

*December 2022*



SANATOGA RIDGE  
COMMUNITY

# **RIDGE REPORTER**

*From the Entire Staff Here at  
Sanatoga Ridge Community*



*Have a Wonderful Holiday Season!*



## ***Holiday Closings & Trash Schedule***

A reminder that the Offices will be closed for:

- Christmas – Monday, December 26
- New Years – Monday, January 2

### ***Christmas Week Schedule:***

- Trash AND Recyclables will only be collected **once for that week on WEDNESDAY, DECEMBER 28.**

### ***New Year's Week Schedule:***

- Trash/recyclables on a normal schedule.

If you must dispose of trash before the scheduled pick-up, you may use the dumpster at the rear of the Community Center or near the apartments.

## ***Seasonal Maintenance Items***

***Salt Bags*** - If you would like to have a salt bag for the winter months, please call the office. Do not wait until the day of or day before a snow event to call as we may not be able to accommodate your request on such short notice. Also, please keep your salt bag scoop in the salt bag for collection at the end of the season. If you run out of salt in your bin, you may refill it from the bins at the mailboxes.

***Mechanical Rooms*** - Please be sure that your mechanical room door is closed tightly at all times to prevent any pipes from freezing during the winter months. It is important that nothing is placed on top of the heater or water heater.

***Lawn/Garden Décor*** - Please remember to remove all outside flower pots, chairs, solar lights, flag holders, etc. from edges of sidewalks and driveways to prevent damage during snow removal.

***Windows*** - Maintenance calls have been received regarding residents feeling drafts in their homes. Check your windows to make sure they're latched securely.

***Outdoor Holiday Lights*** - The decorated trees and shrubs around the community are on a timer and will turn on and off automatically.

## ***Outdoor Seating Areas***

All remaining chairs and benches (including at mailbox areas) will be removed for the winter season. Removal of these items is necessary to avoid damage during the winter.

## ***SNOW? Yes! It's That Time of Year Again***

The basics of the Snow/Ice policy are as follows:

- **If snow is predicted and you MUST get out on that day, please call by 3 PM at least a day BEFORE the snow arrives to let us know the time you need to leave. The earlier the office knows, the easier it is to coordinate with the snow removal staff.**
- You must sign a waiver in the Office giving us permission to move and clean your car.
- A set of your car keys will be kept locked in the office for the snow staff to move your car for plowing.
- It is NOT mandatory to participate with this snow policy.
- If you do not participate, please be aware that your car will NOT be moved or cleaned off, and YOU will be responsible for moving your car temporarily to a designated parking area on your court map.
- If you do not move your car, you will be responsible for clearing the snow around your car.
- Every court has a designated area where all cars are to be parked during a snow event. Check your court map for appropriate parking locations.
- The snow removal staff will not scrape ice from residents' vehicles.
- If you have a true emergency, call the On-Call number at 610-326-4043 or push the button on your On-Call box. Do not leave a message at the office after hours and on weekends.
- If your car has already been moved to the designated snow parking area and you need to use it, please let the office know and your car will be put back in your assigned parking spot.
- If trash/recycle day falls on a snow event day, please know that trash/recycle pick-up may be delayed or even canceled.

*Snow removal is typically completed within 24 hours once the snow event has stopped. If possible, we will allow nature to work in our favor to melt the majority of the elements, saving time and resources.*

## ***Yard Clippings – Tuesday Pickups***

We will be collecting yard clippings on Tuesdays during trash pickup. Please put clippings out with your regular trash. Do not place the clippings in bags. While your trash may have been picked up and the clippings left behind, we will be through again just to collect the yard clippings. For special cases, call the office to be put on the schedule to have them removed.



## ***Dishwasher Detergent***

It has been recommended that dishwasher users should not use liquid or powdered soaps in their dishwashers as they do not dissolve properly. Dishwasher detergent packets should be used instead. It is also recommended running a cup of vinegar every six months to clean out any buildup of detergents or minerals. The cup of vinegar should be placed on your top dish rack. These simple steps will ensure that your dishwasher will work at its peak performance for many years.



## ***Carbon Monoxide Detectors***

All homes are equipped with a carbon monoxide detector. It is important to know that the device will beep ONCE if the electric goes out. There are different types of devices. One device will signal a detection of carbon monoxide by beeping 4 times, then a pause followed by 4 additional beeps. It will repeat this 4 beep signal to alert occupants of the detection. The other device will beep in addition to verbally alerting you of carbon monoxide detection. If this 4 beep alert/verbal alert occurs in your home, please leave your home immediately. Have a neighbor call the office or emergency on-call person right away.

## ***Recycle Reminders***

Plastic bags are not accepted as part of recycling. If you want to use a bag for your recycling, paper bags are acceptable. If you are disposing boxes, please break them down to the best of your ability. Please see your Resident Handbook or stop by the office for a complete list of approved items.

## ***Home Safety***

The holidays are a popular time to light candles. Be especially mindful to never leave your home for any duration of time with a lit candle. Please use this same consideration when cooking on your stove or in your oven. When leaving a home under these conditions for even a very short time, you run the risk of becoming distracted or maybe even locked out of your home. Blow out all candles and turn off all cooking appliances before leaving your home for any reason. Keep in mind that soot from candles can blacken the walls and ceilings.

Mechanical rooms are to be free of combustible materials and not used as a storage area. If you have combustibles in your mechanical room and need assistance in their removal, please call the Office. It is important that nothing is placed on top of the heater or water heater.

## ***Community Center Bulletin Boards***

Have you seen the Resident bulletin boards in the salon area next to the door and near the computer in the library? These bulletin boards are typically full of announcements from residents!

If you have something you would like to let other residents know about or have items to sell or give away, you may post on these boards. Please remember to remove your announcement when the appropriate time has passed.

The glass bulletin board in the salon area is where you will see announcements and information posted by the Office.

## ***BEWARE! Don't be fooled by Scammers!***

Recently, a team of solicitors went through the community presenting themselves as PECO employees. These people were not from PECO but rather from an alternate energy company. They took many residents by surprise and coerced them into showing them their PECO bills. Even though no paperwork was signed by residents, many found in the following days that their service had been switched from PECO to this alternate company. The office and many residents called the police to report this suspicious behavior and the unwelcome visitors to the community were instructed to leave the property.

### **Take action!**

We are reminding all residents that ours is a **NO SOLICITING** community. If someone knocks on your door trying to sell you something or representing a company or even a politician, please do not let them into your home. Call the police and report the person immediately. You may also call the office to let us know about the incident after you call the police.

If you unwittingly allowed the recent group of solicitors to view your PECO bill, it is possible you were signed up without your knowledge for an alternate electric or gas provider. Residents are encouraged to call PECO to check on the status of their account and ask them to not allow their service to be changed without their express permission.

### **General Information:**

- Anyone soliciting in the township must obtain a permit from the Township.
- Every member of the group must have a copy of the permit along with photo identification.
- No Soliciting communities are listed on the permit (this includes SRC & BRC).
- SRC/BRC has NO SOLICITING signs posted at all the entrances to the community.

## *Shared Spaces*

As sales have picked up more and more, you have likely noticed many new people touring the community. We receive excellent feedback on a regular basis from visitors to the community about the beauty of the campus and the friendliness of the residents.

Please remember to keep all common areas free of personal items including items for decoration or items to give away. The staff decorates common areas for the holidays and seasons. Residents are free to decorate their personal spaces and may post items for sale/free on the Resident Bulletin Boards. Thank you for helping to make SRC/BRC such a special, welcoming place!

## *Veterans' Wall of Honor Dedication*

On November 2nd, our veterans and/or their spouses gathered together in the SRC dining room for the dedication of our veteran displays. The veterans and their spouses were honored during a very special pinning ceremony conducted by Patient Care Hospice in conjunction with We Honor Veterans, a group dedicated to honoring veterans for their service to our country.



We invite you to take a few minutes to view the Veterans Wall of Honor in the dining room in the Community Center.

*We are grateful to all of our veterans.  
Thank you for your service!*

## *Christmas Child Project*

The holidays are when we should think about what we have to be thankful for, how blessed we are to live in such a beautiful community and have all the comforts that we have. There are many in our local area who are struggling to have necessary clothing. Barbara Himes has volunteered to continue the Christmas Child Project which benefits the families through the Cluster of Churches, Genesis Pregnancy Care Center, and Salvation Army. If you would like to contribute to this very worthwhile project, please bring your gift UNWRAPPED to the Community Center lobby. The gifts should be brought in November 1 through December 9.



Much needed items include:

- Infant blankets
- Disposable diapers, sizes 4-6 (these larger sizes are greatly needed)
- Clothes for newborn through 3 years old (underwear, sweaters, sweatshirts, outfits, onesies, booties, shoes, socks, mittens caps, jackets)
- If you prefer to contribute a monetary donation, please drop your donation in the office in-box on the wall. Your donation should be in an envelope with "CHRISTMAS CHILD" clearly marked.

Mark your calendar for this wonderful opportunity to make a needy child's Christmas brighter! (**NO toys or food items, please.**)



## *Fun Facts*



- One of 7 months with the length of 31 days.
- Starts on the same day of the week as September & ends on the same day as April.
- The shortest daylight hours of the year in the Northern Hemisphere and the longest daylight hours of the year in the Southern Hemisphere.
- *December 4 – International Free Hugs Day.* Hugs are meant to be random act of kindness, a selfless act performed just to make others feel better.



## ***Activities Coordinator Needed!***

As of the end of the year, Kathy is stepping down from coordinating activities such as Entertainment, the Summer Picnic, and the Christmas Luncheon.

If you are interested in taking over the role, please contact the Office.

*Thank you, Kathy, for your many years and countless hours volunteering to coordinate all our activities.*

## ***Christmas Carolers***

You may see carolers strolling through our community singing Christmas carols. If you see or hear them outside, just peek your head outside your door, or wave from your window to let them know you enjoy their music and that they have brightened your day.



***Children from Berean Bible Church – Evening on Friday, December 9***

## ***Resident & Guest Parking***



SRC residents are asked to park in the numbered parking spaces corresponding to their own units. In addition, please have your guests park in the unnumbered spots around them. Thank you.

## ***Collection of Socks***

We will continue to collect socks (***new ones only***) throughout the year, but we will no longer be sending them to the Joy of Socks Program. This is because the last time we had socks to be given to the Joy of Socks, we were instructed to take them to a local agency such as the Pottstown Religious Cluster or another local agency of our choice.

All socks accumulated before and after the pandemic were recently taken by Kitty and Jim to the Pottstown Salvation Army. They in turn will see that the socks are distributed to needy people who come to them for help. Kitty and Jim will periodically take accumulated socks to the Pottstown Salvation Army.

If you wish to donate socks, we encourage you to do so. There is a basket for these donations in the Game Room (first floor of SRC Center) which is plainly marked. Thank you for your past and future donations.





## *Happy Birthday!*

- 3 - Michael
- 4 - Bettie
- 5 - Loyce
- 6 - Lynn  
Mary
- 10 - Areta  
Mae  
Loretta
- 12 - Suzanne
- 13 - June
- 14 - Fred  
Robert
- 15 - Lois
- 16 - Sunny  
Sandra
- 20 - Kathy  
Linda
- 21 - Miriam  
John
- 25 - Harvey  
Mike
- 28 - Wanda  
Barbara
- 30 - Eddie

## *Welcome To The Neighborhood!*



*We'd like to extend a warm  
welcome to our newest  
resident!  
Please stop by and introduce  
yourself.*

**Theresa**  
from Lansdowne, PA.



*Our thoughts and prayers are with  
the family at this difficult time.*

**Ralph**  
Resident since June 2009.



## ***Resident Christmas Luncheon***

- For those of you that have signed up, the Luncheon will be on Friday, December 2 at 11:30 AM at Berean Bible Church.
- The doors will open at 10:30 AM – Enter through the front door.
- Please sign in by 11:15 AM at the latest, so the meal can begin promptly at 11:30 AM.

- Remember to bring your ticket to be eligible to win a door prize.
- Helpers will be available if you are on a cane, walker or in a wheelchair and you require assistance through the buffet line.
- If you need a ride, the bus will be available.
- If you are sick that day, call the SRC office to have your meal boxed and delivered to you or placed in the refrigerator in Carol's Café as you prefer.
- **Please remember to wear your nametags.**

## ***2023 Resident Dues – via Check Only (Payable to SRC)***

At the Resident Christmas Luncheon, the Resident Committee will be collecting dues for 2023. The dues are \$5.00 per resident. These funds are used for general expenses of the committee and additional money will be used for projects that will benefit the community in general. Resident dues can be put in an envelope with your name and unit number and placed in the box that will be provided at the Luncheon. If not paid at the Luncheon, you may place your \$5.00 in an envelope with your name on it and place it in the mail slot to the left of the Office window.

*For accounting purposes, cash is no longer accepted.*

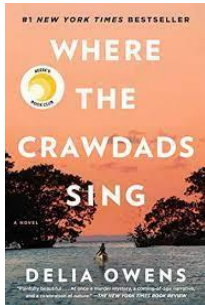


## ***Lunch Bunch***

***Cancelled for December due to Resident Christmas Luncheon being on the same day***

*Would you like to be the one to pick the restaurant?  
We are looking for someone to help plan the Lunch Bunch going forward. Contact Kathy.*

## ***Resident Committee Meeting*** **Monday, December 5 at 9:30 AM.**



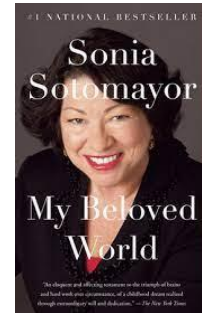
December 5

## ***Book Club***

***Monday, December 5 at 2 PM***

Book Club is the 1<sup>st</sup> Monday of each month in the SRC Dining Room. *Where the Crawdads Sing* by Delia Owens will be discussed at the December meeting. January's book will be *My Beloved World* by Sonia Sotomayor.

*Contact Jeanette for more information.*



January 2

## ***Vaccination Clinic***

***Tuesday, December 6 at 12 PM – 4 PM***

All residents who signed up for a vaccine have received a Vaccine Confirmation in their mail slots. We had a few residents who filled out a flu form but wanted a COVID booster. In this case, a COVID booster form has been placed in your mail slot for you to return. If you submitted a vaccine consent form, and did not receive a confirmation, please call Lara in the Sales Office. Residents with confirmed registrations should stop in on Tuesday, December 6 to the SRC Dining Room anytime between 12 PM – 4 PM for your vaccine(s). We will have your consent form ready for you at the Clinic. If you are receiving the COVID Booster, please bring your COVID Vaccination Card. If you are receiving the Shingles vaccine, please bring your Medicare and Insurance Cards.

## ***Photos with Santa at BRC***

***Thursday, December 8 from 3-6 PM***



You are invited to *Photos with Santa* on Thursday, December 8 from 3 PM to 6 PM in the McMenamin Rec Center at BRC. Please schedule your photo appointment by calling Bill.

By the way, the Santa at BRC is PET FRIENDLY, so bring them too! There is no cost for the photos; however, a donation to the Food Pantry is requested.

## ***Game Night***

***Thursday, December 8 at 6 PM***

Howard will host on Thursday, December 8 at 6 PM in the Club Room. We encourage new residents to come out to meet your neighbors, play some board games, card games or try out the Wii Bowling. Can't wait to see you!



## ***SRC Singers Holiday Concert***

***Sunday, December 11 at 3 PM***

Reception in the dining room following the concert.

## ***Bible Study***

***Monday, December 12 at 2 PM***

Bible Study will be held in the SRC Dining Room on Monday, December 12 at 2 PM. The study will be headed up by Franklin Iyasere, lead pastor at Providence Church of the Brethren in Royersford.

## ***Girls' Night Out +1***

***Thursday, December 15 at 6 PM***

Join us to mingle and jingle and make new friends! For those interested, you may wear your Ugliest Holiday Sweater. (Participation in the ugly sweater contest is optional). Remember to wear your nametag, bring a snack to share, and help us celebrate the last Girls' Night Out of 2022! Outside girlfriends, neighbors, sisters, moms, cousins invited! Held in the Dining Room. **RSVP by Wednesday, December 14.**

## ***Movies/Documentaries***

### ***Underground Railroad***

***Friday, December 16 at 2 PM***

The Underground Railroad will be shown on Friday, December 16 at 2 PM in the Dining Room.



## ***Resident Mixer Planning***

***Friday, December 16 at 6 PM***

Come help plan our 2023 resident mixers on Friday, December 16 at 6 PM in the Club Room.

In 2023, our mixers would be held twice a month with music, laughter, dancing, and stories to float your boat.

Be prepared to relax, laugh and socialize with your neighbor.

Come and share your favorite joke, life story, or funny adventure at our mixers. Learn a new dance or stick to the old. Let's have fun twice a month and get to know one another.

Call Diane for more details.





## ***Wii Bowling December 21 at 2 PM***

Wii bowling will be held on December 21 at 2 PM  
(the 3rd Wednesday of each month) in the Club Room.  
*Come out and watch!*



## ***Pot Luck Celebration December 31 at 6 PM***

Ring in the New Year and Celebrate on Saturday,  
December 31 beginning at 6 PM in the Dining Room.  
Stay as late as you like.

**Call the Office by end of day December 23 to RSVP**  
and let us know what you will bring:

Hors d'oeuvres, dessert or a snack, and feel free to  
bring your favorite game.

*Remember to wear your Nametag!*

## ***Bingo-CIZE Exercise Class***

***Monday, January 9 & Tuesday, January 10 at 11:00 AM – 12 :00 PM***

Bingo-CIZE is a new 10-week exercise class meeting Mondays and Tuesdays from January 9 thru March 14. Offered by Montgomery County Office of Senior Services, the organization who brought us Tai Chi, Healthy Steps, and Matter of Balance, Bingo-CIZE is a fun class which combines health education, a bingo-like game, and exercise. Just what you need for those dull winter months! Held in the Club Room. Class size is limited. **RSVP by Wednesday, January 4.**

## ***MEDICAL ALERT Button Presentation***

***At SRC Wednesday, January 11 at 5 PM***

***OR***

***At BRC on Thursday, January 12 at 11 AM (Limited seating)***

Are you interested in a MEDICAL emergency button in your home or a necklace/watch you can wear anywhere you go? Vital Link, a local family-owned company, manufactures 4 different medical emergency options that you can push if you slip, fall, or have a medical emergency. Vital Link will present these options onsite so we can see the devices and ask questions. Two presentations will be held; please attend whichever presentation works best for you.

We have negotiated discounted pricing for SRC/BRC residents. The flyer and brochure from Vital Link (placed in your mailbox) include additional information and frequently asked questions.

Feel free to visit the website at [www.AVitalLink.com](http://www.AVitalLink.com), or to reach out with questions via 1-800-338-4825 prior to the presentations.

Be sure to mention you are from SRC/BRC.

Should the need arise, snow dates are Wednesday, January 18 at 5 PM held at SRC, and Thursday, January 19 at 11 AM held at BRC (limited seating).

**Open to the public;** however, discounted pricing is available for residents only.

**RSVP to the office by Monday, January 9, being sure to specify which date/location you'd like to attend.**

## Save the Dates

### ***2023 American Red Cross Blood Drives***

All drives will be on Mondays from 2-7 pm in the Auditorium.

Register online beginning in December at [www.redcrossblood.com](http://www.redcrossblood.com).

- January 16
- April 17
- July 17
- October 16



**American  
Red Cross**



***Words on Wheels Book Mobile***  
*2<sup>nd</sup> Monday – December 12 at 10 AM*

## ***Dominoes***

Mondays at 6 PM - Club Room

## ***Bible Study***

2<sup>nd</sup> Monday at 2 PM – Dining Room

## ***Yoga***

Both chair yoga and floor yoga classes weekly – Auditorium

**TUESDAY – CHAIR**

**WEDNESDAY – FLOOR**

**3:30 PM**

**9:30 AM**

## ***Hooks and Needles***

1<sup>st</sup> Tuesday at 2 PM – Game Room



## ***Vietnam Veterans***

1<sup>st</sup> Tuesday at 7 PM - Dining Room



## ***Wii Bowling***

3<sup>rd</sup> Wednesday at 2 PM - Club Room



## ***American Legion***

4<sup>th</sup> Thursday at 7 PM - Dining Room



## ***Coffee Hour (and Tea too!)***

Thursdays at 9:30 AM – Dining Room



## ***Pinochle***

Thursdays at 2 PM – Dining Room

## LEGEND FOR AMOUNT OF WALKING

1 Little Walking

1111 Plenty of Walking

- Sign up with the Office
- RSVP by deadline
- Limited seating
- At least 10 participants needed for SRC Bus trip
- **Payment is due at time of sign up and is by Check Only (Payable to SRC)**

### **11** Wednesday – December 7 – “Winter Wonderland” Glick’s Annual Poinsettia Show

Featuring 15,000 poinsettias; Christmas displays, Live music, Complimentary treats; Wreath competition (including SRC residents).

**RSVP to the Office – Monday, December 5**

LEAVE BEREAN PARKING LOT: 1:00 PM

Cost: \$5.00

### Local Christmas Light Tour

**Tuesday – December 13**

**Wednesday – December 14**

SEATS AVAILABLE FOR BOTH NIGHTS

Take a scenic drive through the local area and enjoy the Christmas lights and decorations. Warm up after the tour in Carol’s Café with some hot chocolate.

**Please indicate which day you prefer when you**

**RSVP to the Office by Friday, December 9**

LEAVE BEREAN PARKING LOT: 6:00 PM

Cost: \$5.00

### **11** Tuesday – January 10 – Shady Maple, Grocery Store & Goods

*(Snow date Wednesday, January 25)*

Discover the experience of dining at Lancaster County's largest smorgasbord featuring 200 feet of deliciously authentic Pennsylvania Dutch cooking. At Shady Maple some of Lancaster County's finest cooks prepare all your favorite PA Dutch foods, as well as some exciting new dishes. Lunch at your own expense.

**RSVP to the Office by Friday, January 6.**

LEAVE BEREAN PARKING LOT: 10:00 AM

Cost: \$6.00

# Upcoming Trips

February – Neag Planetarium – Reading, PA