

## SRC – SEPTEMBER 2023

LOCATIONS:						
<b>Club Room:</b> Dominoes, Wii Bowling, Friday Night Social		<b>Flag Pole:</b> Walk with Us		<b>Game Room:</b> Hooks & Needles		<b>Carol's Café:</b> Always open!
<b>Dining Room:</b> Book Club, Coffee Hour, Pinochle, Vietnam Veterans, American Legion				<b>Sewing Room:</b> Stitches & Seams		<b>Auditorium:</b> Yoga, Resident Committee
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>BUS TRIPS:</b> Thursday – September 21 – Strasburg Train Ride					<b>1</b>	<b>2</b>
					Pickleball 9 AM Stony Hill Farm 11 AM Friday Night Social 6 PM	
<b>3</b>	<b>4</b> <b>OFFICES CLOSED</b> Book Club 2 PM Dominoes 6 PM	<b>5</b> Hooks & Needles 2 PM Vietnam Veterans 7 PM	<b>6</b> Floor Yoga 9:30 AM Pickleball 5:30 PM <b>Brown Bag: Art 12 Noon</b>	<b>7</b> Coffee Hour 9:30 AM Circle of Support (BRC) 11 AM Pinochle 2 PM Outdoor Games 6 PM	<b>8</b> Pickleball 9 AM Lunch Bunch – Moccia's Restaurant – 11:30 AM <u>Carpool Only!</u>	<b>9</b>
<b>10</b>	<b>11</b> Farm Stand 8:30 AM Resident Committee 9:30 AM WOW Bookmobile 10 AM Bible Study 2 PM Dominoes 6 PM <b>Tai Chi for Arthritis 11 AM</b>	<b>12</b> Chair Yoga 3:30 PM  <b>After a Hospital Stay – Rehab Options 6 PM</b>	<b>13</b> Floor Yoga 9:30 AM Pickleball 5:30 PM  <b>Vital Link 11 AM</b>	<b>14</b> Coffee Hour 9:30 AM Pinochle 2 PM Outdoor Games 6 PM  <b>Brown Bag: History 12 Noon</b>	<b>15</b> Pickleball 9 AM Stony Hill Farm 11 AM	<b>16</b> <b>SHRED EVENT 9 AM TO 11 AM</b>
<b>17</b>	<b>18</b> Farm Stand 8:30 AM Dominoes 6 PM	<b>19</b> Walk With Us 8:30 am Chair Yoga 3:30 PM  <b>Fire Safety 11 AM</b>	<b>20</b> Floor Yoga 9:30 AM Wii Bowling 2 PM Pickleball 5:30 PM  <b>Mister Softee 2 PM</b>	<b>21</b> Coffee Hour 9:30 AM Circle of Support (BRC) 11 AM Pinochle 2 PM Outdoor Games 6 PM <b>Push Away Arthritis 2 PM</b>	<b>22</b> Pickleball 9 AM	<b>23</b>
<b>24</b>	<b>25</b> Farm Stand 8:30 AM WOW Bookmobile 10 AM Dominoes 6 PM <b>AARP Smart Driver 1 PM</b>	<b>26</b> Walk With Us 8:30 am Chair Yoga 3:30 PM <b>AARP DriverTEK Class 10 AM</b> <b>AARP Smart Driver 1 PM</b>	<b>27</b> Floor Yoga 9:30 AM Pickleball 5:30 PM	<b>28</b> Coffee Hour 9:30 AM Pinochle 2 PM Outdoor Games 6 PM American Legion 7 PM	<b>29</b> Pickleball 9 AM Stony Hill Farm 11 AM <b>Elvis 4 PM</b> <b>Pre-ordered pizza to follow</b>	<b>30</b>
Calendar is for convenience only. Dates/times/locations subject to change. Refer to Ridge Reporter or Flyer for complete details						