

# RIDGE REPORTER



*Josh*

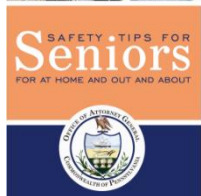
## *New Staff Member!*

We are pleased to announce  
*Josh*  
as our newest member for the  
maintenance and on-call teams.  
We are excited to have him on our team.  
*Welcome, Josh!*



*Don't forget to change your clocks and "Fall Back"  
one hour on Sunday, November 6.*

## *Scam Phone Calls*



Several people have called the Office to report they have recently been the recipients of scam phone calls. We urge all residents to be cautious when answering the telephone.

The Office of the Attorney General of Pennsylvania has published a helpful pamphlet – *Safety Tips for Seniors* – which is available at the Office window and in the library.

Some Quick Tips from the pamphlet:

- If you don't know the number, DO NOT ANSWER. Let your machine pick up.
- EXAMINE YOUR MAIL – if the postmark is from outside the US, it is most likely mail fraud.
- Beware of anyone DEMANDING PAYMENTS in gift cards or prepaid credit cards.

Stop by the Community Center to pick up a pamphlet.

*Be alert; be secure; be smart.*



## ***Office Closure & Trash Reschedule***

A reminder that the Offices will be closed on Thursday & Friday, November 24 & 25 for the Thanksgiving holiday.

***Trash AND Recyclables will ONLY be collected once that week on Wednesday, November 23.***

Please do not put your trash out on Tuesday or Friday.

## ***Trash Reminder***

- Please tie all trash bags (to prevent loose trash becoming a problem for the collectors) and rinse recycling.
- Shredded paper is recycled – must be bagged separately.
- Yard clippings must be separated from both trash and recycling. You can just leave the clippings and we will collect them at normal trash pickup. No need to call the Office.
- Although our trash crew can be delayed, our policy states that trash starts at 8 AM. If your trash is not out by 8 AM and gets missed, we ask you to either dispose of it yourself or hold onto it until the next trash day. Unless your trash is in a covered bin, we ask you to not leave it out over night due to animals.
- Place at the end of your sidewalk – keep main sidewalk clear for people walking.
  - Avoid placing trash on the porch as other items could also be picked up by mistake.
  - If it is not visible from the road, it may not be picked up.
- Call the Office if you have trouble getting trash to the end of the sidewalk.

## ***Maintenance of Resident Perennials***

Residents may plant perennial plants in their mulch with the understanding that the maintenance responsibilities of any perennial planted belongs to that resident. The staff are able to trim or remove perennials through the proposal process. Please contact the Office for more information.

## ***Shredding Event Update***

Back in September we held a Shredding Event that was open to residents in addition to the public. Many visitors commented on the beauty of the community!

Last year we collected and shredded 3.14 tons (6,280 lbs.).  
This year we collected and shredded 6.435 tons (12,870 lbs.).

Thank you for all who contributed to this successful event.

***A Spring Date is  
Being Planned.  
Watch for details!***



## ***Contact Information***

Please remember to keep the Office informed of any contact information changes. If you have a cell phone, it is also helpful for the Office to have that number in case your house phone is not working and we need to get in touch with you.

## ***Going Away for a Few Days?***

We are excited that you get the opportunity to go away for a few days. However, please inform the Office of your absence. The Office occasionally gets calls from people concerned that they can't reach you or that your mail, newspaper or packages are starting to pile up. If we know of your absence, it is an easy answer to let them know you are OK. For the safety of the Community, we ask that you let us know if someone will be getting your mail, going in your home or taking care of your pets. It is also helpful for the Office to have a contact number for you (or the person house-sitting for you) in case we need to reach you.

## ***Community Decorating & Donations***

Beginning in November, the Staff will be decorating the community center, common areas and gazebos. Please feel free to decorate your homes and porches.

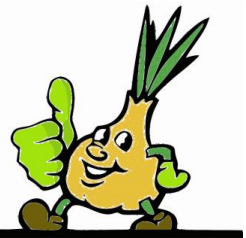
Before you throw away unwanted decorations, please contact the Office. We are accepting donations to use throughout the communities.

## ***Pet Registration***

We are a pet-friendly Community. Please make sure your pet is registered with the Office. When a staff member is dispatched to your home, this assists us in knowing that there is a pet in your home.

## ***Green Thumbs***

We are excited to see our hard-working residents participate and cooperate in such a beautiful activity. Between the produce and the beauty, many families benefited due to the hard work and time put into making these gardens a success. We are thankful for everyone's help and are hoping that next year will be even better!



In order to give everyone a better start on the next season, we ask that the plots be completely emptied by November 18. You can leave all debris by the side of the shed in or around the wheelbarrow. If anyone is doing winter plants, bulbs, or produce for future years, please contact the Office so we are aware.

## ***Seasonal Maintenance Items***

**Hoses** - Hoses in the front and back of your homes must be disconnected by November 11. Turning off the water is not enough. Water can back up and burst the pipe. If you need assistance disconnecting your hose, please call the Office to schedule a staff visit.

**Salt Bags** – ***Snow, sleet, freezing rain, ice are just around the corner.*** Please be sure to call the Office by November 11 if you would like a salt bag placed on your porch for the occasional icy areas that freeze overnight during the winter months. For planning and supply purposes, please call the Office by the November 11 deadline.

**Before it Snows** - Please remove all personal decorations such as flower pots, chairs, flag holders, bird houses, solar lights, etc. from the sides of your walkways and/or driveways. When covered by snow, these items cannot be seen and may become damaged by the snow removal crew. SRC will not be held responsible for damage to these items. Also, please make sure your mechanical room door is latched to prevent frozen pipes.



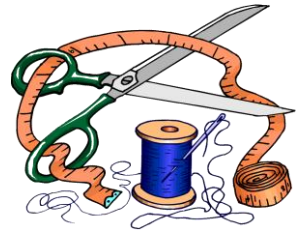
## ***SNOW? Yes! It's That Time of Year Again!***

The basics of the Snow/Ice policy are as follows:

- You must sign a waiver in the Office for us to have permission to move your car and to clean it off.
- A set of your car keys will be kept and locked in our Office for our snow crew to be able to move your car at their convenience for plowing.
- It is NOT mandatory to participate with this snow policy.
- If you do not participate, please be aware that your car will NOT be moved or cleaned off. YOU will be responsible for moving your car temporarily to a designated parking area on your court map.
- If you do not move your car for us, then you will be responsible for clearing the snow around your car.
- Check your court map for appropriate parking locations during a snow event.

## ***Sewing Club***

Ruth has stepped away as leader of the Sewing Club. Thank you, Ruth, for your dedication and countless hours with the Sewing Club!



## ***Sewing Club – New Name – Stitches & Seams***

The Sewing Club has a new name (Stitches & Seams) and needs a new leader. Stitches & Seams provides sewn donations to various organizations throughout the community. Please contact the Office if you are interested in leading Stitches & Seams.

## ***Activities Coordinator Needed!***

As of the end of the year, Kathy is stepping down from coordinating activities such as Entertainment, the Summer Picnic, and the Christmas Luncheon. November 21 will be her last Social Committee meeting, which is needed to finalize the 2022 Christmas Lunch.

If you are interested in taking over the role, please contact the Office.

*Thank you, Kathy, for your many years and countless hours volunteering to coordinate all our activities.*

## ***Veterans' Wall of Honor***

We are proud to announce the establishment of a Veterans' Wall of Honor in the Community Center Dining Room. A private pinning ceremony and dedication will be held on Wednesday, November 2 to honor the veterans within our communities. All residents are encouraged to view the wall after the dedication.

As we celebrate Veterans' Day and thank the men and women who have given of themselves in service to this great nation, may we never forget their selfless devotion and commitment to our freedom.

*America without her soldiers would be like God without his angels. – Claudia Pemberton*



## ***Proudly Flying New Flag***

Thank you to Lee & Linda for donating and maintaining our American Flag. Visitors to our community do notice and appreciate that we proudly fly the flag!

## *Christmas Child Project*

November is the month of Thanksgiving when we should think about what we have to be thankful for, how blessed we are to live in such a beautiful community and to have all the comforts that we have. There are many in our local area who are struggling to have necessary clothing. Barbara has volunteered to continue the Christmas Child Project which benefits the families through the Cluster of Churches, Genesis Pregnancy Care Center, and Salvation Army. If you would like to contribute to this very worthwhile project, please bring your gift UNWRAPPED to the Community Center lobby. The gifts should be brought in November 1 through December 9.



Much needed items include:

- Infant blankets
- Disposable diapers, sizes 4-6 (these larger sizes are greatly needed)
- Clothes for newborn through 3 years old (underwear, sweaters, sweatshirts, outfits, onesies, booties, shoes, socks, mittens caps, jackets)
- If you prefer to contribute a monetary donation, please drop your donation in the Office in-box on the wall. Your donation should be in an envelope with "CHRISTMAS CHILD" clearly marked.

Mark your calendar for this wonderful opportunity to make a needy child's Christmas brighter! **(NO toys or food items, please.)**

## *Used Band & Orchestra Instruments*

*Saturday, November 5 from 9 AM to 12 Noon*

Pottsgrove School District is accepting donations of used band and orchestra instruments on Saturday, November 5 from 9 AM to 12 Noon at Ringing Rocks Elementary School.

## *Veterans' Day - November 11*



Veterans' Day occurs on November 11 every year in the United States in honor of the "eleventh hour of the eleventh day of the eleventh month" of 1918 that signaled the end of World War I, known as Armistice Day.

In 1954, President Dwight D. Eisenhower officially changed the name of the holiday from Armistice Day to Veterans' Day.

In 1968, the Uniform Holidays Bill was passed by Congress, which moved the celebration of Veterans' Day to the fourth Monday in October. The law went into effect in 1971, but in 1975 President Gerald Ford returned Veterans' Day to November 11, due to the important historical significance of the date.

Veterans' Day commemorates veterans of all wars. Thank you to all who have served.



## Happy Birthday!

- 4 Lee  
Kathryn
- 5 Nora
- 6 Carol
- 9 Janet
- 12 Marian  
Ed
- 13 Leslie
- 15 Skip  
Pat
- 16 Betty  
Nancy
- 17 Suzie  
Doug
- 18 Cinthia
- 20 Leon
- 21 Marie  
Bill
- 22 Muriel
- 23 Deborah
- 25 Vivian
- 26 Nancy  
William  
Ruth
- 27 Marian
- 28 Nancy  
Carol
- 29 Edie  
Dennis  
Elsie

## Happy Anniversary!



- 1 Skip & Norma
- 3 Stephen & Cheryl
- 6 Bill & Gerry
- 21 Doug & Nancy
- 23 Glenn & Nora
- 27 George & Bobbi

## Welcome To The Neighborhood!

*We'd like to extend a warm welcome to our newest residents!*

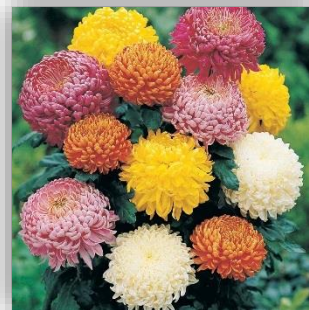
*Please stop by and introduce yourself.*



**Lauren from Wilkes-Barre, PA**

**Fred from Pottstown, PA**

**Sharon from Pottstown, PA**



The chrysanthemum is the November birth flower. The chrysanthemum means compassion, friendship and secret love. This flower can be red, white or yellow. Chrysanthemums have been grown by the Chinese for over 2,000 years. This flower is also a symbol of the sun. Chrysanthemum was named after the Greek word which means gold flower.

## ***Medicare and Your Retirement*** ***Tuesday, November 1 at 10 AM***

Bonnie Thompson of Edward Jones Financial will discuss the role Medicare will play during your retirement on Tuesday, November 1 at 10 AM in the Dining Room.

The increasing cost of health care is a growing concern for current and future retirees. Thirty years ago, retirees spent nearly twice as much on food as they did on health care; now the two expenses are nearly equal. Bonnie will discuss Medicare coverage and traditional medical expenses, long-term medical expenses, and strategies for addressing out-of-pocket expenses. Open to the public.

**POSTPONED**



## ***Medicare Seminar*** ***Thursday, November 3 at 6:30 PM***

The open enrollment period in which you can choose a new Medicare plan is from October 15 to December 7. Now is the time to get the facts and educate yourself on Medicare.

Join Ed, resident of SRC and a Certified Medicare Counselor, on Thursday, November 3 at 6:30 PM in the Dining Room as he explains Medicare in simple terms, shares Medicare updates, and discusses items to consider when choosing a plan.

Ed will discuss the differences between Medicare, Medicare Supplemental, and Medicare Advantage. A Question and Answer session will follow. **RSVP by Tuesday, November 1.**

*For a private consultation with Ed, please call TRAAC at 610-323-5009 (do not call Ed directly). All appointments are held at the TRAAC facility.*

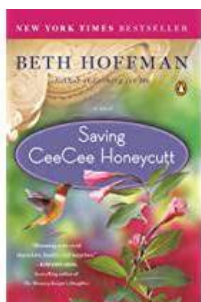
## ***Resident Committee Meeting*** ***Monday, November 7 at 9:30 AM.***

### ***Book Club***

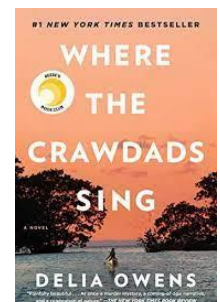
***Monday, November 7 at 2 PM***

Book Club is the 1<sup>st</sup> Monday of each month in the SRC Dining Room. *Saving CeeCee Honeycutt* by Beth Hoffman will be discussed at the November meeting. December's book will be *Where the Crawdads Sing* by Delia Owens.

*Contact Jeanette for more information.*



November 7



December 5



## ***Tips for Those with Hearing Loss: Surviving the Noisy Stressful Holidays*** ***Tuesday, November 8 at 6 PM***

Hosted by Lara Graham. Holidays can be loud, stressful, and isolating for those with hearing loss.

Make gatherings a little easier for EVERYONE by learning simple tips and tricks for navigating loud events such as restaurants, parties, and outings.

Gain a better understanding of those with hearing loss by becoming aware of hearing fatigue and learning the 9 words you should never say to a person with hearing loss.

Leave with a handful of easy little things you can do to ensure everyone is included in the conversation, and why LIGHTING is important!

Tuesday, November 8 at 6 PM – 7 PM in the Dining Room. Open to the public. **RSVP by Monday, November 7 to 610-326-6282.**

***No Movie /Documentary This Month***

## ***Women's Service Group Seeks New Members!*** ***Thursday, November 10 at 11 AM***

Did you miss the Pilot Club of Valley Forge Informational Tea on November 5? Pilot Club is hosting a second chance Tea! Join us for tea and information on this amazing women's service club which provides acts of kindness for caretakers and those who serve others, promotes education of brain health, and spearheads projects for those who've experienced brain trauma.

Recent Pilot Club projects include the Shoebox Project (collecting items for the homeless and those in need), providing bicycle helmets for brain safety, and providing an all-accessible/wheelchair compatible swing at Reeves Park in Phoenixville, so that ALL children can enjoy the swings!

Join us at the home of Suzanne on Thursday, November 10 at 11 AM to find out more! Open only to ladies at SRC and BRC. **RSVP to the Office by Tuesday, November 8.**

## ***Game Night***

***Thursday, November 10 at 6 PM***

Howard will host on Thursday, November 10 at 6 PM in the Club Room. We encourage new residents to come out to meet your neighbors, play some board games, card games or try out the Wii Bowling. Can't wait to see you!

## *Self-Defense for Seniors*

*November 9, 16, & 30 at 1 PM to 2:30 PM*

Master Kurt Miller of Master Kim's Black Belt Academy will lead a 3-part presentation on self-defense. **Participants must attend all 3 dates, as instruction is sequential.**

- Class 1 will teach situational awareness and how to be prepared for a confrontation.
- Class 2 will involve role-play between the participants and instructor, and blocking and striking techniques will be taught.
- Class 3 the instructor will suit up in a protective suit and simulate an attack on pre-selected participants using blocking and striking techniques taught in Class 2.
- Participants from Classes 1 and 2 are welcome to attend Class 3 to observe, and are not required to participate in attacks unless they desire.
- Participants will be required to sign a waiver at the time of registration.

**OPEN TO THE PUBLIC!**

**Spaces still available: RSVP by Monday, November 7 by calling 610-326-6282.**



## *Lunch Bunch*

**Duck Inn (532 Gravel Pike, Collegetown)**

**Friday, November 11 at 11:30 AM**

*If you are paying by cash at the restaurant,  
please bring smaller bills/change.*

The SRC Bus will be available for a fee of \$3 (check only) per person for the Bus Driver payable at sign-up.

The bus and carpool will leave the Berean Bible Church Parking lot at 11 AM.  
**RSVP by Monday, November 7.**

*Would you like to be the one to pick the restaurant?*

*We are looking for someone to help plan the Lunch Bunch going forward.  
Contact Kathy.*

## *Bible Study*

**Monday, November 14 at 2 PM**

Bible Study will be held in the SRC Dining Room on Monday, November 14 at 2 PM. The study will be headed up by Franklin Iyasere, lead pastor at Providence Church of the Brethren in Royersford.



## ***Wii Bowling*** ***November 16 at 2 PM***

Wii bowling will be held on November 16 at 2 PM (the 3rd Wednesday of each month) in the Club Room. *Can't wait to begin our new season of competition!*



## ***Karl Hausman*** ***Friday, November 18 at 4 PM***

He will delight us with his piano playing in the Auditorium on Friday, November 18 at 4 PM. Come enjoy and sing along with many of your favorite songs.

*Karl began piano at 3. Took lessons at 7. Sang in concerts with The Philadelphia Boys Choir & The Philadelphia Orchestra; Eugene Ormandy conducting. At 14, began playing bars in his Irish neighborhood of Fishtown. At 16, became a studio pianist for Rock & Roll singers and Doo-Wop groups. At 17, won 1st Prize in a talent contest on Steel Pier in Atlantic City.*

*Karl has shared the stage with these great entertainers (just to name a few): Neil Diamond, Johnny Cash, Roy Clark, Conway Twitty, Marvin Gaye, Don Rickels, Bo Diddley, The Rascals, The 4 Seasons, The Glenn Miller Orchestra, The Turtles, Lou Rawls, Doc Severenson, Frank Sinatra Jr., Philadelphia DJ Legends: Dick Clark, Jerry Blavit, Harvey Holliday, Hy Litt, Rockin' Ron Cade, Ed Hurst, Brooks St. Ives, & Tom Lemayne*

## ***Premiere Dance Studio*** ***November 20 at 2 PM***



Let us entertain you! Dancing, beautiful costumes and smiles coming your way. Premiere Dance Studio is bringing their dance performance to you! Dancers, ages 4 to 14, will be performing on Sunday, November 20 at 2 PM in the Auditorium. This is a free event and open to the public.

## ***Social Committee***

***Monday, November 21 at 2:30 PM***

The Social Committee will meet Monday, November 21 at 2:30 PM in the Dining Room. This will be Kathy's last meeting as coordinator.

## ***Photos with Santa at BRC*** ***Thursday, December 8 from 3-6 PM***



You are invited to *Photos with Santa* on Thursday, December 8 from 3 PM to 6 PM in the McMenamin Rec Center at BRC. Please schedule your photo appointment by calling Bill.

By the way, the Santa at BRC is PET FRIENDLY, so bring them too! There is no cost for the photos; however, a donation to the Food Pantry is requested.

# Save the Dates



## ***SRC Singers Holiday Concert*** ***Sunday, December 11***

Watch the December Ridge Reporter for more details!

## ***Girls' Night Out +1***

***Thursday, December 15 at 6 PM***

Join us girls for a night of friendship and festive fun! Our Girls' Night Out gatherings are a great way to meet new friends! Feel free to bring a friend from outside the community. Wear your nametag and bring a snack to share with others. Thursday, December 15 at 6 PM in the Dining Room. Open to BRC and SRC Ladies plus a friend! **RSVP by Wednesday, December 14.**

## ***2023 American Red Cross Blood Drives***

All drives will be on Mondays from 2-7 pm in the Auditorium.  
Register online beginning in December at [www.redcrossblood.com](http://www.redcrossblood.com).

- January 16
- April 17
- July 17
- October 16



**American  
Red Cross**



## Residents' Christmas Luncheon

**Friday, December 2- 11:30 AM**  
**Berean Bible Church - Fellowship Hall**

*(Doors open 10:30 AM)*

**Cost— \$7**

*(Resident, Member of Resident Committee - currently paid \$5 yearly dues)*

**\$12**

*(Resident, Non-Member of Resident Committee)*

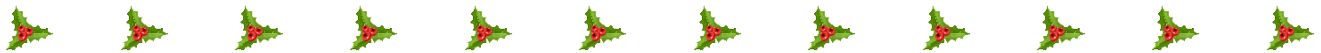
**\$29**

*(Non-Resident Guest and BRC Residents)*

**RSVP and Payment Due (CHECKS ONLY) at Office by  
12 Noon, Tuesday, November 22  
(NO EXCEPTIONS)**

*Minimum of 100 reservations required*

Inform the Office at time of RSVP if you need SRC Bus transportation or if you need assistance carrying your tray through the serving line and to your table.



**Musical Christmas Program in the Sanctuary by Witness.**  
**Christmas Carol Sing-Along and Door Prizes Too!**



**Buffet Meal by Wegmans will include:**

*Tender Pot Roast  
Chicken with Bread Stuffing  
Glazed Carrots  
String Beans Almondine  
Assorted Cakes*

*As well as all the extras, such as fruit salad, applesauce, cranberry relish, pepper cabbage, cole slaw, gravy, rolls & butter, mints, hot tea, coffee, & fruit punch.*

## Resident Entries



## Staff Entries





***Words on Wheels Book Mobile***  
*2<sup>nd</sup> Monday – November 14 at 10 AM*

## ***Dominoes***

Mondays at 6 PM - Club Room

## ***Pickleball***

**On a winter Hiatus.  
Resumes in warmer  
weather**

## ***Yoga***

Both chair yoga and floor yoga classes weekly – Auditorium

**TUESDAY – CHAIR  
3:30 PM**

**WEDNESDAY – FLOOR  
9:30 AM**

## ***Hooks and Needles***

1st Tuesday at 2 PM – Game Room



## ***Vietnam Veterans***

1<sup>st</sup> Tuesday at 7 PM - Dining Room



## ***Wii Bowling***

3<sup>rd</sup> Wednesday at 2 PM - Club Room



## ***American Legion***

4<sup>th</sup> Thursday at 7 PM - Dining Room



## ***Coffee Hour (and Tea too!)***

Thursdays at 9:30 AM – Dining Room



## ***Pinochle***

Thursdays at 2 PM – Dining Room



## LEGEND FOR AMOUNT OF WALKING

Little Walking



Plenty of Walking

- Sign up with the Office
- RSVP by deadline
- Limited seating
- At least 10 participants needed for SRC Bus trip
- **Payment is due at time of sign up and is by Check Only (Payable to SRC)**

### Tuesday – November 8 – Reading Museum



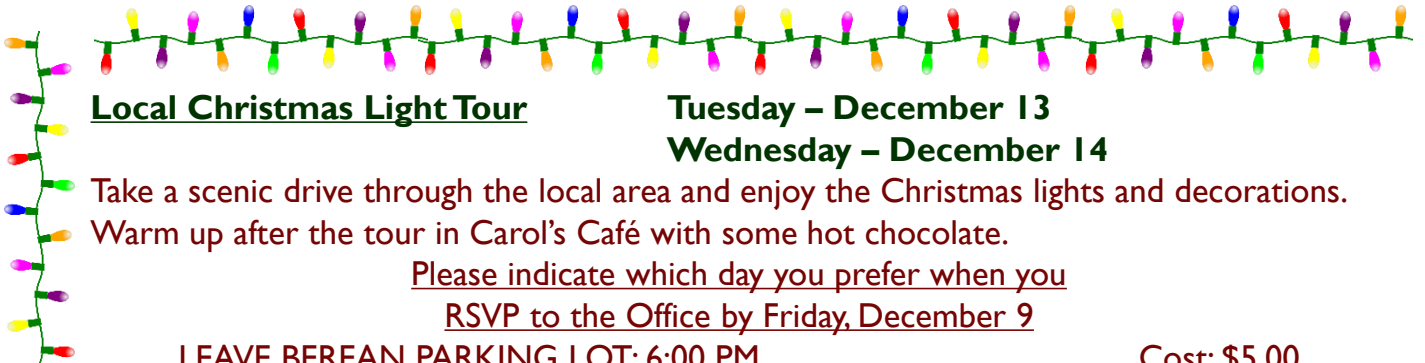
Join us for a 1-hour guided “Highlights Tour” at the Reading Museum. Fall highlights include: DaVinci – The Exhibition; American Adventure; Indigenous Identities – Portraits of Native Americans in the Civil War Era.

Lunch at your own expense at Exeter Family Diner

**RSVP to the Office – 4 SEATS LEFT!**

LEAVE BEREAN PARKING LOT: 10:30 AM

Cost: \$11.00



### Local Christmas Light Tour

**Tuesday – December 13**

**Wednesday – December 14**

Take a scenic drive through the local area and enjoy the Christmas lights and decorations. Warm up after the tour in Carol’s Café with some hot chocolate.

Please indicate which day you prefer when you

RSVP to the Office by Friday, December 9

LEAVE BEREAN PARKING LOT: 6:00 PM

Cost: \$5.00



## New Hanover AARP Trips

Checks Payable to:  
**“New Hanover AARP”**

Details posted on the Library Bulletin Board.  
**RSVP to Carol Griffith (484-624-8314)**

### Thursday – November 17 – American Music Theatre

**FULL**

*“Home for the Holidays”*

The day begins with a delicious family style meal ...

