'd like to extend a warm welcome
to our newest residents! Please stop
by and introduce yourself.*

Sandra & Cynthia

HAPPY ANNIVERSARY!

- 24 Ted & Judy
- 25 Bob & Sandy
- 29 Dean & Loretta

Life's Special Moments

Whether we're welcoming new neighbors, celebrating milestones, or holding one another close in times of sorrow—community is what makes every moment more meaningful.

Resident Committee Meeting

No meeting in August. Meetings resume in September.

Please plan to attend the September meeting.



Donna & Richard Landis Farm Stand ***Mondays at 9 AM***

Donna will be bringing homegrown goodness each week – Produce for sale Mondays at 9 AM in the “N” Court pavilion. See you there!

Please call Nancy if you have any questions.

Movie Matinee! 1st & 3rd Fridays

Lights, popcorn, action! Last month we introduced **Movie Matinees in the SRC CC Dining Room**. It's a great opportunity for residents to relax, cool off, and enjoy a good film together.

Our first two movies were a huge hit! Grab a friend (and maybe a seat cushion!) and join us this month!

Everyone is invited—we'll provide the popcorn and lemonade; you bring the smiles!

August Lineup

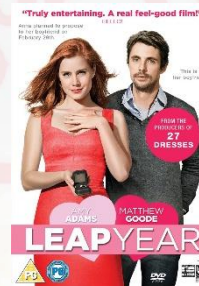
The Bucket List **Friday, August 1st**

Two unlikely friends embark on a meaningful adventure to make the most of life and check off their dreams—one bucket list item at a time.



Leap Year **Friday, August 15th**

A hopeful woman travels to Ireland to propose to her boyfriend on Leap Day—but unexpected detours lead her to discover that love doesn't always go as planned.



Lunch Bunch ***Spinnerstown Hotel*** ***Restaurant***

*2195 Spinnerstown Rd,
Quakertown*

***Friday, August 8th @
12:00***

If you are paying by cash at the restaurant, please bring smaller bills/change.

The SRC Bus will be available for \$3/person due at sign-up. The bus and carpool will leave Berean Bible Church parking lot @ 11:30AM

**RSVP by Wednesday,
August 6th**

BROWN BAG HISTORY

Presented by
Michael Jesberger,
Local Historian

ALL PRESENTATIONS START AT NOON

The Conflict Ignites – The Battle of Lexington and Concord

Saturday, August 16 at 12 Noon

The American poet Ralph Waldo Emerson called it “the shot heard around the world” when a British raiding party entered the Massachusetts interior to seize stockpiled guns and met resistance before dawn on April 19, 1775, in Lexington, Massachusetts. The colonial militia responded, and the American Revolution had begun. Join historical re-enactor, lecturer, and tour guide Michael Jesberger for a presentation on the Battle of Lexington and Concord.

**Open to the Public.
RSVP by August 15.**



What did Snow White say when her pictures weren't ready?
Someday, my prints will come.



- **When:** Wednesday, August 20th at 2PM
- **Where:** SRC CC Parking Lot
- **Who:** Everyone!!




New! Coffee Talks with Jon *Let's Sit Down and Talk*

As a follow up to the **Living Well Together** article, we're introducing a new opportunity for open conversation and connection—**Coffee Talks with Jon**.

These informal roundtable-style gatherings are a chance for residents to sit down with Jon and discuss questions, share thoughts, or gain clarity about the changes and improvements happening in our community.

Your voice matters, and we want you to feel informed, heard, and involved.

 **Date:** Tuesday, August 20

 **Time:** 2:30 PM

 **Location:** Dining Room

Come join the conversation— we'd love to hear from you too!





American Red Cross

**Monday, September 15
2 PM to 7 PM**

American Red Cross will be on site taking donations. If you're interested in donating, please logon to their website; www.REDCROSSBLOOD.org or scan the QR code. If assistance is needed, please reach out to Cheryl Hobbs.



VOLUNTEER OPPORTUNITY

Have fun in a hairnet and make a difference in children's lives!

Feed My Starving Children is having a MobilePack event at Berean Bible Church on Friday and Saturday, September 19 & 20.

Pack meals of rice, soy, vitamins, and veggies which will be donated to mission partners overseas to feed children facing food insecurity.

Sign up for a two-and-a-half hour music-filled volunteer session! Please go to

2509-063MI Pottstown, PA Pottstown - Campaign to register.

Questions? Contact Donna.

**Labeling meal bags and sealing meal bags are sitting activities. Packing meals is a standing activity.*

COMMUNITY Yard Sale!

When: Saturday, Sept 27th 9AM - 3PM
Rain Date: October 4th
Where: Sanatoga Ridge Community

- Cash Only
- Parking available in un-numbered paces

YARD SALE

Sanatoga Ridge Community
2461 E High St, Pottstown | 610-326-6282 | www.SanatogaRidge.com

**Community Wide Yard Sale
Saturday, September 27th
Rain Date: October 4th
9AM – 3PM**

It's yard sale time! Clear out those closets, set up a table (or a blanket!), and join your neighbors for a fun day of treasure hunting and community connection.


You can set up right at your **porch, yard, or garage**—whatever works best for you. We'll provide **signs and a starter pack of pricing labels** to help you get started.

Feel free to **team up with a neighbor, combine items at one table, or set your own prices**—whatever works best for you!

This event is open to the public, so it's also a great way for others to see our community in action and experience the friendly atmosphere we're known for.

Haven't signed up yet? No problem! There's still time—just reach out to **Pat** to get your name on the list.

LEGEND FOR AMOUNT OF WALKING

 Little Walking



Plenty of Walking

- Sign up with the Office
- RSVP by deadline
- Limited seating
- At least 10 participants needed for SRC Bus trip
- **Payment is due at time of sign up and is by Check Only (Payable to SRC)**

Wednesday, August 20 – Thrift Shopping and Lunch

There are 5 separate shops located in one shopping center – used clothing, furniture, household, collectibles, antiques, jewelry, toys. Also, books, DVDs, records, etc. Please join us for a fun-filled day!

Lunch at your own expense at the Franconia Cafe and Market in Franconia.

After lunch, we will be stopping at the Old Dutch Cupboard with lots of candy and goodies. Bring your grocery shopping bag! We'll be stopping at a fresh produce stand for local veggies also.

RSVP to the Office by Tuesday, September 16

LEAVE BEREAN PARKING LOT: 9:30AM Cost: \$5

Friday, September 19 – Skippack Tour w/Michael Jesberger

Join military historian, lecturer and tour guide, Michael Jesberger, for an afternoon excursion of three hours. We will be retracing the movements of the Continental Army during the fall of 1777 in their attempt to keep British General Sir William Howe from capturing the capital city of Philadelphia. This is known as the Philadelphia Campaign. Some highlights include stops at the Henry Antes House, Pennypacker Mills, Towamencin Mennonite burial ground, Morgan Log House, and a few more stops as well. No walking for the other than a bathroom break as needed.

RSVP to the Office by Tuesday, September 16

LEAVE BEREAN PARKING LOT: 1:30PM Cost: \$35

New Hanover AARP Trips

Checks Payable to:
"New Hanover AARP"

Details posted on the Library Bulletin Board.
RSVP to Carol

Wednesday, September 3 – Dutch Apple Dinner Theatre – "The Buddy Holly Story" \$130

Wednesday, October 1 – Ace in the Hole at the Brownstone – "Octoberfest" \$150

Wednesday, November 18 – American Music Theatre, "Deck the Halls" \$140

Details posted on the Library Bulletin Board