

December 2023



SANATOGA RIDGE
COMMUNITY

RIDGE REPORTER

*From the Entire Staff at
Sanatoga Ridge Community*



Have a Wonderful Holiday Season!



Holiday Closings & Trash Schedule

A reminder that the Offices will be closed for:

- Christmas – Monday, December 25
- New Years – Monday, January 1

Christmas Week Schedule:

- Trash AND Recyclables will only be collected **once** for that week on **WEDNESDAY, DECEMBER 27.**

New Year's Week Schedule:

- Trash/recyclables on a normal schedule.

If you must dispose of trash before the scheduled pick-up, you may use the dumpster at the rear of the Community Center or near the apartments.

Seasonal Maintenance Items

Salt Bags - If you have a salt bag, please keep your salt bag scoop in the salt bag for collection at the end of the season. If you run out of salt in your bin, you may refill it from the bins at the mailboxes.

Mechanical Rooms - Please be sure that your mechanical room door is always closed tightly to prevent any pipes from freezing during the winter months. NOTE: The Mechanical Room is not to be used for storage. Our staff/contractors always need full access to the heater and water heater.

Lawn/Garden Décor - Please remember to remove all outside flowerpots, chairs, solar lights, flag holders, etc. from edges of sidewalks and driveways to prevent damage during snow removal.

Windows - Maintenance calls have been received regarding residents feeling drafts in their homes. Check your windows to make sure they're latched securely.

Outdoor Holiday Lights - The decorated trees and shrubs around the community are on a timer and will turn on and off automatically.

Outdoor Seating Areas

Chairs and benches (including at mailbox areas) will be removed for the winter season. Removal of these items is necessary to avoid damage during the winter.

SNOW? Yes! It's That Time of Year Again

The basics of the Snow/Ice policy are as follows:

- **If snow is predicted and you MUST get out on that day, please call by 3 PM at least one business day BEFORE the snow arrives to let us know the time you need to leave. The earlier the office knows, the easier it is to coordinate with the snow removal staff.**
- If you have a true emergency, call the On-Call number at 610-326-4043.
- Do not leave a message at the office after hours or on weekends.
- You must sign a waiver in the Office giving us permission to move and clean your car.
- A set of your car keys will be locked in the office for the snow staff to move your car for plowing.
- It is NOT mandatory to participate with this snow policy.
- If you do not participate, please be aware that your car will NOT be moved or cleaned off, and YOU will be responsible for moving your car temporarily to a designated parking area on your court map.
- If you do not move your car, you will be responsible for clearing the snow around your car.
- Every court has a designated area where all cars are to be parked during a snow event. Check your court map for appropriate parking locations.
- The snow removal staff will not scrape ice from residents' vehicles.
- If your car has already been moved to the designated snow parking area and you need to use it, please let the office know and your car will be put back in your assigned parking spot.
- If trash/recycle day falls on a snow event day, please know that trash/recycle pick-up may be delayed or even canceled.

Snow removal is typically completed within 24 hours once the snow event has stopped. If possible, we will allow nature to work in our favor to melt the majority of the elements, saving time and resources.

Yard Clippings – Tuesday Pickups

We will be collecting yard clippings on Tuesdays during trash pickup. Please put clippings out with your regular trash. Do not place the clippings in bags. While your trash may have been picked up and the clippings left behind, we will be through again just to collect the yard clippings. For special cases, call the office to be put on the schedule to have them removed.

Dishwasher Detergent

It has been recommended that dishwasher users should not use liquid or powdered soaps in their dishwashers as they do not dissolve properly. Dishwasher detergent packets should be used instead. It is also recommended running a cup of vinegar every six months to clean out any buildup of detergents or minerals. The cup of vinegar should be placed on your top dish rack. These simple steps will ensure that your dishwasher will work at its peak performance for many years.



Carbon Monoxide Detectors

All homes are equipped with a carbon monoxide detector. It is important to know that the device will beep ONCE if the electric goes out. There are different types of devices. One device will signal a detection of carbon monoxide by beeping 4 times, then a pause followed by 4 additional beeps. It will repeat this 4 beep signal to alert occupants of the detection. The other device will beep in addition to verbally alerting you of carbon monoxide detection. If this 4 beep alert/verbal alert occurs in your home, please leave your home immediately. Have a neighbor call the office or maintenance on-call person right away.

Recycle Reminders

Plastic bags are not accepted as part of recycling. If you want to use a bag for your recycling, paper bags are acceptable. If you are disposing of boxes, please break them down to the best of your ability. Please see your Resident Handbook or stop by the office for a complete list of approved items.

Home Safety

The holidays are a popular time to light candles. Be especially mindful to never leave a candle lit when leaving your home for any duration of time. Please use this same consideration when cooking on your stove or in your oven. When leaving a home under these conditions for even a very short time, you run the risk of becoming distracted or maybe even locked out of your home. Blow out all candles and turn off all cooking appliances before leaving your home for any reason. Keep in mind that soot from candles can blacken the walls and ceilings.

NOTE: The Mechanical room is not to be used for storage. Mechanical rooms are to be free of combustible materials. Our staff/contractors always need full access to the heater and water heater. If you have combustibles in your mechanical room and need assistance in their removal, please call the Office.

Community Center Bulletin Boards

Have you seen the Resident bulletin boards in the salon area next to the door and near the computer in the library? These bulletin boards are typically full of announcements from residents!

If you have something you would like to let other residents know about or have items to sell or give away, you may post on these boards. Please remember to remove your announcement when the appropriate time has passed.

The glass bulletin board in the salon area is where you will see announcements and information posted by the Office.

BEWARE! Don't be fooled by Scammers!

There have been times when solicitors come through the community presenting themselves as PECO employees. These people are not from PECO but from an alternate energy company. They take many residents by surprise and coerce them into showing them their PECO bills. Even though no paperwork was signed by residents, many find in the following days that their service had been switched from PECO to this alternate company.

Take action!

We are reminding all residents that SRC/BRC are **NO SOLICITING** communities. If someone knocks on your door trying to sell you something or representing a company or even a politician, please do not let them into your home. Call the police and report the person immediately. You may also call the office to let us know about the incident after you call the police.

If you unwittingly allow solicitors to view your PECO bill, it is possible you could be signed up without your knowledge for an alternate electric or gas provider. Residents are encouraged to call PECO to check on the status of their account and ask them to not allow their service to be changed without their express permission.

General Information:

- Anyone soliciting in the township must obtain a permit from the Township.
- Every member of the group must have a copy of the permit along with photo identification.
- No Soliciting communities are listed on the permit (this includes SRC & BRC).
- SRC/BRC has NO SOLICITING signs posted at all the entrances to the community

Shared Spaces

As sales continue to be busy, you have likely noticed many new visitors touring the community. We receive excellent feedback on a regular basis from visitors to the community about the beauty of the campus and the friendliness of the residents.

Please remember to keep all common areas free of personal items including items for decoration or items to give away. The staff decorates common areas for the holidays and seasons. Residents are free to decorate their personal spaces and may post items for sale/free on the Resident Bulletin Boards. Thank you for helping to make SRC/BRC such a special, welcoming place!

Library Computer

The residents have access to use a computer in the Library. This computer is supported by our IT Subcontractor.

Recently, spyware was caught by the Windows Defender. Fortunately, nothing was lost or compromised by clicking further in this spyware. As you “surf the web” or check on your email, please be aware of potentially risky websites or email attachments.

Should any messages or issues occur with this computer, please report it to the office.

Resident & Guest Parking



SRC residents are asked to park in the numbered parking spaces corresponding to their own home. In addition, please have your guests park in the unnumbered spots around them. Thank you.

Collection of Socks

We are continuing to collect socks for the needy in the Pottstown area. All socks accumulated are taken by Kitty and Jim to the Pottstown Salvation Army. In turn, the Salvation Army will see that the socks are distributed to people who come to them for help.

If you wish to donate socks, there is a basket for these donations in the Salon. Thank you for your past and future donations.

Christmas Child Project

The holidays are when we should think about what we have to be thankful for, how blessed we are to live in such a beautiful community and to have all the comforts that we have. There are many in our local area who are struggling to have necessary clothing. Barbara has volunteered to continue the Christmas Child Project which benefits the families through the Cluster of Churches, Genesis Women's Clinic, and Salvation Army. If you would like to contribute to this very worthwhile project, please bring your gift UNWRAPPED to the Community Center lobby. The gifts will be collected until December 17.



Much needed items include:

- Infant blankets
- Disposable diapers, sizes 4-6 (these larger sizes are greatly needed)
- Clothes for newborn through 3 years old (underwear, sweaters, sweatshirts, outfits, onesies, booties, shoes, socks, mittens caps, jackets)
- If you prefer to contribute a monetary (CASH) donation, please drop your donation in the Office in-box on the wall. Your **CASH** donation should be in an envelope with "CHRISTMAS CHILD" clearly marked. No checks please.

The **CASH** donations are distributed between the organizations listed above.

Mark your calendar for this wonderful opportunity to make a needy child's Christmas brighter! (**NO toys or food items, please.**)



Fun Facts

- One of 7 months with the length of 31 days.
- Starts on the same day of the week as September & ends on the same day as April.
- The shortest daylight hours of the year in the Northern Hemisphere and the longest daylight hours of the year in the Southern Hemisphere.
- *December 4 – International Free Hugs Day.* Hugs are meant to be random act of kindness, a selfless act performed just to make others feel better.





Happy Birthday!

- 3 - Michael
- 4 - Bettie
- 5 - Loyce
Carol
- 6 - Lynn
Mary
- 7 - Richard
- 10 - Areta
Mae
Loretta
- 12 - Suzanne
- 13 - June
- 14 - Fred
Robert
- 16 - Sunny
- 20 - Kathy
Linda
- 21 - Miriam
John
- 25 - Harvey
Mike
- 28 - Wanda
Barbara
- 30 - Eddie

Welcome To The Neighborhood!



*We'd like to extend a warm welcome to our newest residents!
Please stop by and introduce yourself.*

John
from Pottstown, PA.

Diana
from Lanoka Harbor, NJ.



Our thoughts and prayers are with the family at this difficult time.

Vivian
Resident since July 2004.

What Did I Miss?



A delicious luncheon was enjoyed by 21 SRC friends at Spring Hollow Golf Club. It consisted of great friends, food and excellent service. Also, beautiful surroundings!



Sunnybrook

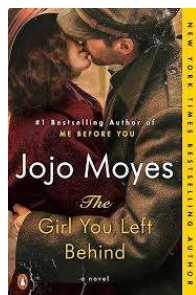
Oktoberfest



Friday Night Social

No social scheduled for December. Will resume in January.

Resident Committee Meeting Monday, December 4 at 9:30 AM.



December 4

Book Club

Monday, December 4 at 2 PM

- December 4 “The Girl You Left Behind” by Jojo Moyes
- January “You Don’t Own Me” by Mary Higgins Clark
- February “The Boys from Biloxi” by John Grisham

Contact Jeanette for more information.

“Lies They Teach in School” – Jann Huggens

Tuesday, December 5 at 10 AM

Dr. Jann Huggens assumes the alternate personality of Miss Crabbyboots, an old one room schoolhouse teacher, when she gives her presentation entitled “Lies They Teach in School.” Not only will you learn some interesting information, but you will also have recess and an interactive oral quiz during “class.” At the end of the presentation, you will leave with a report card and some fun to do “homework.” Come out and enjoy this fun-filled, presentation!! **Open to the Public. RSVP by Monday, December 4.** Meets in the Dining Room.

***Brown Bag ART History:
“I’ve Read the Nudes Today, Oh Boy!”***

Titian, Manet and Picasso

Wednesday, December 6 at 12 Noon

Led by Pottstown Art Historian Martin Bradfield. This 4th lecture talks about the symbolism and the significance and the attitude of the “Nude” throughout Art History. The featured artists are, Titian, Manet and Picasso. This fascinating lecture reveals how the nude has gone from an allegorical symbol (Titian), to a realistic scandal (Manet), to eventually amoral problems of geometry and torsion (Picasso).

Bring your lunch and beverage. RSVP by Tuesday, December 5. Open to the public. Meets in the Dining Room.



Resident Christmas Luncheon

Friday, December 8 at 11:30 AM

- For those of you that have signed up, the Luncheon will be on Friday, December 8 at 11:30 AM at Berean Bible Church.
- The doors will open at 10 AM – Enter through the front door.
- Sign in begins at 10:30 AM
- Meal will begin promptly at 11:30 AM.
- Remember to bring your ticket to be eligible to win a door prize.
- Helpers will be available if you are on a cane, walker or in a wheelchair and you require assistance through the buffet line.
- If you are **sick** that day, call the SRC office to have your meal boxed and delivered to you at home.
- **Please remember to wear your nametags.**



Lunch Bunch

***Cancelled for December due to
Resident Christmas Luncheon being on
the same day***

2024 Resident Dues – via Check Only (Payable to SRC)

During the November Resident Committee meeting, it was discussed, voted upon and approved to raise the dues to \$10.00 per resident beginning in 2024.

Resident dues for 2024 can be put in an envelope with your name and unit number and placed in the box that will be provided at the Resident Christmas Luncheon OR you may place your envelope in the mail slot to the left of the Office window.

For accounting purposes, cash is no longer accepted.

Christmas Carolers Children from Berean Bible Church Evening on Friday, December 8



You may see carolers strolling through our community singing Christmas carols. If you see or hear them outside, just peek your head outside your door, or wave from your window to let them know you enjoy their music and that they have brightened your day.

All About Birds Tuesday, December 12 at 10 AM or 1 PM

Presented by Rebekah Sheeler, Environmental Education Specialist, Nolde Forest State Park, enjoy a “Hands-On” program and learn about your feathered neighbors and all of their amazing adaptations. RSVP for one of the timeslots. **Open to the Public. RSVP by Wednesday, December 6.** Meets in the Dining Room.

BINGO! With Home Instead Friday, December 15 at 1 PM

Susan and Keith from Home Instead are back with everyone’s favorite game! We have extra bingo cards, so we can play several cards at once! Play a few games and try your luck while meeting new friends! **RSVP by Thursday, December 14.** Meets in the Dining Room.



Community Christmas Dinner

Monday, December 25 at 2 PM

All are invited to celebrate Christmas Dinner in the Community Center at 2 PM on Christmas Day (Monday, December 25). We don't want anyone to be alone on this special day. A delicious meal will be provided. We will enjoy good conversation and share our Christmas memories.

Please RSVP to the office by 4 PM on Wednesday, December 20.



Pottsgrove Middle School (English Language Arts)

Wednesday, December 27 at 1 PM

Come join in on the holiday fun at a wintery themed social afternoon filled with a bucket load of fun events!! These events would include a group trivia game, exciting stations to do various socializing activities, and even a surprise game at the end. This event will be held on Wednesday, December 27 at 1 PM in the SRC Dining Room. This event is brought to you by Kyra, Maddy, and Lexi from the Pottsgrove Middle School. Don't be shy! Come on out to join the super snowy extravaganza with us!

All are invited to help these three students from Pottsgrove Middle School ELA (English Language Arts) achieve their project goal.

Please RSVP to the office by Friday, December 22.

Brown Bag ART History: "The Casual Tease of Death"

Wednesday, January 3 at 12 Noon

Led by Pottstown Art Historian Martin Bradfield. This 5th lecture is one of the most popular offerings. It features many works by the French Revolution era painter, David- with a deep dive into The Death of Socrates and , "The Execution of Emperor Maximillian" by Manet. The lecture also features a "mystery" piece specially commissioned by Martin to tie it all together. The basic themes explored are various portrayals about both "giving" and "receiving" death. The lecture also does a deep dive into the French Revolution, and the intellectual and Artistic climate from that time and references works by Fragonard and subjects like Marie Antoinette's shoes, the guillotine, the frivolity of the Rococo, and the stern impositions of revolutionary France. These themes have echoed throughout history to the current day. **Bring your lunch and beverage. Open to the Public. RSVP by Tuesday, January 2.** Meets in the Dining Room.

Supermarket BINGO! with Amity Place

Wednesday, January 10 at 10:30 AM

Beginning Wednesday, January 10, Donna Uncapher from Amity Place will bring Supermarket BINGO to you every 2nd Wednesday of the month! We have extra bingo cards, so we can play several cards at once! Play a few games and try your luck while meeting new friends! **RSVP by Tuesday, January 9.** Meets in the Dining Room.



American Red Cross Blood Drive ***Monday, January 15 from 10 AM to 3 PM***

Register online at www.RedCrossBlood.com.

Food for Thought

- If a poison “use-by” date expires, is it more poisonous or is it no longer poisonous?
- Which letter is silent in the word “Scent”
... the S or the C?
- Why is the letter W, in English, called a double U? Shouldn’t it be called double V?
- Every time you clean something, you just make something else dirty.
- The word “swims” upside-down is still “swims”.
- 100 years ago, everyone owned a horse and only the rich had cars. Today everyone has cars and only the rich own horses.



Words on Wheels

Book Mobile

2nd & 4th Monday at 10 AM

Book Club

1st Monday at 2 PM

Dining Room

Friday Night Social

1st Friday at 6 PM

Various Locations

Dominoes

Mondays at 6 PM

Club Room

Bible Study

2nd Monday at 2 PM

Dining Room

Circle of Support

1st & 3rd Thursdays at 11 AM

BRC McMenamin Rec Center

Pickleball

On a winter Hiatus.

Resumes in warmer weather.

Walk with Us

Tuesdays 8:30 AM

Community Center Flagpole



Yoga

Chair – Tuesdays at 3:30 PM

Floor – Wednesdays at 9:30 AM

Auditorium

Hooks and Needles

1st Tuesday at 2 PM

Game Room



Vietnam Veterans

1st Tuesday at 7 PM - Dining Room



Wii Bowling

3rd Wednesday at 2 PM

Club Room



American Legion

4th Thursday at 7 PM - Dining Room



Coffee Hour (and Tea too!)

Thursdays at 9:30 AM – Dining Room



Pinochle

Thursdays at 2 PM – Dining Room

LEGEND FOR AMOUNT OF WALKING

2 Little Walking



Plenty of Walking

- Sign up with the Office
- RSVP by deadline
- Limited seating
- At least 10 participants needed for SRC Bus trip
- **Payment is due at time of sign up and is by Check Only (Payable to SRC)**

Wednesday – December 13 – Pennypacker Mills



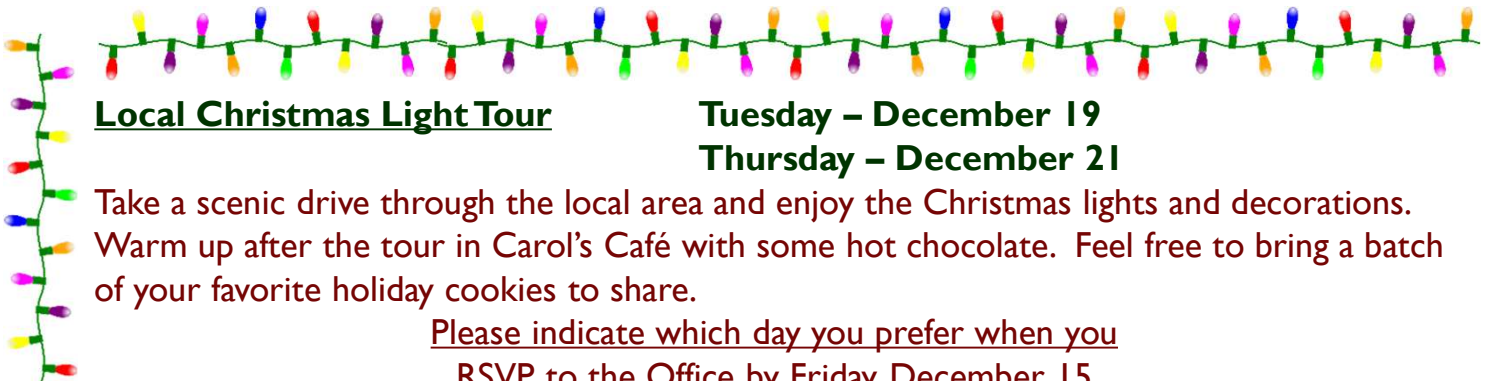
Join us to celebrate the best of vintage Christmas décor and history. Recalling a time when electricity was not available, visitors entered a family home resplendent with sparkling glass ornaments and gold and silver Dresden foil ornaments. Christmas cards, children’s toys, and a beautifully decorated Christmas tree are all part of the holiday season, as we experience the traditions of the Pennypacker family.

Lunch at your own expense at Collegeville Diner

RSVP By Friday, December 8

LEAVE BEREAN PARKING LOT: 10:15 AM

Cost: \$6.00



Local Christmas Light Tour

Tuesday – December 19

Thursday – December 21

Take a scenic drive through the local area and enjoy the Christmas lights and decorations. Warm up after the tour in Carol’s Café with some hot chocolate. Feel free to bring a batch of your favorite holiday cookies to share.

Please indicate which day you prefer when you

RSVP to the Office by Friday, December 15

LEAVE BEREAN PARKING LOT: 6:00 PM

Cost: \$5.00

Wednesday – January 3 – Pottsgrove Manor



Tour the manor with us and learn some local history. Built in 1752 for the Potts family, the home showcases the elegance of early Georgian architecture and tells the history of John and Ruth Potts, their 13 children, and the paid, indentured, and enslaved people who lived and labored there.

Lunch at your own expense at Sunflower Cafe

RSVP By Wednesday, December 27

LEAVE BEREAN PARKING LOT: 10:30 AM

Cost: \$6.00