October 2018





RIDGE REPORTER



Welcome To The Neighborhood!

We'd like to extend a warm welcome to our newest residents!

Please stop by and introduce yourself.

Mike & Kathy from Royersford, PA.

Gazebo Decorating Contest!

Mark your calendar for the Resident Gazebo Decorating Contest. Lights will be turned on in November! Residents will compete for the best decorated gazebo. Watch for more information.

Resident Christmas Luncheon

The Annual Resident Christmas Luncheon will be held December 6.

More details to follow.

SRC Singers Holiday Concert

The SRC Singers Holiday Concert is December 9 at 3 PM in the SRC Auditorium. Admission is Free.





CANDY CORN FUN FACTS

- Yes, there's actually corn in it. Corn syrup, if that counts.
- Each kernel has three colors, about 7 calories and a lot of sugar.
- Manufacturers will produce more than 35 million pounds of the tricolored candy this year. That's almost 9 billion pieces.
- It used to be made by hand in large kettles. It dates to the 1880s, before the automobile and the commercial telephone.
- There's a proper way to eat it. OK, not really. But many people believe that candy corn should be nibbled in a certain manner. While almost half of candy corn consumers gobble the whole piece at once, 43% start with the narrow white end. Another 10% -- the true renegades -- begin eating the wider yellow end first.
- It can be deep-fried.
- There are versions for other holidays. It's not just for Halloween any more. Manufacturers now produce "Indian corn" (with a brown end instead of yellow) for Thanksgiving, "Reindeer corn" (red and green) for Christmas, "Cupid corn" (red and pink) for Valentine's Day, "Bunny corn" (white and various bright colors) for Easter and "Freedom corn" (red, white and blue) for July 4. Can green "St. Paddy's corn" be far behind?

THIS JUST IN . . .



Fall Maintenance Items

With cooler weather coming, it will soon be time to change your heater return vents and filters. The maintenance staff will be coming around to handle these items.

You can run your heater before the return vents are changed. The vents only assist in giving better circulation of the heat. Please run your heater (Mon-Fri 9 AM to 3 PM) and contact the Office during normal business hours with any issues. This will prevent emergency calls to our maintenance staff.

SRC Administration has discontinued the practice of removing screens.

Dryer Vents

The maintenance staff does not routinely clean dryer vents since it is extremely time consuming and historically has not been found to be a problem. Please contact the Office should you experience longer drying cycles or clothes still being damp after a typical drying cycle. This could indicate the dryer vent needs to be cleaned.

Resident Committee Meeting

The Resident Committee meetings are typically held the first Monday of each month. The October meeting will be Monday, October 1 at 9:30 AM in the Auditorium. Come at 9:00 AM to enjoy refreshments in the Club Room.



Happy Halloween!

Wednesday, October 31 is Halloween. If you desire to have little "munchkins" trick or treating at your door, please leave your porch light ON. If you do NOT wish to have them, please turn your front porch light OFF.

THIS JUST IN . . .

SRC Email Group

Are you interested in receiving an email from the SRC office reminding you of events or upcoming meetings? Please stop by the SRC Office to be added to the email list.



Library Reminder

If you take magazines home, please return them back to the Community Center Library within a few days.

Peggy's Prayer & Bible Study

Peggy is excited to meet and know her neighbors at SRC. She will be holding a Prayer & Bible Study at her house. If you are interested in attending, please call the Office.

Trailblazers!

Now that cooler weather is approaching, take a stroll through the Community using the ¼, ½ or 1 mile marked arrows. Pick up a map in the Office find out about the color code and why walking is more than just taking steps!



Game Room

The doors are open in the Game Room. Grab a friend and come out to play billiards, foosball, cards, checkers, or chess. Watch TV, play some vintage video games, or relax and color a beautiful picture.

Handy-Help Home Service – Dave Lapreziosa

Do you have a "honey do" list of small, odd jobs that do not fall under maintenance of SRC? Dave's services could include hanging pictures, mirrors, curtains, shelves; light power washing; window washing (inside and out); garage/closet/basement cleanup and organize; small piece furniture relocation (within home or to local destination). Contact the Office for Dave's available services and price list.

Outside Games - Some Played Inside

Bean Bag Toss is played on Monday evenings at 6:30 in the *Community Center*. Call Ed if you have any questions.

Bocce Ball is played Wednesday evenings at 6:30 in the *Community Center*. Call Nancy if you have any questions.

Muckers is played on Thursday evenings at 6:30 near the Community Garden. Call Charlie if you have any questions.

Wednesday, October 3 – Information Session*



Joe Ciresi, a candidate running for State Representative for the 146th District which includes the borough of Trappe, Royersford and part of Pottstown, as well as Limerick, Lower Pottsgrove and Perkiomen Townships. He will be presenting his platform to interested SRC residents in the dining room on Wednesday, October 3 at 3 PM. He has served 12 years on the Spring-Ford School Board.

On the issues of interest to voters, Joe is a strong advocate for restoring passenger rail service between Pottstown and Philadelphia in an effort to boost local economies and reduce traffic congestion.

Other policy priorities include a higher minimum wage, public education investments, property tax reform, environmental protection, gun safety reforms and women's health.

For the past 16 years, Joe has worked as the Director of Sales and promotions at the Kimmel Center for the Performing Arts.

Perhaps by attending this meeting, you will feel better informed about a candidate for whom you may choose to vote. No reservations required.

*Sanatoga Ridge Community does not endorse or promote any particular candidate or political party. The use of the SRC facility for this event has been approved for educational purposes only and is being entirely organized and facilitated by a resident(s) of SRC for the same.

Paint Break – "Fall Pumpkin"

Please Join us on Friday, October 5 painting "Fall Pumpkin"



Time: 12-1 pm (Please arrive 15 minutes early in the "Club Room")

RSVP Deadline: September 28 Cost \$10/pp 1 hr lesson 12 x 12 Painting

Sign-up and cash payment is required at the SRC office in order to reserve your space.

10 Guests Minimum needed.

Game Night & Wawa 3" Hoagies

Join your neighbors for a Wawa 3" Hoagie and Game Night on Friday, October 5 beginning at 5 PM in the Club Room. Why cook before game night? Sign up in the Office with your choice of Wawa 3" Hoagie: 1) Ham & Cheese; 2) Turkey; 3) Italian; 4) Cheese steak. Cost for the 3" Hoagies are \$3.00 each. Chips and dessert will be provided. RSVP by Thursday, October 4.

Game night will start at 6 PM with a variety of table games to be played in the Club Room including Dominoes, Phase 10, Quiddler, Skip-Bo in addition to Wii Bowling. Not sure how to play? Don't worry. We will show you how!

Lunch Bunch

This month's lunch bunch trip will be going to The Grille at Spring Hollow Golf Club in Spring City on Friday, October 12. The bus will be available for transportation (or you can carpool). The carpool and bus will be leaving SRC at 11 AM. Please RSVP to the Office by Wednesday, October 10.





We bring the eye doctor to you!

Dr. Shana Barrett Zeitlin of HomeSight Eye Care will be giving a short presentation about some common eye conditions that can affect the older population, including cataracts and macular degeneration.

Please join us for the presentation and learn how you can schedule to have your eye examinations performed in the comfort of your own apartment!

Tuesday, October 16, 2018 at 1:00 PM RSVP by Friday, October 12 Sanatoga Ridge Community





www.homesighteyecare.com

267-518-3032

homesighteyecare@gmail.com

Dr. Zeitlin is the Medical Director of HomeSight Eye Care, providing medical optometric services to patients by doing house calls.

Dr. Zeitlin has a particular interest in medical optometry, especially geriatric and diabetic eye care. Having worked closely with the Department of Ophthalmology at Albert Einstein Medical Center in Philadelphia, Dr. Zeitlin has extensive experience in the field of ocular disease, including the diagnosis of diabetic retinopathy, macular degeneration, and visually significant cataracts, and the treatment of multiple types of glaucoma.

*See the Bulletin Board in the Library for more additional information on Dr. Zeitlin.

Liberty Bell Glass Club

The Liberty Bell Glass Club will be meeting on Tuesday, October 16 at 7:30 PM in the SRC Dining Room. Light refreshments are served at 7:15 PM. The program will be "Sharing Books About Glass & Fall Finds.

The meetings are open to anyone who is interested in antique glass. You do not need to join to attend, however if you would like to participate in the picnic, Christmas lunch, trip or other activities you must be a member. The cost is \$10 per year.

The Liberty Bell Glass Club is a group of people who enjoy collecting and talking about antique glass items. Some of the members buy & sell and are extremely knowledgeable, while others are collectors who enjoy talking about glass & learning from one another. At each meeting we choose a particular glass to talk about & if members have some in their collections, they bring some for "show & tell".

The club meets on the 3rd Tuesday of the following months March, April, May, June (or trip), August (picnic), September, October & November.

If you have a piece of glass that you would like identified, you are welcome to bring it to the meeting & members will try to identify it for you.



Wednesday, October 17th Medicare Seminar

Ed Savitsky will give the updated information for 2019 and will respond to any questions at the presentation on Wednesday, October 17 at 1 PM in the Auditorium. After the meeting, he will be available for possible individual concerns. Please sign-up in the Office by Friday, October 12.

Ed is a Certified Medicare Counselor. He is a member of the Retired Senior Volunteer Program in Montgomery County which, through the State and County, is tasked with providing Medicare help to individuals as part of the State's program called Apprise.

Though most of our residents have Medicare, it is important to review your benefits, coverage, and costs. These change yearly especially with Medicare Advantage plans.

Wii Bowling

Competition begins Wednesday, October 17 at 2 PM in the Club Room.



White Team	<u>Tan Team</u>	Red Team	Blue Team
Howard	Ken	Doris	Joe
Sharon	June	Barbara	Joyce
Shirley	Ann	Kathy	Millie
Nancy	Barb	Ruth	Bob

Computer & Social Media Discussion Group

Western Montgomery Career and Technology Center – Computer Workshop

The Western Montgomery Career and Technology Center will be hosting a free lunch & computer workshop on Thursday, October 18. Lunch will be prepared by the Culinary Arts Students & served at 12 Noon. The workshop is an open forum. Please bring your own devices & questions to the workshop. This field trip will be in place of their usual 2nd Wednesday meeting in October. If you would like to attend, contact the Office by October 11.

Movie Night . . . "I Can Only Imagine"

The film "I Can Only Imagine" will be shown in the SRC Auditorium on Friday, October 19 at 6 PM. Doors open at 5:30 PM. Light snacks provided in the Club Room during intermission. There is no charge to attend, however, donations are being accepted.

The movie "I Can Only Imagine" tells the story of the inspiring and unknown true story behind MercyMe's beloved, chart topping song that brings ultimate hope to so many is a gripping reminder of the power of true forgiveness.



Spring-Ford Ramblers

The Spring-Ford Ramblers will meet on October 22 at 2 PM in the SRC Dining Room. This month, Bill Brunner from the Spring-Ford Historical Society will come to speak and answer any questions you might have. Tell any of your friends who might be interested to come along too.



Living in Harmony

On Friday, October 26 at 4 PM, Paul and Dan Hackett will present a Halloween Show featuring such songs as 'The Monster Mash', 'Ghost Busters', 'Werewolves of London', 'The Purple People Eater', and more. Come dressed in your Halloween costume if you like. Perhaps one of the songs will inspire you. Danny will judge the costumes, and the winner will receive an appropriate gift.

The performance will be followed by pre-ordered Pizza. Order at the office by Thursday, October 25. The cost is \$1.50 per slice plain or pepperoni.

Landis Supermarket

Tuesdays at 10 AM. Call the SRC office to be placed on the list for pick-up.

Card Club

Mahjong Mondays at 1 PM in the Club Room.

<u>Pinochle</u> Thursdays at 2 PM in the Game Room.

Mexican Train Dominoes

Tuesdays at 6 PM in the Club Room.

Hooks & Needles

Meets the 1st and 3rd Thursdays at 1 PM in the Club Room.

Sewing Club

Meets the 1st and 3rd Fridays at 9:30 AM in the Sewing Room

Book Club

Meets the 1st Monday at 2 PM in the Dining Room.

Lunch Bunch

Meets the 2nd Friday at various restaurants in the area.

SRC Singers

Thursdays at 4 PM in the Auditorium.

Wii Bowling

Meets the 3rd Wednesday at 2 PM in the Club Room.

Movie Night

Various movies shown the 3rd Friday at 6 PM in the Auditorium (doors open at 5:30 PM).

Social Committee

The next meeting is Monday, October 22 at 2:30 PM in the Dining Room.

Game Nights

Meets the 1st Friday in the Club Room (Meal at 5 PM; Games at 6 PM).

Computer & Social Media Discussion Group

Meets the 2nd Wednesday at 7 PM in the Club Room.

Yoga

Fridays at 9:30 AM in the Auditorium.

Liberty Bell Glass

Meets the 3rd Tuesday at 7:30 PM in the Dining Room (*Refreshments at 7 PM*).

Vietnam Veterans

Meets the 1st Tuesday at 7 PM in the Dining Room.

American Legion

Meets the 4th Thursday at 7 PM in the Club Room.

WOW Bookmobile

Community Center Parking Lot 2nd & 4th Monday at 10 AM.

Roundtable Meeting
Wednesday, October 10 at 2 PM
in the Auditorium

BUS TRIPS

CANCELLED

Saturday - October 20 - Museum of the American Revolutionary War

Wednesday - October 10 - Dutch Apple Dinner Theatre "Sister Act" & Lunch (This is a trip with AARP)

Enjoy a delicious buffet meal and "Sister Act", a feel-amazing musical comedy smash based on the movie. Sister Act tells the hilarious story of Deloris Van Cartier, a wannabe diva whose life takes a surprising turn when she witnesses a murder and the cops hide her in the last place anyone would think to look – a convent! Under the suspicious watch of Mother Superior, Deloris helps the secluded sisters find their voices as she unexpectedly rediscovers her own. A sparkling tribute to the universal power of friendship, Sister Act is reason to rejoice!

RSVP to Carol by Monday, September 24

LEAVE BEREAN BIBLE CHURCH: 9:30 AM

Cost: \$90.00 - Checks Payable to New Hanover AARP

Friday - October 19 - Amish Tour & Kitchen Kettle

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Enjoy lunch at Squire Inn*. After lunch, John Stoltzfus will join the bus and take you on a guided tour stopping along the way to tour a farm and speak with the farmer (\$2 at your own expense). *Lunch at your own expense.

RSVP to the Office by Friday, October 12.

LEAVE SRC: 10:00 AM Cost: \$10.00

Wednesday - October 24 - Shady Maple Lunch & Good's

Enjoy lunch at Shady Maple and then a shopping trip to Good's. Lunch at your own expense. RSVP to the Office by Friday, September 21.

LEAVE SRC: 10:30 AM Cost: \$4.00



BUS TRIPS

<u>Tuesday – November 13 – American Music Theatre "The First Noel" & Lunch</u> (This is a trip with AARP)

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Enjoy a delicious plated lunch at Cork & Cap Restaurant (there are a few steps here). Menu selections to be announced. After lunch, witness the magic and splendor of the holiday as AMT presents "The First Noel". Bask in beautiful snowscapes and cherish the stories of spirit and love and all of your favorite sounds of the holiday season!

RSVP to Carol by Monday, October 22 LEAVE BEREAN BIBLE CHURCH: 10:15 AM

Cost: \$90.00 - Checks Payable to New Hanover AARP

Thursday - November 29 - Rainbow's Comedy Playhouse "Christmas in Paradise"

At Christmas, we want the familiar songs and tales that bring back happy memories and help make this time of year so magical. Join us as we present our most loved Christmas story. A Lancaster County Amish family shares the true meaning of Christmas with some big city visitors who have lost their way.

RSVP to the Office by Friday, November 16. LEAVE SRC: 9:30 AM Cost: \$47.00

Wednesday - December 12 - Holidays at Mount Hope Dinner Theater

Held in Victorian Mount Hope Mansion, this unique setting is the perfect backdrop for this one-of-a-kind theatrical dining experience. Meet and mingle with the holiday characters and carolers inside the Mansion and enjoy some traditional Christmas tales tableside as you dine.

RSVP to the Office by Monday, November 5.

LEAVE SRC: 9:30 AM Cost: \$60.00

