


October 2025



SANATOGA RIDGE
COMMUNITY

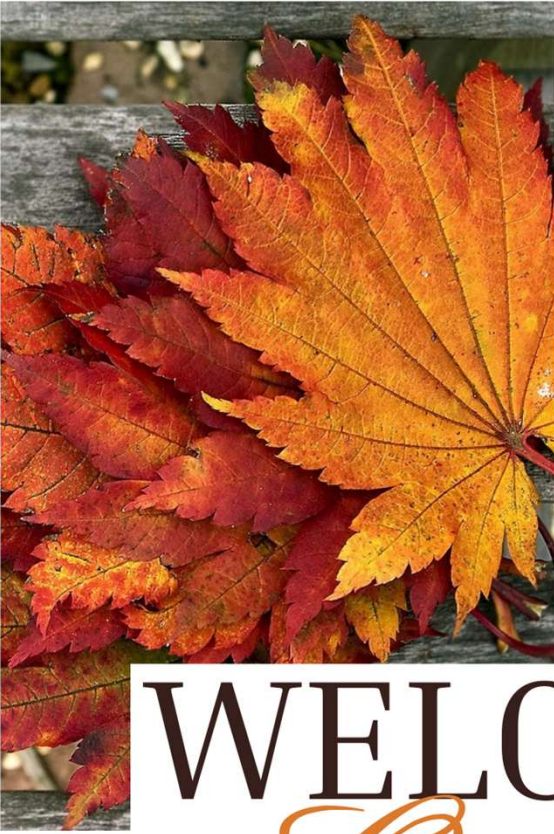
RIDGE REPORTER

 **Welcome to
October at SRC!**



Crisp air, colorful leaves, and cozy gatherings—it's the season for coming together. This month, we'll celebrate fall with twinkle lights on the patio, live music, pumpkin decorating, festive snacks, and of course, good company.

As we head toward Thanksgiving and the holidays ahead, may this season remind us of the beauty of change, the warmth of community, and the joy of sharing life together.



WELCOME,
October



“The heat of autumn is different from the heat of summer. One ripens apples, the other turns them to cider.” – Jane Hirshfield

Fall Maintenance Reminders

As we prepare for cooler weather, please keep these seasonal maintenance items in mind:

- **Hoses & Spigots** – Remove hoses from outside spigots before freezing temperatures arrive. This prevents damage to pipes.
- **Thermostats** – Set your thermostat to at least **68°F** when using your heat to help protect pipes from freezing.
- **Heaters** – Test your heater **before** the onset of cold weather. If it is not working properly, please call the office to put in a work order.
- **Windows & Doors** – Please keep storm doors and windows latched securely.
- **Outdoor Furniture** – Store or secure furniture, decorations, and umbrellas so they don't blow away in fall winds.

Thank you for helping us keep the community safe, comfortable, and ready for fall!

Fall Back – Time to Change the Clocks

As autumn settles in and the days grow shorter, it's once again time to “fall back.” On **Sunday, November 2**, don't forget to set your clocks back one hour.

This change marks the end of Daylight-Saving Time, giving us an extra hour of rest and longer evenings to enjoy the cozy comforts of fall—whether that's curling up with a blanket, enjoying a warm drink, or spending time with friends and neighbors.

Take advantage of the season's slower pace - and be sure to mark your calendar so you're right on time!



This Month in History

October 28, 1886 – The Statue of Liberty was dedicated in New York Harbor.

Speed Limits

For the safety of all residents, pets, and guests, please observe the posted speed limits: **20 mph**



Bird Feeders

Bird feeders bring beauty and joy, but they can also attract more than just birds. Please follow these guidelines:

- Do not place any food or bird seed on the ground
- Keep feeders several feet away from houses or trees, and at least 4 feet off the ground
- Use a squirrel baffle to keep critters away
- Choose a high-quality seed mix (low-quality fillers attract unwanted visitors)
- Clean up bird seed debris regularly

Food for Animals

Please do not leave food outside for animals. While it may feel like a kind gesture, it can attract unwanted visitors and contribute to concerns some residents are already dealing with.


For the comfort and well-being of all, please keep food indoors and enjoy wildlife in other ways.

Emergencies & On-Call Staff

In any emergency, **always call 911 first.**

Our on-call staff is available for **maintenance emergencies** and to assist during other urgent situations. We can:

- Open doors for emergency personnel
- Lock up afterwards
- Help answer questions
- Turn off appliances if needed

 **Important:** Our on-call staff is **not medical personnel** and cannot provide medical aid—including lifting a fallen resident. We are here to support you however we can until emergency responders arrive.

Transportation for Resident Meetings

NEW!

Need a ride to the monthly Residents' Meeting? **Link has generously volunteered to pick up residents at their courts** to ensure everyone can attend.

 Please sign up by calling the Office the week before the meeting.

 **Deadline: Friday, October 3 at noon**

Take advantage of this helpful service and join us at the meeting!

Fun Facts about October

- The name October comes from the Latin “octo” meaning eight, because it was the eighth month in the early Roman calendar.
- October’s birthstones are opal and tourmaline, both known for their beautiful colors.
- The flower of the month is the marigold, symbolizing warmth and creativity.
- October babies fall under the zodiac signs Libra (balance, harmony) and Scorpio (passion, determination).
- Pumpkin spice may feel modern, but recipes combining cinnamon, nutmeg, and cloves date back to at least the 1600s.

Famous People Born in October:

- **October 9, 1940 – John Lennon** (musician, songwriter, and member of The Beatles)
- **October 11, 1884 – Eleanor Roosevelt** (First Lady of the U.S., humanitarian, and activist)
- **October 16, 1854 – Oscar Wilde** (Irish poet and playwright)



Just Call Jayne!

Need help with groceries and errands? A ride to the doctor? Someone to walk your dog? Available Mon - Thurs. Call 610-310-6938. Jayne is a friend of Susie Rinehart.

STAFF SPOTLIGHT

We're excited to share some great news from within our team!

Michele has been promoted to **Director of Resident and Executive Affairs**. Since joining our community in September 2019 she has been an integral part of our success, making a tremendous positive impact on both residents and staff alike.



In her new hybrid role, Michele will continue to oversee community resident relations, activities, and initiatives while also providing direct support to Jon Kline and the overall organization. We are confident her leadership and dedication will continue to strengthen our community in this expanded capacity.

Please join us in congratulating Michele on this well-deserved promotion!



HAPPY BIRTHDAY!

- 2 Millie M
Anne M
Fred S
- 3 Adrienne M
- 5 Bob E
- 9 Kenneth B
- 10 Shirley C
- 12 James K
Michelle N
- 13 Sandra C
Allen M
Mary Ellen P
Jean S
- 14 Debbie E
Addie M
- 15 Donald J
- 16 Bob H
- 22 Diane H
- 23 Peg B
- 25 Ken C
- 27 Dianne S
- 30 Judy J
Barb M
- 31 Charles M

Welcome
to the neighborhood



We'd like to extend a warm welcome to our newest residents! Please stop by and introduce yourself.

Eugene S
Pottstown, PA

Nancy R
Pottstown, PA



With
heartfelt

Sympathy

Our thoughts and prayers are with the family at this difficult time.

Robert Floss
Passed away prior to moving in.

Howard Moyer
Resident since 2004



HAPPY ANNIVERSARY!

- 22 David & Gail B
William & Jacqueline L
- 29 Bill & Mary M

Caught Doing Good!

Thanks, Lynn, for capturing our Grounds Team hard at work trimming trees at the apartments!

Our Grounds crew works hard every day to keep our community looking great and in good shape for many years to come.

Be sure to let them know how much you appreciate all of their hard work!



We would LOVE to hear from you, too!

If you see someone going out of their way to help someone, share a kindness, brighten someone's day, or just be neighborly, let us know! We love celebrating the GOOD!

Give us a call at the office, email us or drop us a note in the Office In-Box.



What do you call somebody with no body and no nose?
Nobody knows! ~ JDK

Weekly Activities Schedule

Mondays:

- **Dominoes**, 6 PM
- **Book Club** (1st Monday), 2 PM
- **Bible Study** (2nd Monday), 2 PM
- **WOW Book Mobile** (2nd & 4th Monday), 10 AM

Tuesdays:

- **Mahjong**, 1 PM
- **Chair Yoga**, 3:30 PM
- **Vietnam Veterans** (1st Tuesday), 7 PM

Wednesdays:

- **Floor Yoga**, 9:30 AM
- **Men's Bible Study**, 12PM
- **Ladies Bible Study** (1st & 3rd Wednesday), 3 PM
- **Needlecrafters** (2nd & 4th Wednesday), 3 PM
- **Pickleball**, 5 PM

NEW! Men's Bible Study Brown Bag Wednesdays at 12PM beginning October 1, 2025 12pm

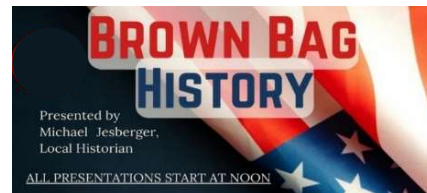
Men's Bible Study (Brown Bag Lunch) held by Grace and Peace Presbyterian Church will be meeting on Wednesdays in the SRC Dining Room.

This is an ongoing study in the Westminster Confession of Faith and its relevance and faithfulness to Scripture.

Join us – and bring a lunch!

Pickleball

Wednesday Schedule Change
New Time: 5 PM



Reflections of WWI in the Philadelphia Region, Part I Thursday, October 2 at 12 Noon

This lecture will explore the role that Philadelphia and its citizens played during the years prior to and throughout the First World War. We will reflect on daily life in the city and highlight the many contributions Philadelphians made to the war effort. The presentation will also examine the numerous monuments and memorials dedicated to those who served, fought, sacrificed, and died in the Great War.

Join historical re-enactor, lecturer, and tour guide Michael Jesberger for this engaging and insightful program.

Open to the Public. RSVP by October 1

What did Snow White say when her pictures weren't ready?
Someday, my prints will come. ~ From Dave D.

Movie Matinee Lineup **SRC Dining Room**

Friday, October 3rd @ 1:30PM
Dennis the Mennace
(1993 · PG · 1h 34min)

Get ready for laughs with this family comedy starring Walter Matthau as the grumpy neighbor, Mr. Wilson, and Mason Gamble as the mischievous Dennis.



When Dennis's boundless energy and curiosity collide with Mr. Wilson's desire for peace and quiet, chaos and hilarity follow!

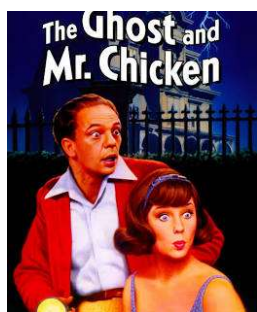
A lighthearted classic that will leave you smiling.



Friday, October 17th @ 1:30PM

The Ghost & Mr. Chicken

(1966 · G · 1h 30m)



A spooky comedy classic starring Don Knotts as Luther Heggs, a timid typesetter who spends the night in a haunted house.

With creepy sounds, mysterious happenings, and Knotts' unforgettable expressions, this film delivers more chuckles than chills.

A perfect lighthearted choice for the Halloween season!

Halloween-themed snacks will be provided by Melissa from Verizon. Don't miss it!

Weekly Activities Schedule

Thursdays:

- **Coffee Hour**, 9:30 AM
- **Pinochle**, 2 PM
- **Rummikub**, 6 PM
- **American Legion** (4th Thursday), 7 PM

Fridays:

- **Pickleball**, 9 AM
- **Canasta**, 6 PM
- **Friday Night Social** (1st Friday)

Saturdays:

- **Bingo Addicts** (2nd & 4th Saturday), 10 AM



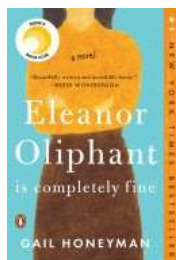
“October is the opal month of the year. It is the month of glory, of ripeness. It is the picture-month.”

~ Henry Ward Beecher

Book Club

Monday, October 6th at 2 PM

- Oct. 6th – Eleanor Oliphant is Completely Fine, by Gail Honeyman
- Nov. 3rd – Tom Lake, by Ann Patchett
- Dec. 1st – The Women, by Kristen Hannah



Contact Jeanette G for more information.



A New Chapter

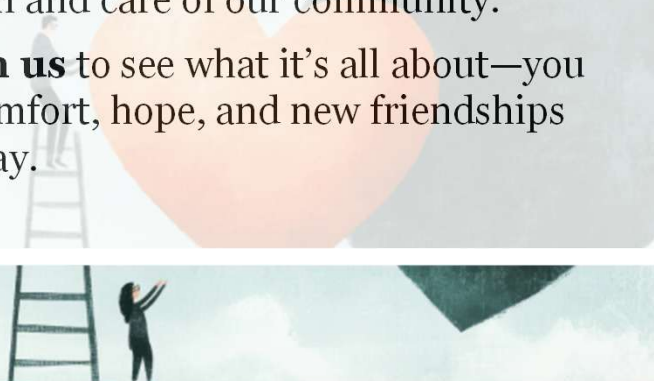
Wednesday, October 8th @ 7PM

In a 55+ community, many of us face the reality of loss more often than younger generations. How we walk through those experiences together will **shape the happiness and well-being of our future.**

This first meeting is a **chance to connect, share, and support one another.** Whether you're seeking encouragement, willing to listen, or simply curious, your presence matters.

The future of this **group will grow** from the participation and care of our community.

Please join us to see what it's all about—you may find comfort, hope, and new friendships along the way.

A graphic for the 2026 Budget Planning Meeting. It features a black box with white text on the left and a collage of puzzle pieces on the right. One puzzle piece shows a portrait of Benjamin Franklin. The text reads: '2026 BUDGET PLANNING MEETING' and 'All residents are encouraged to attend.'

2026 BUDGET PLANNING MEETING
All residents are encouraged to attend.

2026 Budget Planning Meeting

Friday, October 10th @ 10AM

This month's Coffee Talk with Jon will take a **special focus** as we gather for our 2026 Budget Planning Meeting on Friday, October 10 at 10:00 AM **in the SRC Auditorium.**

Over the past several months, Jon and the leadership team have shared updates on the importance of thoughtful planning for the future of our communities.

This meeting will bring those conversations together and outline the next steps forward.

We encourage all residents to attend this important discussion.

** See newsletter insert for more information and **important transportation and parking information.** **

“The best memories are made gathered around good food.” – Unknown



Lunch Bunch

Big Phils

(351 Schuylkill Rd, Suite #2)

Friday, October 10th at 12 Noon

If you are paying by cash at the restaurant, please bring smaller bills/change.

The SRC Bus will be available for \$3 per person (for the driver) due at sign-up. **The bus and carpool will leave Berean Bible Church Parking lot at 11:30 AM. RSVP by Wednesday, October 8th**

Pumpkin Decorating w/Home Instead

Monday, October 13 @ 1PM

Cost: \$8 RSVP Friday, Oct 10



Join us in the **Dining Room** for a fun and festive afternoon of pumpkin decorating!

Whether you're brimming with creative ideas or just want to try something new, we'll have plenty of inspiration and guidance to help you design a pumpkin you'll love.

👉 Invite your friends and grandkids to join us—the more, the merrier!

Be sure to sign up so we can be sure to have enough supplies for everyone. Pumpkins and select decorating supplies will be provided, including paint, paint markers, and other materials. Feel free to bring your own decorating items, too, to make your pumpkin uniquely yours!

🍪 **Special Treat:** Our friends from **Home Instead** will be joining us and providing snacks to enjoy while you decorate.



Google Review Seminar - How to leave an Outstanding Review!

Thursday, October 16, 2025 10:30

★ **Brag a Little About Your Home!**

We know you love living here—this is your home, your community, and your family. Now's your chance to share that joy with others!

Join Jon Kline in the SRC Dining Room for a fun, quick session on how to leave a Google Review.

You'll learn why reviews matter, how easy it is to leave one, and how your words can help future residents discover the special community we enjoy every day.

Come ready to brag a little—we can't wait to hear what you have to say!

Scientists got bored watching the earth turn after 24 hours.....so they called it a day.

~ Dave D.

“Autumn carries more gold in its pocket than all the other seasons.” – Jim Bishop



Balloon Volleyball
Saturday, October
18th @ 2PM



Young at Heart
Entertainment
Monday, October 20, 2025
@ 4PM

Back by popular demand! Gather with friends and neighbors for an hour of fun, interactive music and memories that will warm you like a fall fire.



OKTOBERFEST


POT LUCK

SOCIAL

October 21st from 2 - 4PM
in the Dining Room

- Water and Iced Tea provided
- BYOB (non-alcoholic)
- Bring your favorite dish
- Sign up at the office

Please join us for a
wonderful afternoon of
fellowship and live music!
RSVP: Friday, October 17th

 *“I’m so glad I live in a world where there are Octobers.”*
– L.M. Montgomery (*Anne of Green Gables*)



Smore's on the Patio

**Friday, October 24th from 6 – 7:30PM
On the SRC Patio**

As the autumn evenings turn crisp, we invite you to join us for a cozy night under the lights! The patio will be glowing with warm fire pits, soft seating, and twinkling lights—perfect for fellowship and fun.

Enjoy **live music** while you **roast marshmallows** and build your own s'mores—both the classic kind and some delicious gourmet varieties you'll want to try!

Please join us! Bring your smile, your sweet tooth, and a friend or two—this is sure to be a night to remember!

RSVP October 15





**American
Red Cross**

**Red Cross Blood Drive
Monday, November 10
2 PM to 7 PM**

American Red Cross will be on site blood donations. If you're interested in donating, please log onto their website; www.REDCROSSBLOOD.org or scan the QR code to make an appointment.

If assistance is needed, please reach out to Cheryl Hobbs.



AARP Smart Driver Course™

Session 1

Monday, Oct 27, 2025

From 12:45 p.m. to 5:00 p.m. ET

Session 2

Tuesday, Oct 28, 2025

From 1:00 p.m. to 5:00 p.m. ET

Sanatoga Ridge Community

2461 E High St

Pottstown, PA 19464-3189

Instructor: Gregory Cindric

(610) 326-6282

**\$20 for AARP Members;
\$25 for Non-AARP Members**

AARP membership is NOT required.

All drivers are welcome.

(Payable by check or money order to AARP Smart Driver Course.)

AARP Smart DriverTEK

10/28/2025, 10:00AM

October 28, 2025

10:00 AM - 11:30 AM ET

*Learn how the latest technology like **Back Up Cameras, Blind Spot Warnings, and Lane Keeping Assistance** can help make driving safer and easier!*

This class is being held in between two half-day sessions of Driver Safety class C42830. You are welcome to register for that class as well.

SAM Luncheon

Monday, October 14

Entertainment @ 11AM

Jeff Steinberg, *The Tiny Giant*

Lunch is served at Noon

Sign up at the office or on the AARP website:



Learn safe driving strategies and you could earn a discount on auto insurance.* Hit the road with confidence, courtesy of the newly updated, award-winning AARP Smart Driver course. You will learn helpful driving strategies, and you may even qualify for a multiyear discount on your auto insurance! Plus, AARP members save 20% on the cost of the course!

*Upon completion, you may be eligible to receive an auto insurance discount. Other restrictions may apply. Consult your agent for details.

Q: What do you get when you drop a pumpkin?

A: Squash! 🍠

Save the Dates!

- **Monday, November 10** – Red Cross Blood Drive
- **Saturday, November 15** – Brown Bag History, *Reflections of WW* in the Philadelphia Region, Part II
- **Tuesday, November 18** – Nolde Forest Presents: Magnificent Migration
- **Monday, November 24** – Sam Luncheon, Entertainment by Steve Walker, *The Christmas Show*
- **Friday, December 5** - Christmas Luncheon

📖 Historical Notes

- **October 4, 1957** – Sputnik 1, the first artificial satellite, was launched into space.
- **October 26, 1881** – The famous Gunfight at the O.K. Corral took place.
- **October 27, 1904** – The New York City Subway opened.
- **October 31, 1517** – Martin Luther nailed his 95 Theses to the church door, sparking the Protestant Reformation.

Sweater weather



Join Nolde Forest for another hands-on lesson:

MAGNIFICENT MIGRATION

Tuesday, Nov 18th

Two options:

10am OR 2pm

Birds, butterflies, bats, and more! - Many of our fair-weather friends are leaving for their winter homes.

But why are they leaving? Where are they going? And how do they get there? Join us to learn about this amazing natural phenomena and play a migration game! Can you survive the treacherous journey?

RSVP to (610)326-6282 by Nov 14th

This program will be held in the dining room



Sanatoga Ridge Community
2461 E. High Street, Pottstown, PA 19464

Q: What do you call a skeleton who won't go trick-or-treating?

A: *Lazy bones!* 🦴 🍬

🎃 Halloween Charm

Halloween has a way of sneaking up on us with its crisp air, glowing pumpkins, and bowls of candy at every turn. It may no longer be about dressing up or knocking on doors, but it still gives us plenty to smile about—whether it's the cheerful decorations on porches, the grandkids stopping by to show off their costumes, or simply enjoying a piece (or two!) of chocolate without guilt.

At its heart, Halloween is a reminder to celebrate the lighter side of life, to enjoy a little whimsy, and to share in the fun that October always seems to bring.

🎃 Halloween Giggles

Q: Why don't ghosts like rain on Halloween?

A: It dampens their spirits! 👻

Q: What do you call a skeleton who won't go trick-or-treating?

A: *Lazy bones!* 🦴 🍬

Q: Why did the vampire need mouthwash?

A: Because he had bat breath! 🦇

Thanksgiving at SRC Thursday, November 27

🍂 Thanksgiving is just around the corner! Do you have plans for the day? If not, we'd love for you to join friends and neighbors from SRC for a special Thanksgiving meal on Thursday, November 27.

- 📍 Time: To be determined
- 📋 Sign up in the office if you'd like to attend
- 📞 Questions? Call Nancy E.

Come share good food, fellowship, and the spirit of gratitude together!



LEGEND FOR AMOUNT OF WALKING

Little Walking



Plenty of Walking

- Sign up with the Office
- RSVP by deadline
- Limited seating
- At least 10 participants needed for SRC Bus trip
- **Payment is due at time of sign up and is by Check Only (Payable to SRC)**

Wednesday, October 15 – Glasslite Studio – St. Peters Village

Join us for a fascinating visit to **Glasslight Studio in St. Peters Village**, where you'll watch skilled artisans transform molten glass into stunning works of art. You'll see the glassblowing process up close—shaping, blowing, and finishing pieces that sparkle with color and creativity. Afterward, we will have lunch at St. Peters Inn. Lunch at your own expense.

RSVP to the Office by Friday, October 10
LEAVE BEREAN PARKING LOT: 10:30AM Cost: \$5

New Hanover AARP Trips

Checks Payable to:
"New Hanover AARP"

Details posted on the Library Bulletin Board.
RSVP to Carol Griffith (484-624-8314)

**Wednesday, October 1 – Ace in the Hole at the Brownstone
– "Octoberfest" \$150**

**Wednesday, November 19 – American Music Theatre –
"Deck the Halls" \$140**

Details posted on the Library Bulletin Board

Q: Why don't mummies take time off?

A: Because they're afraid to *unwind!*

