



RIDGE REPORTER

Staff Update

Telly P. is no longer employed with SRC.

No further details can be provided due to confidentiality guidelines.

Isaac K. is pursuing a new adventure. He is headed to Hawaii to complete classes to pursue a missionary service career. We will miss him and wish him well!

Reminder, the speed limit through the community is **20 MPH**.
Please make sure to **STOP** and **LOOK** both ways as you are coming out of each Court.

The Great Pumpkin Contest *Monday, October 14 to Friday, October 25*



- Residents are encouraged to decorate a pumpkin for the contest
 - You are unique – make your pumpkin as unique as you are!
- All pumpkins must be real pumpkins
- NO cutting/carving/piercing the pumpkin! Use your imaginations!
- WEEK 1: Bring decorated pumpkins to Community Center for display from Monday, October 14 through Sunday, October 20
- WEEK 2: Vote for your favorite pumpkins!
 - Each resident will be given tickets to be used to cast their votes
 - Pick up your tickets at the office
 - Cast your votes from Monday, October 21 through Friday, October 25 (Votes must be in by 12 Noon on Friday, October 25)
- Winners will be awarded a prize and announced in the November Ridge Reporter!
- All pumpkins must be picked up by Monday, October 28
- Contest rules will be available at the Community Center



Don't Delay – Call Today!

DID YOU KNOW? . . . The front office is the hub for all communication between staff, residents, and the community. Our office team works diligently to answer phone calls, assist people at the office window, direct phone calls to the appropriate personnel, and answer questions of all kinds. They also collaborate with all departments to assist with organization and distribution of information.

- **QUESTIONS & CONCERNS:** If you have a question or concern, please give us a call! We are able to help provide solutions to questions and concerns of all kinds. Information can change over time; we encourage residents to call or come to the office to obtain the most up-to-date information available. If we are unable to provide an immediate answer, we will return your call with the information as soon as possible.
- **RSVP:** Please RSVP to any trips/events you are interested in! All sign-ups for trips and events come through the front office (unless otherwise noted). If you see a note to RSVP, it is very important to do so for trips and events. Lack of participation may result in cancellations. Additionally, RSVPs allow speakers and class instructors to adequately prepare for their presentations.
- **MAINTENANCE:** Delaying a call to the office to report a potential maintenance issue can lead to significant problems. If you notice something is not working correctly (microwave, refrigerator, hot water, etc.), a leak, or something similar, please call the office right away. Many appliances may still be under warranty making timely reporting of issues crucial to obtaining proper service within the warranty period. Supply chain delays also continue to present significant challenges for obtaining repair/replacement parts. The sooner we are notified something needs repair, the sooner we can order any necessary parts.
- **WORK ORDERS:** All work orders are recorded in our database. Updates are carefully documented allowing us to track parts on order, information related to a project, and correspondence with contractors, residents, and suppliers. If an issue is not reported to the office, it cannot be entered into our system and properly addressed.
- **ALL WORK ORDER REQUESTS** must be called into the office. Occasionally, an issue is mentioned to a team member who is working on another issue. Team members do not have the ability to enter work orders into our system while they are in the field. Residents must call the office to have requests properly documented. **A team member will address your issue in order of priority.**
- **VOICEMAIL:** Finally, please leave a voice message if you reach our voicemail system. While we strive to answer calls as they come in, we are often busy assisting another resident or a visitor to the community. Please do not continue to call. Rather, leave your name, unit number, and the reason for your call and we will return your call promptly.

Fall Shrub Trimming

Realty Landscaping will perform fall shrub trimming.
(The schedule is dependent upon weather.)

BIRD FEEDERS – A Few Reminders

Bird feeders have the potential to attract more than just birds. As an easy food source, they can also attract unwanted visitors like mice. To help avoid unwelcomed guests – at your home and your neighbor’s home, please remember the following guidelines when putting up bird feeders:

- **Do not place any food or bird seed on the ground.**
- Do not place feeders near your house. Rather, place them several feet away from any structures or tree branches and at least 4 feet off the ground to deter other animals from jumping onto the feeder.
- Use a squirrel baffle to prevent them from climbing onto the feeders.
- Use a high-quality seed mix. Low quality seed mixes can contain large amounts of fillers which are left behind by birds and are perfect food for rodents.
- Clean up bird seed debris frequently.

Screws in Siding?

Occasionally, residents ask about putting nails/screws through siding to hang items (this includes siding in the enclosed patio).

SRC/BRC policy does not allow this for the below reasons:

- It leads to a need for replacement for the next resident. In addition, it is often hard to match the color exactly without replacing the whole wall as siding fades over time.
- There’s a potential for “rust runs” from the nail/screw.
- Penetrating the siding voids the barrier which keeps water off the sheathing of the house. It can lead to areas where moisture can get trapped and become a breeding site for mold and mildew.

As an alternative, there are hooks specifically designed for hanging items on siding.

Gutters & Downspouts

Occasionally, rain events can produce an extremely high amount of precipitation in an extremely short amount of time. The runoff from the roofs can be too much for the gutters/downspouts to handle during an intense rain event, thereby causing the overflow. In addition, there are gutter guards installed in various locations throughout the community. These also cause a problem for extreme amounts of rain. The gutter guards cannot handle the rush of the water during the intense rain. The gutters/downspouts and gutter guards are designed to handle normal rainfall.

When the gutters are overflowing during the intense rain, there is nothing we can do at that point in time. Please call the office to have a work order placed to have the gutters examined for a clog. The gutter will be checked after the rain event.

Fall Maintenance Items

With cooler weather coming, it will soon be time to change your heater return vents and filters.

Maintenance staff will be around to change the filters.

There is a simple way to remember which vents need to be open or closed. For winter, open the bottom vents (to keep your feet warm) and close the top vents. Should you need assistance changing the vents, please call the office to be placed on the list.



You can run your heater before the return vents are changed. The vents only assist in giving better circulation of the heat. We recommend **testing your heater prior to the onset of cold weather**. The staff would appreciate your testing Monday thru Friday from 9 AM to 3 PM and contact the Office during normal business hours with any issues. This will minimize urgent calls to our maintenance staff.

Trash Pickup Reminder

When placing trash out for pick up on Tuesday and Friday:

- Please make sure to tie your trash bag(s)
- Have trash/recycle out by 8 AM
- Place at the end of your sidewalk
 - Avoid placing trash on the porch as other items could also be picked up by mistake
 - If it is not visible from the road, it may not be picked up
- Call the office if you have trouble getting trash to the end of the sidewalk
- Leave any weeds/plant clippings out with trash. No need to call the office.

Hate to Say It . . . SNOW?

Please refer to last month's in-depth snow information for complete details.

Remember to call the office as soon as possible if you need to get out on a day snow is predicted. In addition, make sure we have a copy of your car key for snow removal, especially if you are a new resident or have gotten a new car. Please call the office with any questions.

- It is NOT mandatory to participate with this snow key policy.
Note: Residents who have not provided a copy of their key will be responsible for moving/clearing their own cars.
- A copy of your car key(s) will be locked in our office for our snow crew to move your car at their convenience for plowing.

Snow removal is being performed by Realty Landscaping.

Thank you in advance for your patience and understanding.



The Center at Spring Street Boyertown Area Multi-Service

The Center at Spring Street is a vibrant gathering place for active adults 55 years of age and older. Among their offerings are:

- A hot, nutritious lunch prepared at the Center for a suggested donation of \$2.50.
- Various exercise programs, such as Sit & Get Fit, Active Wellness and Chair Dancing, to become or stay active.
- Wii bowling, shuffleboard, and billiards and educational programs all offer combined benefits of fun, acuity, coordination, and friendly competition.
- Sponsored Bingo games with fun prizes, public Bingo Nites and Friday Nite Dances, bus trips attracting larger groups offer opportunities to socialize and “swing”!
- Special celebrations, holiday observances, birthday wishes and more.
- Opportunities to volunteer in the kitchen, pack Meals on Wheels, clean-up, clerical, help and set up for special events.

The Center is open Monday thru Friday from 9 AM to 4 PM with some evening events. For more information or to schedule a tour, please contact them at 610-367-2313, Ext. 1.



Veteran Wall of Honor

Make sure you check out the Veteran Wall of Honor in the SRC Dining Room! We are so excited to have the privilege of honoring our residents who served in the armed forces.

Happy Halloween!

**Trick
or Treat?**

Thursday, October 31 is Halloween. If you desire to have little “munchkins” trick or treat at your door, please leave your porch light ON. If you do NOT wish to have them, please turn your front porch light OFF.

As always, should you see vandalism or suspicious activity, call the Police directly.

Not Just Socks

We are continuing to support local charities by collecting **NEW** items for the homeless. A collection basket is in the Salon area. The items collected are gloves, hats, scarves, socks and blankets. Donated items must be NEW and UNUSED.

Thank you for your donation.

Unwanted Eyeglasses



Thank you for your donation.

No Trespassing or Soliciting Communities

Both Sanatoga Ridge and Buchert Ridge are no trespassing and no soliciting communities. We do not want to be unfriendly neighbors to people who feel safe walking through the community, however, we also do not want to be a place where adults or children loiter.

IMPORTANT: Lower Pottsgrove Township requires all people/groups to have a permit to solicit from the Township. Should a solicitor knock at your door, kindly close the door and call the police.

Because we are a no soliciting community, politicians are also not permitted to go door to door through our communities.

Should you witness loitering or soliciting, for your safety, do not approach or engage in conversation. Please call the police directly. If you call the office or on-call staff, by the time we call the police, the offending person(s) may be gone.

Happy Birthday!

- 2 Millie M
Anne M
Fred S
- 3 Adrienne M
- 4 Alma N
- 5 Bob E
- 9 Kenneth B
- 12 James K
Michelle N
- 13 Allen M
Mary Ellen P
Jean S
- 14 Debbie E
Bernadette J
Addie M
- 15 Donald J
- 16 Bob H
- 19 Betty B
- 23 Peg B
Kathryn D
- 25 Ken C
Glenn D
- 27 Dianne S
- 30 Judy J
Barb M
- 31 Charles M



Happy Anniversary!

- 22 David & Gail B
William & Jacqueline L
- 29 Bill & Mary M



Resident Photo Directory

In order to keep the SRC picture directory current, we would like to take pictures in November and December to include the new residents, residents we missed before, and anyone who would like to update their picture. We will list times we will be available in the next newsletter. Meanwhile, anyone who needs us to come to them to take a picture or anyone who is not going to be available in November/December, please call Nancy E to set up a time that suits you.

Hopefully, you have found the directory helpful this year and will find it better next year after we add more resident's pictures. If you have not participated before, we hope you will let us include your picture this year.

~Nancy E.

Resident Christmas Luncheon! Friday, December 6

Look for more details in upcoming Ridge Reporters.



Donna & Richard Landis Farm Stand

Done for the Season – See you next year!

Pickleball

NOTE: Wednesday Time Change to 5 PM

Circle of Support at BRC

NOTE: Thursday, October 3 at 11 AM

Angel McIntosh will be holding the support group the **1st Thursday** of each month at 11 AM.

Brown Bag History: “The Battle of Germantown”

Thursday, October 3 at 12 Noon

Following the American defeat at the Battle of Brandywine in September of 1777, the British occupied Philadelphia when British General Sir William Howe positioned two brigades in a small village outside of Philadelphia called Germantown to protect the city. George Washington, commanding an Army of 11,000, sensed an opportunity and decided to attack and destroy the enemy detachment at Germantown.

Join Michael Jesberger, historical reenactor, lecturer, and tour guide, for this informative lecture on Philadelphia Revolutionary War history. Meets in the SRC Dining Room. **Open to the Public. RSVP by Wednesday, October 2.**

Lighten Your Path with Evelyn Dunn, CYT ***Start the Journey, Discover the Joy of Yoga***

Friday, October 4 at 10:30 AM

(1st and 3rd Fridays through December)

Lighten Your Path instills the principles of Yoga’s Science and integrates them into our Mind, Body, and Spirit. Learn to relax and quiet the mind through meditation. Learn and practice postures to strengthen and elongate your body to bring about flexibility and balance. It promotes the body to release tension and toxins, as well as helping to align the skeleton. Humming, singing, and chanting will be introduced. Using the vocal cords and the breath have been shown to stimulate the vagus nerve which in turns helps the body to reach homeostasis or balance. Leave each class feeling relaxed and rejuvenated with a peaceful feeling in your heart. Suggested gratitude offer for each class is \$5.

Friday Night Social – Cancelled for October
Will Resume in November

Resident Committee Meeting

Monday, October 7 at 10 AM

NOTE NEW TIME!



October 7

Book Club

Monday, October 7 at 2 PM

- November 4 “The Woman in the Window” by A.J. Finn
- December 2 “The Stranger in the Lifeboat” by Mitch Album

Contact Jeanette G for more information.

Patina Primary Care Presentation

Tuesday, October 8 at 2 PM

Patina is a Primary Care Provider that was created to profoundly improve the healthcare and aging experiences of older adults age 65+. Our unique care model includes in-home primary care via virtual and in-person visits, enabling our patients to be able to access care quickly and conveniently, right from the safety, comfort, and convenience of their home. Each patient gets a care team, which includes a Patina Health Champion, a "go to" person to help coordinate their care. We also recognize the important role that loved ones might play in the well-being of their family members, which is why we make it easy for them to become a core part of the care team too. We accept original Medicare and Medicare Supplement plans as well as most Medicare Advantage plans. (Independence Blue Cross, Aetna, Cigna, Humana & United healthcare)

Meets in the SRC Dining Room. **Open to the Public. RSVP by Monday, October 7.**

Supermarket BINGO! with Amity Place

Wednesday, October 9 at 10:30 AM

Amity Place will bring Supermarket BINGO to you! We have extra bingo cards, so you can play several cards at once! **SEATING IS LIMITED – RSVP by Tuesday, October 8.** Meets in the Dining Room.





Lunch Bunch

Giovanni's 724 Italian Restaurant

(1492 E Schuylkill Rd, Pottstown, PA 19465)

Friday, October 11 at 12 Noon

*If you are paying by cash at the restaurant,
please bring smaller bills/change.*

The SRC Bus will be available for \$3 per person (for the driver) due at sign-up.
The bus and carpool will leave Berean Bible Church Parking lot at 11:45 AM.

RSVP by Wednesday, October 9.

Brown Bag: "The Stories Behind the Words"

Tuesday, October 15 at 12 Noon

Explore the fascinating stories behind WORDS... with the popular Art Historian, Martin Bradfield! Presented in a "Words of Fortune" game show-type setting with audience participation and door prizes!

Meets in the SRC Dining Room. **Open to the Public. RSVP by Monday, October 14.**

Join the New Group – Mahjong!

Tuesday, October 15 at 1 PM

If you have experience or are a beginner and want to learn how to play, come out to the new Mahjong group beginning Tuesday, October 15 at 1 PM. This group will meet every Tuesday at 1 PM in the SRC Community Center.



Clean Comedy with

Mister Christian McCartney at SoulJoel's

Saturday, October 19 at 7 PM

In the world we live in, a night of fun and laughter makes a big difference! If you are interested in attending, please contact June P. for more information and tickets. Tickets are \$16.75 (includes service charge).

"Gatsby's" is open for food and drink.

SoulJoel's and Gatsby's are located at SunnyBrook.



Christian McCartney began entertaining family members and guests when he was in pre-school, which is also when he began studying greats such as Jim Carrey, Tommy Davidson and the Wayans brothers on *In Living Color*. He began doing standup at age 19 in Baltimore, Maryland. His comedy is a combination of animated storytelling, energetic characters, and pure entertainment.

Entertainment – The Bee’s Knees

Friday, October 25 at 4 PM

Join us in the SRC Auditorium on Friday, October 25 at 4 PM for “The Bee’s Knees” featuring Darel Atkinson and Timothy Gross. Their repertoire includes 100 songs like Crazy, Georgy Girl, Will you Still Love Me Tomorrow, Fly Me to the Moon, Lipstick on Your Collar, It’s Too Late, Love Me tender, Top of the World, Let Me Be There, Unchained Melody and What a Wonderful World.



Pennsylvania Fish & Waterways

Tuesday, October 29 at 10 AM

This talk will take you on a natural history tour through PA’s rich fishing and fish life history! Dive deep with guest speaker, Matt Truesdale, and as you learn about cultural and natural history, watersheds, macroinvertebrate life, fish species, and more related topics that makeup PA’s diverse aquatic life. Participants will also have the opportunity to learn the art of fly tying and tie a fly. **Open to the Public. RSVP by Monday, October 28.**



Daylight Savings Time!

Mark your calendars....Daylight Savings Time ends on Sunday, November 3. Don’t forget to change your clocks and “Fall Back” one extra hour.



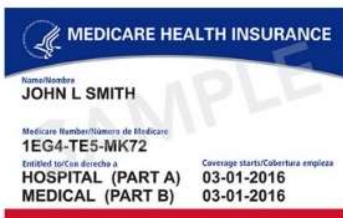
Supermarket BINGO! with Amity Place ***Wednesday, November 6 at 10:30 AM***

Amity Place will bring Supermarket BINGO to you! We have extra bingo cards, so you can play several cards at once! **SEATING IS LIMITED – RSVP by Tuesday, November 5.** Meets in the Dining Room.



Brown Bag History: ***“Lincoln at Gettysburg and the Gettysburg Address”*** ***Thursday, November 7 at 12 Noon***

In commemoration of the Anniversary of Abraham Lincoln’s visit to Gettysburg in November of 1863, Historical Re-enactor Michael Jesberger will present a program on the Gettysburg Address and President’s visit to the Battlefield. Meets in the SRC Dining Room. **Open to the Public. RSVP by Wednesday, November 6.**



Navigating Medicare Open Enrollment ***Thursday, November 7 at 7 PM***

The open enrollment period in which you can choose a new Medicare plan is from October 15 to December 7. Now is the time to get the facts and educate yourself on Medicare. Join Ed Savitsky, resident of SRC, and a Certified Medicare Counselor, on Thursday, November 7 at 7 PM in the SRC Dining Room as he explains Medicare in simple terms, shares Medicare updates, and discusses items to consider when choosing a plan. Ed will discuss the differences between Medicare, Medicare Supplemental, and Medicare Advantage. A Question-and-Answer session will follow. **Open to the Public. RSVP by Tuesday, November 5.**

Keeping Busy

Words on Wheels
Book Mobile
2nd & 4th Monday at 10 AM

Book Club
1st Monday at 2 PM
Dining Room

Friday Night Social
CANCELLED FOR OCTOBER
1st Friday at various locations

Dominoes
Mondays at 6 PM
Club Room

Bible Study
2nd Monday at 2 PM
Dining Room

Circle of Support
NOTE SCHEDULE CHANGE:
1st Thursday at 11 AM
BRC McMenamin Rec Center

Needlecrafters
2nd & 4th Wednesday at 3 PM
Dining Room

Yoga
Chair – Tuesdays at 3:30 PM
Floor – Wednesdays at 9:30 AM
Joy of Yoga – 1st & 3rd Fridays 10:30 AM
Auditorium



Vietnam Veterans
1st Tuesday at 7 PM - Dining Room

Wii Bowling
3rd Wednesday at 2 PM
Club Room



American Legion
4th Thursday at 7 PM - Dining Room

NEW - Mahjongg
Tuesdays at 1 PM - Dining Room

BINGO!

The Bingo Addicts – 2nd & 4th Saturdays – 10 AM
Supermarket Bingo w/Amity Place – 2nd Wednesday – 10:30 AM
Dining Room



Coffee Hour (and Tea too!)
Thursdays at 9:30 AM – Dining Room

Pickleball
NOTE: Wednesdays at 5 PM
Fridays at 9 AM
Sanatoga Swim Club



Pinochle
Thursdays at 2 PM – Dining Room

Lawn Games
Cancelled for Fall/Winter
Will Resume in Spring

LEGEND FOR AMOUNT OF WALKING

Little Walking

Plenty of Walking

- Sign up with the Office
- RSVP by deadline
- Limited seating
- At least 10 participants needed for SRC Bus trip
- **Payment is due at time of sign up and is by Check Only (Payable to SRC)**

Wednesday – October 9 – Elmwood Park Zoo

Rain Date Wednesday – October 16

Enjoy a fun day at Elmwood Zoo! Bob cats, zebras and porcupines, OH MY! Stroll through the beautifully landscaped paths and feed the giraffes (additional \$4 fee).

Don't miss this exciting bus trip!

If you feel adventurous, electric scooters are available to rent for \$15 (additional fee – must provide ID)

Lunch at your own expense at Jem Restaurant (cash only)

RSVP to the Office by Monday, October 7

LEAVE BEREAN PARKING LOT 9:15 AM

Bus Cost: \$3.50

\$14.95 entry fee to be paid by trip attendees upon arrival at the Zoo

Friday – November 15 – American Treasure Tour & Museum

This trip consists of a 45-minute guided tour on their tram ride of the largest part of their museum. There is a self-guided walking tour of the music room and classic car exhibit area. Included are treasures of miniature dolls, doll houses and music boxes, nickelodeons, and more plus a gift shop.

Lunch at your own expense at PJ Whelihans Pub.

RSVP to the Office by Wednesday, November 6

LEAVE BEREAN PARKING LOT: 9:15 AM

Cost: \$21.00



New Hanover AARP Trips

Checks Payable to:
“New Hanover AARP”

Details posted on the Library Bulletin Board.
RSVP to Carol G.

Tuesday – October 22 – Penn’s Peak “Yesterday Once More”

RSVP to Carol G. – TRIP IS FULL

Wednesday, November 20 – American Music Theatre “Joy to the World”

RSVP to Carol G. – TRIP IS FULL

What Did I Miss?



Diener's Country Restaurant and shopping

Strasburg Railroad



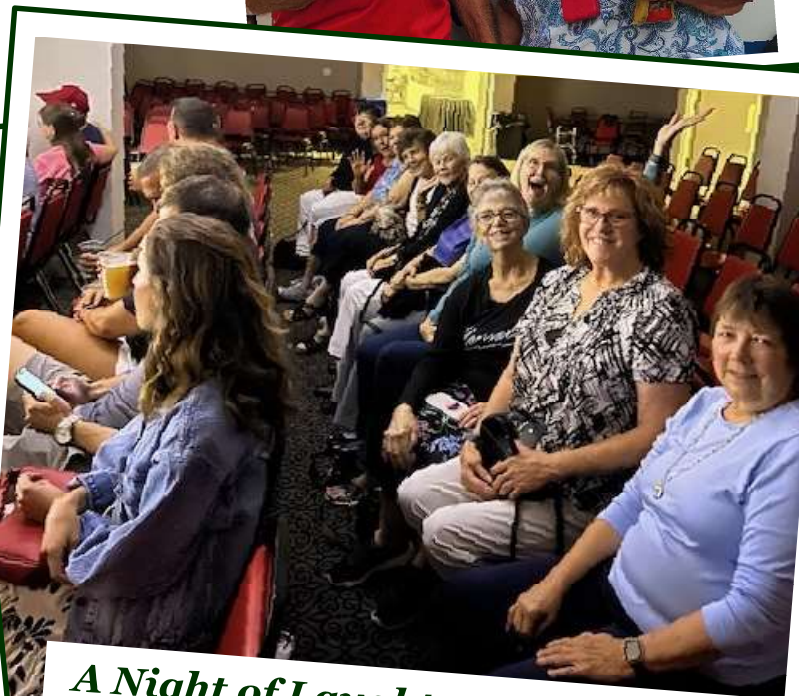
*Mister Softee
Ice Cream Truck*



Chair Yoga



A Night of Laughter at Soul Joel's



CANDY CORN FUN FACTS



- Yes, there's actually corn in it. Corn syrup, if that counts.
- Each kernel has three colors, about 7 calories and a lot of sugar.
- Manufacturers will produce more than 35 million pounds of the tricolored candy this year. That's almost 9 billion pieces.
- It used to be made by hand in large kettles. It dates to the 1880s, before the automobile and the commercial telephone.
- There's a proper way to eat it. OK, not really. But many people believe that candy corn should be nibbled in a certain manner. While almost half of candy corn consumers gobble the whole piece at once, 43% start with the narrow white end. Another 10% -- the true renegades -- begin eating the wider yellow end first.
- It can be deep-fried.
- There are versions for other holidays. It's not just for Halloween any more. Manufacturers now produce "Indian corn" (with a brown end instead of yellow) for Thanksgiving, "Reindeer corn" (red and green) for Christmas, "Cupid corn" (red and pink) for Valentine's Day, "Bunny corn" (white and various bright colors) for Easter and "Freedom corn" (red, white and blue) for July 4. Can green "St. Paddy's corn" be far behind?

Information from CNN.com

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3	6	9				7	1	8
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	9				2	1	4	7
1					7		8	
		3	4					



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9	1		7	8				
	9	6		3			8	
2	3	8	9	4		6		
5	4		6			9		

